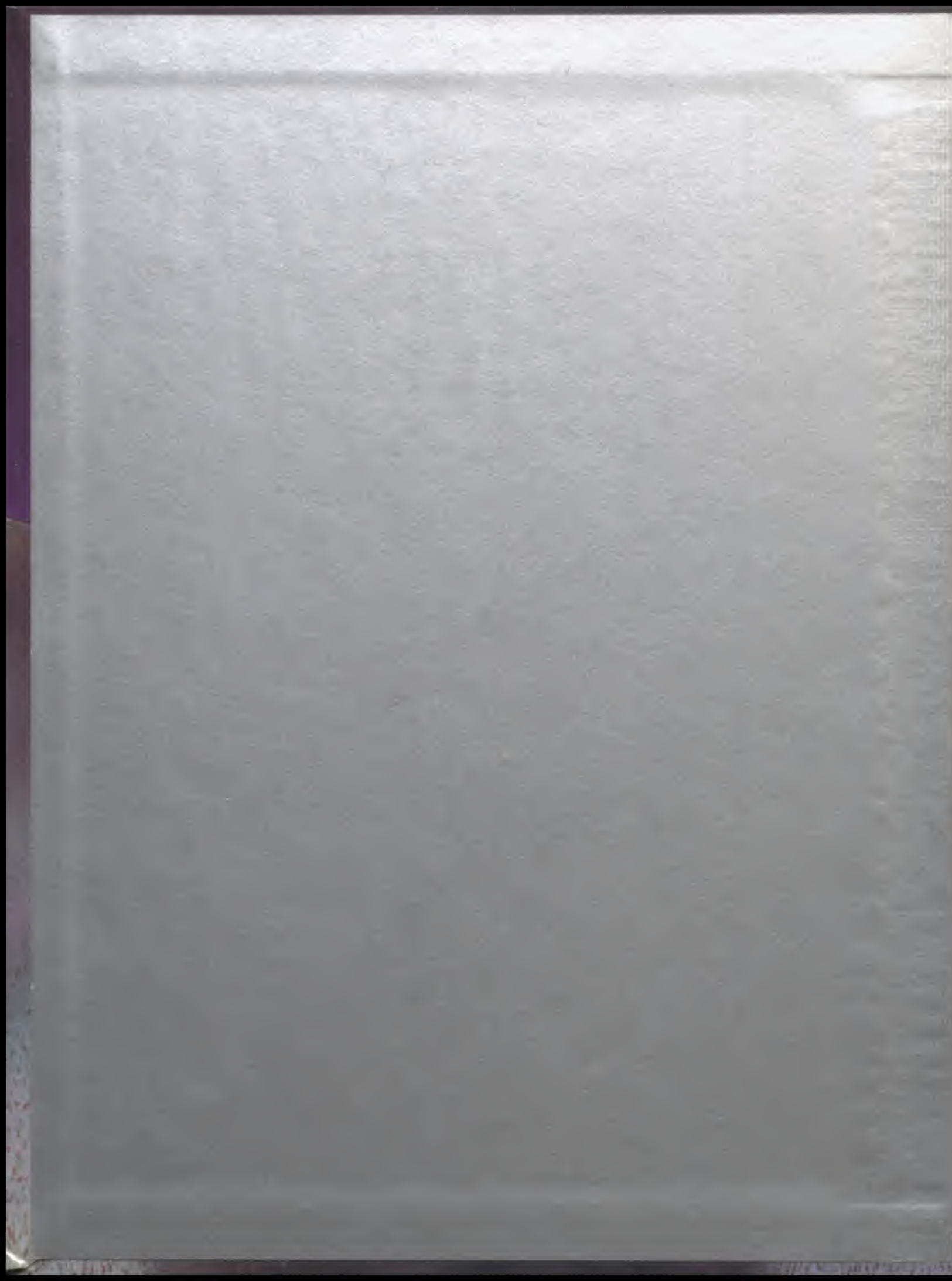
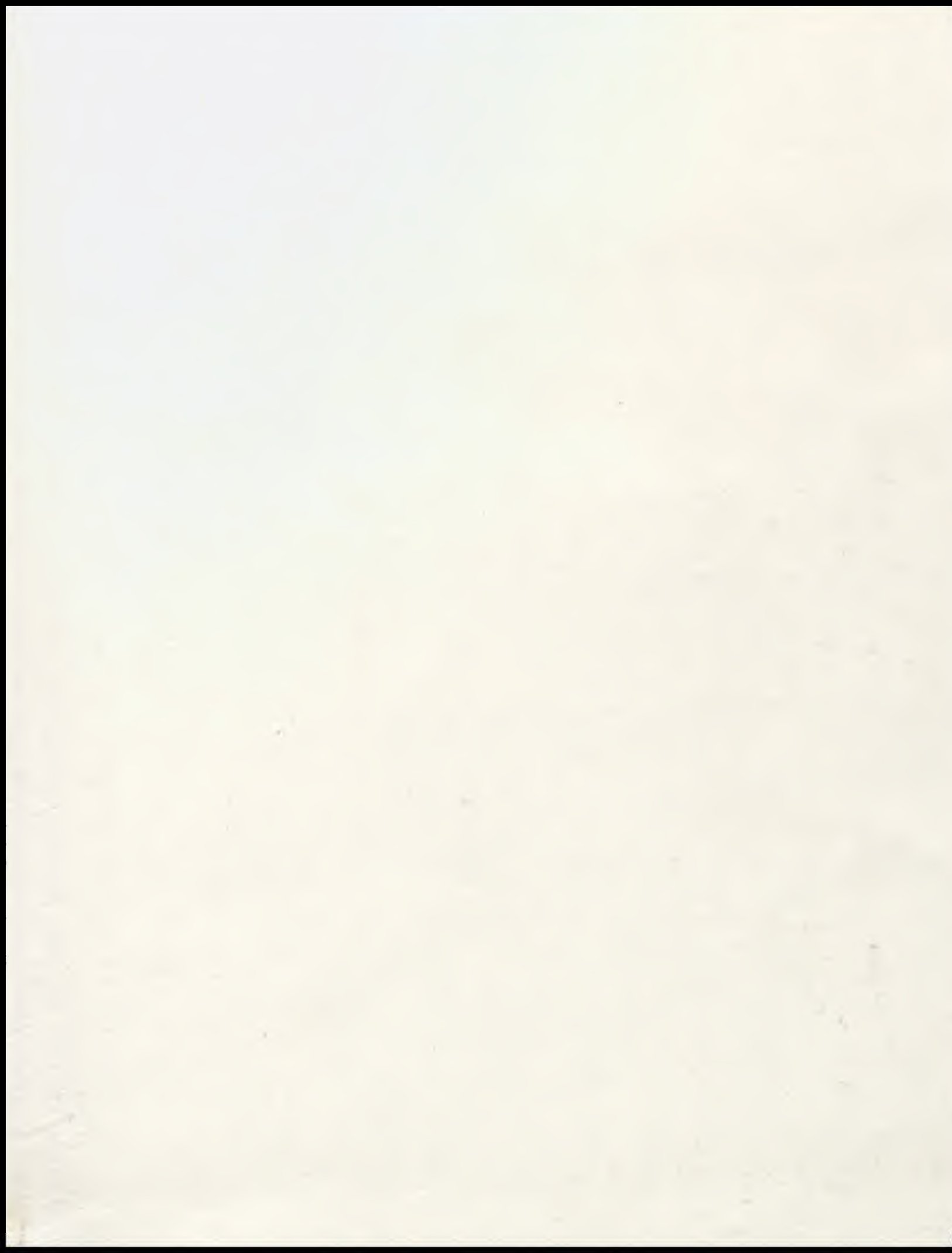
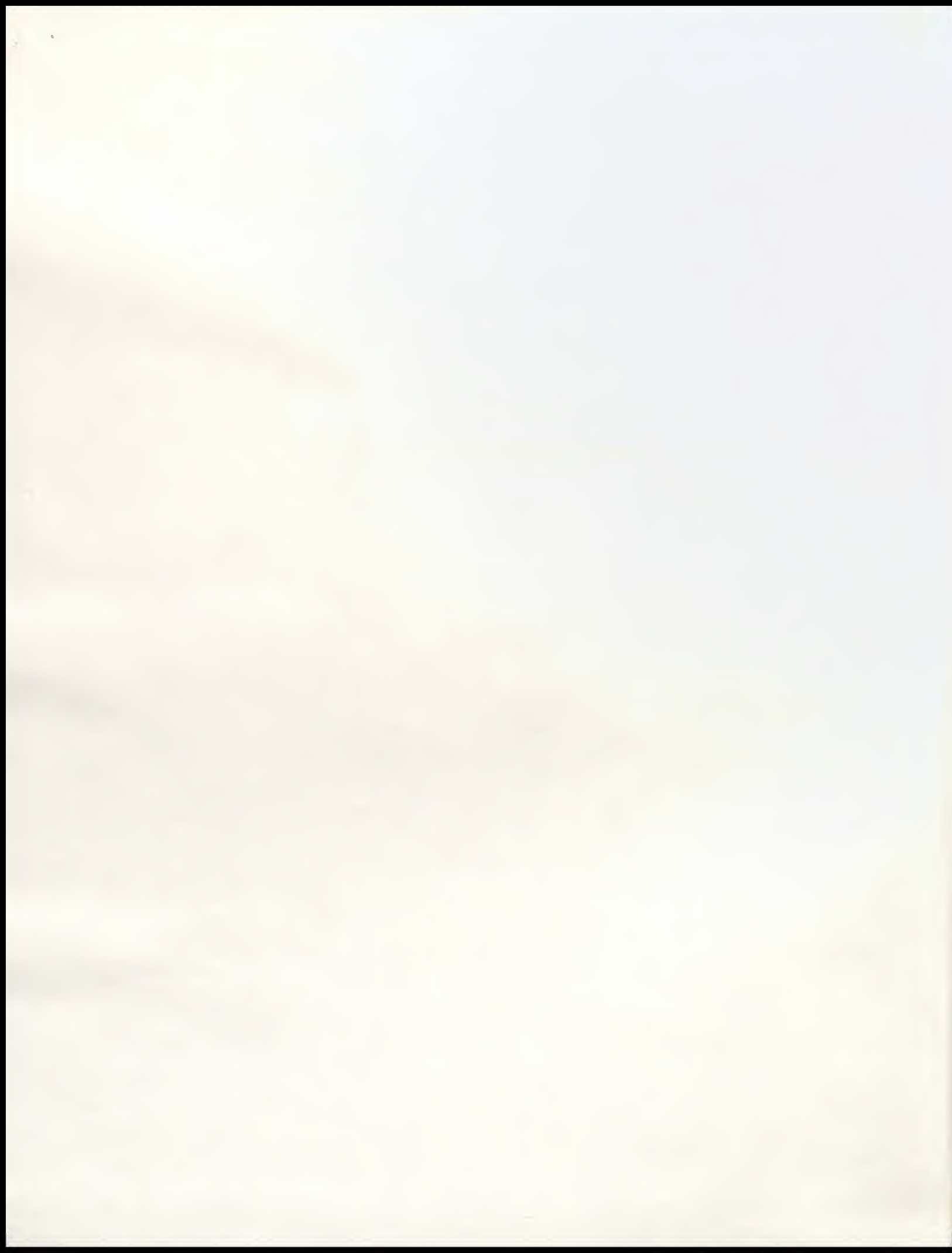






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QUILL
1995



East High School

815 E. 13th Street Des Moines, IA 50316

(515) 242-7788

Enrollment 1,801

Here's Looking At You



There's no better way to soothe tired muscles in the summer than by sitting in the shade and eating popsicles. The cheerleaders received a small break plus a treat during a hot day at the UCA cheerleading camp held at East.



Do you remember your first day of high school? Maybe you felt the perspiration running down your neck, wondering whether you'd find all your classes or not.

Or could you have been the one full of excitement and ready to start your freshman year with a bang?

Perhaps you fit neither of these characteristics, but practically everyone who walks through any of the 52 doors at East for the first time can feel all eyes on them.

As a freshman, you were looked down upon by every upperclassman, especially seniors. Teachers watched you, wondering what kind of person to expect and your own

classmates looked at you with the possibility of becoming friends or foes.

Sophomore year felt a bit more comfortable. You were no longer the lowest of the underclassmen, yet you couldn't be classified as "upper". The feeling of being watched was everywhere, particularly in **Mr. Miller** or **Mrs. Schaeffer's** speech classes.

In your junior year, a touch of senioritis was beginning to show. Colleges started looking at you more carefully and it was time to take the ACT.

Also, how could you forget having to write the essay for a chance to go on the UN Trip? These officials examined you closely to make sure you could

get a lot out of the experience.

Finally, it was your senior year and that senior bench could be called yours. No one looked down on you, but you were still being observed by others, including an audience when it was time to perform the One Act Plays in **Mrs. McCollum's** AP English classes.

While you grew and flourished throughout your years at East, you were constantly under the watchful eyes of others. Whether they be parents, teachers, friends or even yourself, no one could take their eyes off you.

Those eyes watched as you worried about homework, who to date and even what you

were going to wear the next day. You were always closely examined when you made a great achievement or encountered an unexpected failure.

Now, as you have the chance to look closer at all the things you've accomplished, you will come to see that everything you've gained, both good and bad, will be vital in helping you to decide on your future.

All your knowledge and experiences will finally pay off, although you never thought it would.

At last it is time for you to receive the tribute that you have always deserved. Everyone likes what they see of you and what you, as a student at East, have offered to others. So- Here's Looking at You!



(Counter-clockwise from the left) Seniors **Tricia Yencer**, **Nikki Hanson**, **Roz Lehman**, **Jamie Reidburn** and juniors **Jenny Young** and **Amy Flynn** take a refreshing dip after playing a tournament in Muscatine, Iowa. This was just one way that the Scarlet varsity softball team relaxed while going from town to town working their way toward the top.

Junior Brian Beers, sophomore **Brad Reynolds** and seniors **Allison Bair** and **Kara Brown** take up a game of croquet to pass the lazy days of summer. These four were often seen having a ball and practicing their game skills on a regular daily basis.

Money Is it really worth it?



Hidden Acres Christian Center took up a summer week for junior **Randy Baber** and senior **Eric Nevins**. They learned how to help kids as counselors.

Senior Kevin Kelly has mastered the skill of hamburger making. A&W has taught him a lot throughout his high school job career.



Did everybody have fun this summer? While some of us were beach bums and going to the mall every day, others had to spend the day slaving away at work.

"I just laid around all summer and did what I wanted," said junior **Ryan Anderson**.

Money was a relatively big issue among teens and some

had to work to support their nights out.

"I worked during the day and went out after I got home and I always had money if I needed it," commented junior **Sarah Banks**.

"I found a job I could enjoy outside as a lifeguard at Echo Valley on the south side," said junior **Mandy Suggett**.

Summer was supposed to be a time to get away from work, but for many it was a time to start work.

"I always take a week off after school gets out then start my job for the summer," says junior **Kurt Loving**.

Some parents encouraged their children to get jobs, while others preferred they

rest and take the summer as a vacation.

"My parents would rather I not work, but it's hard to get by when they also don't give me money to go out," explained junior **Missy Garrett**.

But to all those hard workers who have to pay for their cars, boyfriends or girlfriends and clothes... Here's To You!



Junior Holly Robinson has learned the value of a dollar. Cleaning tables is a messy job but usually pays about minimum wage.

Freshman Kim Calo is enjoying the working atmosphere at the new Chinese deli at the Park Fair Hy-Vee.



Style

What's hot, what's not,
and what never will be



Sophomore Kevin Thomson proudly shows off his boxer shorts. The sag style, with boxers hanging out, was quite popular this year.

Senior Kara Brown and junior **Brian Beers** are showing a little style. Clothing made everyone their own unique person.



When walking through school, everyone can see the diversity, from unique hair colors and styles to fashionable clothing and great personalities.

Some favorite clothing stores for students were the Gap, Limited, Von Maur, Younkers and 1/2 Price Store. Students enjoyed shopping

at these stores because of their comfortable clothing at a decent price and a great selection.

Price ranges on clothing go up to \$100 for an outfit.

"I won't spend over \$50 for something unless it's for a special occasion," said junior **Teresa Rayman**. "I'll wait for it to go on sale."

"Paying over \$60 for an outfit isn't worth it," said junior **Cori Rice**.

"I wear what I wear because it's me, not be-

cause it's IN," said junior **Chad Donahue**.

Many students were unsure if clothing described a certain attitude about someone.

"I don't know," said **Rayman**. "I suppose if I was wearing a shirt that said 'F—You' or 'Leave Me the Hell Alone' people would detect attitude. But, no I don't really think so."

"Clothing doesn't necessarily describe an attitude, it describes me," said junior **Robyn Zohbon**. "I won't wear anything that doesn't fit (my personality). Your clothes say a lot about you, so why mislead people."

The first two weeks of

school, the counselors and teachers hit the student body hard with rules about the dress code, part of the new Behavioral Expectations.

"I don't think that the t-shirts and other clothing worn was disruptive to the educational learning until the teachers made a big deal about it," said junior **Ka Sondra Zeh**. "What people wear is how they express certain parts of their personality and I don't think anyone has the right to take that away from them."

This year was one of change. It was seen in the diversity of the student body and their new attitudes about school that should carry to next year.



Senior Donald Brueck is caught wearing the "forbidden" Johnson shirt. These shirts were against the new dress code.



A lums

Scarlet tradition;
never say die



At a special table seating over 15 of the oldest attending alums from the years 1917 to 1924, **Mary Louise Hartung Yoder** ('17) currently resides in Berwick, Iowa and attends the spring dinner every year.

Refrains from "Oklahoma" to "Psalm 150," as well as the school fight song, are part of the show put on by a spirited chorus each year, here under the direction of **Harlan Gee** ('49). **Fred Mathis** ('18) directed the chorus for over 50 years.



Hall of Famer Jackie Day ('36) congratulates a scholarship winner. The class of 1936 is yearly one of the most active, according to past association president **Margaret Priebe** ('40), who works to organize each spring dinner.



The EHS Alumni Dinner each May annually attracts hundreds from around the state and country. A tradition, the dinner is sponsored by the Alumni Association, one of the country's largest alumni associations.

Alumni from as far back as 1917 meet to share experiences, sing school cheers and

reminisce about old times. Last spring, 1994 senior class Vice-President Lori Lethcoe was an honored speaker.

Honored representatives of the current 25, 50 and 60 year anniversary classes preside.

Participants sit at tables designated by graduation years, or by special honors, like scholarships received.

Selected seniors receive Alumni Scholarships, ranging in amounts from \$500 to over \$2,500.

But graduating seniors aren't the only ones honored at the dinner. East's oldest living alum receives golden (or should that be Scarlet) treatment, wearing a specially designed corsage.

EHS Hall of Famers like Hy-Vee CEO Ron Pearson and KIOA radio personality Dic Youngs are often sighted at dinners as well as many other school functions.

Spirit is also displayed in the T-shirts and sweatshirts, all adorned with EHS red and black. The money raised is donated to the school.

Alumna Courtney Maxwell pays a return visit to her alma mater. A newscaster with WHO-TV in Des Moines, she visited with alumni scholarship winners at the dinner.



Class of '28 alumnae **Wilma Blatt**, **Martha Lundgren** and **Letha Torode** distribute a booklet on the history of EHS. **Dr. Robert Denny's** publication documents the illustrious past of which so many grads are so proud, including bios of all of the school's principals starting with **May Goodrell**.



Bells

When 2:40 arrives, students fly, onto another life



Athletic practices dominated many students' lives. The volleyball team would practice about two hours every day.

"Can I help you?" This phrase was familiar to many students who worked at fast food restaurants after school. Junior **Jodi Garner** worked at A & W.



Eager eyes peer at the clock as the big hand strikes forty minutes after two. The bell rings and everyone jumps up to leave.

But where did students go? Many students spent their time after school at practices or jobs, while others just went home and spent time doing hours of homework. "I have a plethora of home-

work every night," said senior **Amanda Johnson**.

The time after 2:40 meant relaxation to some.

"I don't really do anything," said senior **Theresa Grinstead**. "Sometimes I play on my computer."

"I work on painting a mural in my room," said **Johnson**.

Senior **Benjamin Duncan** said, "The most significant

thing I do is eat."

This time was also spent socializing with friends and family.

"After school I just go to my friends house and hang out," said freshman **Angie Beason**.

"After school I talk to the freshman football players," said freshman **ShaRee Thomas**.

This part of the day also meant rigorous hours of practice.

After 2:40, "I get dressed and go the volleyball practice," said **Thomas**.

For everyone at East, the time spent after school was, at times, just as hectic as the day itself.

So, what did you do after 2:40?



Junior Anne Cady gives it her all as she takes advantage of the weight room at East. Students found many ways to pass time after school from working to sports to socializing with friends and family.



Sophomore Jeff Metheny shows off while enjoying dinner at the Latin King with teammate junior **Barty Hutson**. The varsity football team often went out to eat before a big game.



a academics

Did you know?

It's a busy day. You have to get up about one, get dressed and meet a group of your friends so you can hang out together and give members of the opposite sex the once-over.

You go to a concert and stay until you swear that the constant ringing you hear must be because the London Philharmonic has decided that they should do an entire concert completely in bells with the volume at the highest levels possible.

You leave the concert and decide to scoop the loop so you can let everyone know that you can't hear because you were at a REALLY LOUD concert. Everyone downtown is jealous. Then, after the ringing has subsided a little bit, you decide to head home and get some sleep so you can get up and do the same thing tomorrow.

That's over in August, folks. The school bell rang and you had to wrench yourself from the active nirvana that is summer. You don't understand why you have to go to school when there are a million other better things to do, but even though it's hard, you still go.

In Algebra, a few of your friends and you have problems. After locking yourselves in a room, you figured it out. You all had fun but you learned something also.

Academics may *seem* boring, but it is important, and you do figure things out eventually. Summer memories are vital but so is an education. It may take awhile for you to realize how advantageous a good education is, but when you do, you'll be happy you stuck with it.

Brainwaves. Sophomores **Jennifer Fallis** and **Jenie Fuller** and seniors **Kara Brown** and **Allison Bair** are communicating on the same wavelength. Academic letters were an incentive for students to try hard in academics.





What a big pencil you have. Junior **Pat Mullin**, sophomore **Troy Vance**, sophomore **Amy Winebrenner**, and junior **Brian Beers** seem very proud as they show off their giant pencil. Even though math classes were very difficult most student and some teachers found some time to goof around.



Oh my Aching head! Freshman **Matt Golish** is trying to figure out a problem in the brand new books for this year. The school board issued new books for this year, which included reading exercises to help students instead of so many diagrams.

Work, Work, Work, that's all we ever do, sophomore **Tywan Dudley** seems to be thinking. Daily work as well as homework was an every day occurrence in many math classes.





I t's not just numbers anymore!

If $X+Y=C$ and $C=D$, then $X+Y=D$. If D is equal to 8 and Y is equal to -16, what does X equal?

For some this is as easy to learn as their ABC's, but for others, it's the most jumbled up mess of letters and numbers they've ever seen.

"Math is my favorite subject. I like working with my friends," said senior **Manivanh Kitthikoune**.

No matter what math class you were in, you heard someone ask, "Are we ever going to use this again in our lives?" Most students felt the answer was "yes."

"In the drafting industry, I'll need Geometry for shapes and finding measurements. That's a daily part of the job," said junior **Mathew Clark**.

Kitthikoune said, "Math is part of the field I will be going into."

Each student had a different reason for taking a math course.

"Trigonometry was next in the seemingly endless line of math courses," said junior **Teresa Rayman**.

Senior **Missy McFadden** said, "(Calculus) was next in line and was the last offered at East. Plus, it's good for college."



"Please do page 102 by Monday," says math teacher **Carla Murphy**. Students, even though they're not very excited about it, listen to their teacher as she gives them the daily lesson plan. Homework was almost a necessity for passing all types of math courses.





I'll just rest my eyes for a little while. Many students found a few extra seconds during English class to catch up on their zzzz's. As long as the teacher didn't catch them.

Reading causes wrinkles



"I love English!" Senior **Cindi Irvin** shows her true feelings about all the reading she had to do this year in English class.

"Your assignment is to read pages 301-323 in your textbook by tomorrow."

Those words were used quite frequently, for example, in the English classes this year. Some students dreaded going to their class in fear of hearing those words, others looked forward to it.

Senior **Cris Parker** said, "My favorite part of English is reading. It expands your mind and strengthens your imagination."

If the students liked to read, or even if they just plain enjoyed going to English class, they seemed to be the ones who also got the good grades.

Parker said, "I'm good at it because there aren't any numbers in it."

Students that were in drama got to act out many plays, but if drama wasn't for you then you could take AP English and get assigned to read many different plays.

Senior **Stephanie Wimber** said, "I love reading the great plays that Mrs. McCollum gives us to read. They're really exciting."

It has been said that "reading gives you wrinkles." Some students said that all the reading that they had to do in English put wrinkles in their brain. Could it be true?

Junior **Joella Spaine** said, "We have to read a lot of short stories in class. Sometimes I feel that all that information that they cram into my head really does cause damage."

Students learned more than they could have ever imagined throughout the year. The one problem was - could they remember it all until finals?





Assisting during a meeting, teacher **John Raymond** helps junior **Kaofeng Lee** with her writing. Being involved in the Portal also helped students enrich their skills in art and story writing.

Listening to Mr. **Raymond**, juniors **Kaofeng Lee** and **David Kephart**, sophomore **Soukham Baccam** and freshman **Melissa Wiseman** help improve their skills. The portal also meant extra help with art and writing techniques.

Portal

Trying to get things you're good at noticed can sometimes be a bit difficult for students. However, there is a solution, the Portal!!

The Portal is East's literary magazine and is published each spring with poetry, short stories, essays or art submitted by students.

"I think the Portal is a great way to present your talent and creativity and it is also a nice way to get involved with the school," said junior **Mol Hom**.

Deciding what entries will go into the Portal is based on the staff's opinion. If they like it, it goes in.

"Everyone reads them. If we like them, they stay in. But we aren't overly critical," said junior **Jill Hollister**.

Students can get their creative work in the Portal each year simply by putting it in English teacher **John Raymond's** box, or bringing it to his room (335S).

"The Portal is one of a few literary magazines in the Metro area that is solely run by students. They are responsible for writing, editing and lay-out," said **Raymond**. "The Portal gives students an excellent opportunity to see their work in published form."



Here's a look at a few of the staff members on the Portal. Students can submit their work to **John Raymond** in room 335S or put it in his box.



Anxiously waiting to be called on, senior **Doug Foster** sits in Applied Econ. In class projects, students had a chance to sell products such as air fresheners, coolies, footballs and tomahawks.

During keyboarding class, sophomore **Jennifer Grund** takes a break. Learning to type was a prerequisite to the beginning of a long line of computer classes.



Concentration is the key to a successful semester of keyboarding, as sophomore **Linsao Ly** is learning. The new computer lab helped eliminate the many mechanical annoyances of electric typewriters.

"Yikes! There's a mouse." Like senior **Jodi Browne**, students took advantage of the various computer classes to enhance their skills.



It's all of your business!

Business classes aided students in many ways: computer classes included computer applications, word processing and desktop publishings. Sales included marketing and applied economics.

These classes helped students prepare for their future by teaching skills such as: computer literacy and managing money. Other courses offered were keyboarding, business math, business procedures and accounting.

While some took business classes to fill another hour in the day, most students took the classes to prepare for their future. Others found a possible career.

"I like accounting and it is something to fall back on if I don't go into law," said senior **Heather Beaman**.

Freshman **Rachael Kinney** said, "I hope to gain more skills in the business areas for future help."

"I hope to gain knowledge. I want to learn about business," said freshman **Justin Shelburg**.

Under the direction of a new department chair, **Elaine Peterson**, a new computer lab was added at the start of the second semester. The new Power Mac computers helped students learn many new techniques.

The motivation of both students and teachers created a positive atmosphere. Many students rated the classes highly and recommended them to others.

"I took Applied Econ because some friends said it was fun and interesting," said senior **Tim Voll**. "We learned how to go into business by ourselves."

"I give this class (Exploratory Business) an A+, not only because it's helpful and interesting, but it's fun," said **Shelburg**.

"I enjoy interacting with my students," said teacher **Mary Jane Kaldenberg**. "Their response to this is usually positive."

While the department continues to grow, it will provide a variety of skills that students need to know as they go out into the "working world."



Mrs. Hansen's Spanish class passes around goodies at another one of their fiestas. Senior **Jennifer Nemmers** has been exposed to the Spanish culture for three years.

Displaying the party animal in them, seniors **Sarah Waltz** and **Jo Schnoor** munch away on chocolate sandwiches. Chocolate sandwiches are a common snack in France.



Making crepes and quiche is a favorite party activity for **Ms. Lorence's** French students. Junior **Gretchen Proksa** has taken French for three years.

Juniors Christy Grasso and **Sue Lee** smile and bear it in another day of Spanish class. By singing "De Colores" and playing games, they still learned to appreciate the Spanish-speaking world.





Twisting your foreign tongue!

Do you speak these languages? Do you know what these phrases mean?

Bonjour! Hola! Parlez-vous Francais? Que-tal?

Speaking French and Spanish aren't the only things done in language classes.

"French class is always fun. We go to fancy restaurants, take trips, go on hayrack rides plus go bowling," said junior **Jill Hollister**.

"My highlight every year in Spanish class is singing wonderful songs like 'De Colores'," said junior **Christy Grasso**.

Besides singing and going to fancy restaurants there's also work to be done.

"My class is basically fun and relaxed. The work isn't that hard and we get to play word games, sometimes with prizes," said **Hollister**.

While some students take a foreign language for fun, some take it just to get it out of the way for college.

"I decided to take Spanish because of college. You need two years and I'm on my third year. My relatives also live there and I would like to be able to speak it fluently when I go," said junior **Phone Philavahn**.

Different classes have different atmospheres. While one teacher may be passing out cookies, another is lecturing about the meaning of the universe.

"My class is a lot of fun and very interesting, but Ms. Hansen is always dancing around or singing," said **Grasso**.

"I would call my class interesting. My teacher really gets us involved and it's a lot of fun," said junior **Kim Green**.

Whether taking a siesta in Spanish or eating chocolate sandwiches in French, the classes are more than just talk.



Senior Chris Knight gets a helping hand from a student teacher during wood shop. Experience can be a virtue when dealing with a new problem.



Don't work angry! Senior **Steve Brommel** smiles away while working on a project for wood shop. Certain chemical vapors could often make a difference between a tedious task and a laugh a minute—good—time.

No, this isn't computer app., it's shop. Senior **Jerry Grother** works diligently on screen for an upcoming project. In addition to hammers, screwdrivers and nails, computers and mice were also necessary components in getting the job done.



If it ain't broke, *don't fix it!*

The distinguishable smell of sawdust, a high pitched scream of cutting metal and unrelenting smacks of hammer on nail. These actions, along with hundreds of others, fill your senses and let you know you have just entered the East High shop.

Students from all four grade levels participated in the construction of art, both big and small. Some students opted to take the class as a means of future job training.

"It's just a huge field, with so many different career opportunities," senior **Chris Byars** explained.

Others are with it merely for the here and now.

"It's a lot of fun," admits senior **Jon Ivanovich**. "I like working with wood, and joking around with Mr. Klien."

The bottom line remains. Whether you plan to be an industrial artist or not, the East high shop is a good place to expand. Junior **Dan Stoutenberg** summed it up best:

"I recommend it to anyone and everyone."

Practice makes perfect, as is the work of junior **Billy Rice**. In wood shop, 99.9% is just not good enough.



Cheese! Seniors **Kara Brown** and **Niki Fees** share a hug before Advanced Photo class. This class was a new alternative to retaking Photo II class.



Celebrating a new era in photography at East High, principal **Jerry Milwell** ceremoniously cuts the ribbon to open the new photo studio. Students of the newly formed Advanced Photography class looked on.





Not sure where to go or what to do, senior **Love Drew** looks to her classmates for ideas. The photo students were never out of ideas on what to take pictures of.

Advanced photography allows seniors **Shannon Hamblet** and **Theresa Grinstead** the artistic freedom they crave. They now have access to the newly-opened Photo Studio.

Smile for the birdie!

Snap. Lights flash in a crazy manner all around. Students hide behind lens taking pictures. But it's just for fun. The pressure of meeting a deadline doesn't affect these students. They are the I, II and Advanced photo classes.

Photo I was the class that started beginners who were interested in taking pictures. Photo II continued the education and brought it to an artistic level. Advanced photo, the new-born among the photo classes, furthered the education for more serious students.

"I've never really thought about why I got into photo. It's just something that I like to do," said senior **Shannon Hamblet**.

The reasons for getting into photo were varied but there was an underlying theme.

"I got into photo mainly because I wanted to learn more about cameras and developing. When I was little I used a small 110 to take pictures of my dog," said sophomore **Adam Fisher**.

"The thought of saving pieces and parts of my life appeals to me," said senior **Love Drew**.



Hit me

with your best shot!

Their work can be seen throughout the city, but it is mostly found in the halls of East. They're the people who you see darting on and off the floor at each assembly. They're also the people who provide all the fun memories created by the photos in the yearbook.

The staff spent a lot of time and effort outside the classroom.

"There were times that I would willingly give up my plans for the night to go shoot pictures at a sporting event," said sophomore **Kevin Thomson**.

The photojournalism staff also required a lot of time inside the classroom and in the darkrooms.

"Some days I was in the darkroom all period just to get a perfect print of one picture to go in the *Scroll* or *Quill*," said senior **Eric Nevins**.

The staff relied on experience and dedication from each of its photographers.

"I've been taking pictures for almost four years now, and I almost always meet my deadlines," said **Nevins**.

"Some people think that taking pictures and meeting deadlines for the *Scroll* and *Quill* is easy, but most people don't realize how difficult it is," said senior **Jason Cochran**. "I just hope people appreciate all the hard work we put in."





PHOTOJOURNALISM. FRONT ROW: Kara Brown, Allison Bair, Erin Brown, Jamie Reidburn, Travis Risius. ROW 2: Stacy Hull, Tricia Kernes, Jason Cochran, Jeff Klopfenstein, Eric Plummer. BACK ROW: Randy Baber, Kevin Thomson, Eric Nevins.

Flashers! These two happy seniors are proud to display their position on the photojournalism staff. Seniors **Kara Brown** and **Allison Bair** were photo editors for the Quill.

A serious look crosses the face of junior **Travis Risius** while looking at a photo assignment. The photojournalism students took their responsibilities seriously while taking pictures for the Scroll and Quill.

Did you know?

The photojournalism class took all of the group pictures this year instead of having a professional do it. The money saved and the quality of the pictures was a great improvement.



Upholding the law!

Wish to learn about the law? This is the class for you. Law and Issues teaches about the law and shows examples of how people break it.

The four teachers that teach it are: **John Bankus, Mel Wilson, Don Murphy and Stan Thompson.**

They have been teaching Law and Issues together for almost 25 years, which is the longest lasting team teaching program in Des Moines.

Both students and teachers find Law and Issues interesting.

"The JFK assassination and the Lindbergh case are interesting and remain a mystery," said sophomore **Wendy Sharon.**

"I teach a six-week class about the role of women," said **Wilson.** "It's a different topic and isn't taught anywhere else in Des Moines."

Bankus said, "We go on a brief tour of the Capitol during the first semester. It's the only trip we take."

"More students should take Law and Issues so that they will know what the world is outside of school," said sophomore **Dawn Shaver.** "The many speakers we hear are interesting."

When another of the Law and Issues teachers is speaking, teacher **Stan Thompson** occasionally sits with the class. Many times other teachers spoke to the class.



Looking in on his students, **Stan Thompson** checks to make sure they are behaving, disturbing a couple of students while doing so.

Once again, teacher **Mel Wilson** passes out a test to his Law and Issues class. This is a time to answer questions for the students.



History: *A blast from the past!*

Ever hear the phrase: Those who cannot remember their history are bound to repeat it?

History is a required course for all students. Some students find it interesting.

"I like the films," said junior **Laura Fuller**. "They're not boring, they're exciting."

In **Bill Ackerman's** American History class students watch films such as *The Last Of The Mohicans*.

Freshman **Lisa Baker** said she likes "learning about people that lived a long

time ago and how they ruled."

From the ancient Greeks and the Romans to WWII, history is something to learn and enjoy.

Mel Wilson said the students seem to find the 20th century interesting.

"Without history we wouldn't be where we are today," said junior **Kaofeng Lee**.

"Everyone needs a past, and that's what history is our past."

"They should make an advanced American History class," said junior **Mol Hom**.



Growing up *is hard to do!*

As juniors and seniors prepare for the long journey that is post-graduation, many decisions must be made. Many will be leaving home, either college bound or looking to make their way in the world of the working. Once on their own, many will face big choices concerning money and the way their newly acquired world is run. To help in the quest for knowledge, all hopeful grads were required to take a semester each of economics and government.

There were four different courses offered covering the two fields of study.

"In economics, we studied how money is handled," recalled senior **Craig Shogren**, "and how our economic society functions as a whole."

With Applied Economics, students not only studied money, but were given the chance to learn with hands-on experience.

"Our class formed a company, Slammin' Scarlets, which designed, pitched, and sold red and black koolies," said senior **Lacey Storey**. "It was a real company with officers, financial consultants and everything."

When it came to the teaching of government functions, students were given a chance to enlist in an advanced course dealing more with in-depth discussions than lectures and worksheets.

"It was really beneficial to me," said senior **Sunny Sanders**. "I voted for the first time and I knew the issues because we dealt a lot with current events."

Government and economics students alike agree there was more than one important lesson learned. Some students took the lesson learned to the ballots, some plan to carry on with the learning in college and others plan to take it even further.

"I've been planning to be a teacher, but for what I wasn't sure," said senior **Nikole Fees**. "Now I know, I want to be a government teacher."





Sleep is sometimes like an annoying friend, following students wherever they may roam. For senior **George Hood**, nap time comes in the midst of one of **John Hodson's** government lectures.

Before dealing directly with the public, Applied Economics students must do a little thinking. Senior **Leann Sou** and classmates consider the movements of their newly-formed corporation before leaving the comfort of their classroom.



Following along can sometimes be a challenge in itself. Seniors **Angie Goddard** and **Aaron Winn** give their undivided attention during one of many governmental discussions.



Psyching out society!

Sitting in a boring classroom can sometimes be a drag. However, learning new and different things at the same time can sometimes turn out to be fun. Many students decide to take this adventure by signing up for Sociology or Psychology.

Knowing how people are thinking or how they might react is one of the advantages of taking these classes.

"(Sociology) is the map to the highway of people's minds. The biggest reason people take the class is to understand how society thinks," said senior **Andrea Shrum**.

In Sociology, students do a lot of group work and activities and watch videos from around the world. They also get into some deep conversations about different issues. However, many students find the different environment of these classes is somewhat relaxing.

"I feel everyone should take Sociology and Psychology because it's easy. You learn a lot and everything is real laid back," said senior **Debbie Anderson**.

A typical day in class for many students is note-taking, class discussion, and watching videos.

"If you like knowing what's going on in society and like to get to know about different people, then this is the class," said senior **Ami Allison**.

Busy writing notes, senior **Mike Bailey** takes a break to "cheese" for the camera. Taking notes was a big thing for students in these classes.





Working hard during class, senior **Renee White** investigates what she's written during class. Like many other students, note-taking was a big part of the class.

Taking a look over his notes, senior **Brian Jones** examines the things they've talked about today in class. Along with taking notes, students watched videos, and worked in groups.



With a big grin on her face, senior **Ami Allison** enjoys a break during class. Many students decided to take this class to learn how others react to things.



Taking it one step further with Biology II!

It's your sophomore year, which means it's time for one of the many dreaded required classes, Biology. It's not always so bad, though. Biology is about a lot more than just dissecting really gross animals and studying the cycle of cells.

"One of the interesting subjects we studied was when we had to build molecules out of springs and different colored balls," said sophomore **Coleen Parcel**.

After Biology comes either Chemistry or, if you really enjoyed Biology, Biology II. Most students opt for Chemistry, but a few brave ones try out Biology II.

"I plan on going into the field of science, so I decided to take this course to see if this is really what I want to go into," said senior **Sheliah Johnson**.

"I love science and I heard a lot from the people who took (Biology II) last year," said senior **Jaime Griffin**. "They said that since I loved biology, I should take it."

Biology II consists of more complicated dissections and experiments. It offers students a chance to take a deeper look at genetics, microbiology, botany and physiology, to name a few areas.

"Some of our projects for class this year were looking at numerous microscopic organisms, and dissecting a clam and squid," said **Griffin**.

"Our semester project was to shadow a medical professional for a day. We dissected a shark, pig, squid, clams, eels, starfish and cow heart," said **Johnson**.

While sophomore **Orlando Turner** digs for more plant life to put in his eco-column, sophomore **Christina Lamberti** points out the life forms they already have.



"Can you believe the stuff we have to do in this class?" Sophomore **Robert Apt** is exhausted from the workload of biology.



"Get that creepy crawler away from me!" Sophomores **Christina Lambert** and **Maaret Hall** build an eco-column in biology. This bizarre bug world was one of the many experiments for biology.

"I think I've got this DNA thing down." Sophomore **Amanda Arpy** analyzes every bit of her biology book. DNA structure was part of the curriculum for biology.



In the name of science!

How many classes will teach you how to make slime or a bouncing ball? How many classes will show how to calculate the velocity of a speeding penny? If these are the activities that you think should be taught in school, you would probably enjoy Chemistry or Physics.

Students who took Chemistry found opportunity and excitement.

"I think the best thing is the labs because usually it's fun and exciting to see what the outcome of the experiments are," said junior **Jennifer Hoard**.

Labs weren't the only activities in class. Daily work kept students busy as well, and so did tests.

Hoard said, "The worst things about Chemistry were the hard tests and all of those formulas you have to remember."

Along with Chemistry, Physics was a weighted class. This means it is often harder than a normal graded class. "The fact that it's weighted is why I took the class," said senior **Leah Wardak**. "Plus, I thought I'd need it for college."

"I took Physics because it's a senior class but I wish I hadn't because it's a lot more work than I expected," said senior **Angie Salasberry**.

Activities included examining a helicopter and studying gravity.

"One of the most memorable experiments was when Mr. Puetz dropped various balls with different masses from the school roof. We had to calculate when the ball would hit the ground," said senior **Kafi Dixon**.

Students who weren't sure which class to take could have signed up for Intro to Chemistry and Physics.

"It sort of prepares you for Chemistry, but a lot of what you are taught is forgotten over the summer," said junior **Lesley Munyon**.

All these classes were full of fun, laughter and memories that students won't soon forget. Part of this was due to the help and humor of teachers.

"This class is really hard but there are a lot of fun times. I like Mr. Hutzell. He's really cool," said **Hoard**.

Dixon said, "Mr. Puetz is always willing to help and explains things thoroughly."

Careful reading was an essential process for the success of any lab. Junior **Martha Packard** checks to see that she did each step to this experiment.



Many students thought the labs were the best part of chemistry. Junior **Heather Bailiff** and senior **Tobie Steele** receive advice from teacher **Larry Hutzell** on one of the many chemical experiments.

Many hours of work were spent on studying. Junior **La Vongphasouk** and senior **Jeff Klopfenstein** occupy class time by doing physics homework.



Physics is the science that deals with the changes in matter and energy. **Pat Puetz** has been teaching students about matter and energy for six years.

Precise measuring and timing could make or break the results of experiments. Senior **Somphack Inthalangsy** and junior **Phillip Richards** heat a test tube over a bunsen burner.





Hello? Hello? Anyone out there? Senior **Jennifer Boatwright** is getting important information from a contact. Debate had high tech instruments, like cellular phones, to help them through the year.

How'd they do?

9/30-10/2 Valley High School Quarter-finals
 10/28-9 UNI 1st place
 11/11-12 West High School, Iowa City 1st place
 12/2-3 Concordia College Quarter-finals



Talking the talk and walking the walk!

Standing proud, senior **Wade Pfau** shows off the clutter in which he has to work. Sure, debate takes organization, but a little slacking off won't hurt anyone.

Everyone has their two cents to throw in. Some just throw it in more than once. When walking down the halls late at night, you might hear a heated discussion on AIDS or immigration. Don't be alarmed, you've just happened to mosey by the debate room.

Debate is different than most beginners expect.

"I thought that there would be more opinions associated with it, but it dealt mostly with facts and research," said freshman **Nicole Jacobs**.

"Debate taught me that the saying, 'do for today what can be done tomorrow' is true," said freshman **Matt Heman**.

Though debate surprised a lot of students, the competition was no surprise.

"We got invited to the Mid-America cup at Valley High School. It was basically a tournament to qualify for the TOC tournament, and we got one of the qualifications," said Coach **Mike Miller**.

"I thought there would be more opinions associated with (debate), but it dealt mostly with facts and research."

*Freshman
Nicole Jacobs*



Sharing a laugh with himself, freshman **Gary Schnoor** reads over material for an upcoming debate. Although a lot of the work was serious, debaters found time to laugh and be silly.

Einstein's theory of relativity? No! It's freshman **Nicole Jacobs** coming up with a game plan for the next debate. Dedication and hard work brought about success.



Critique is a big factor in succeeding in Individual Events. Senior **Wade Pfau** smirks while senior **Jennifer Boatwright** fumes at the criticism she's received.



A Bill to End the Exclusion of Immigrants Infected with the Human Immunodeficiency Virus

Section 1:

The United States Government will remove HIV from the list of excludable conditions for immigration to the United States.

Section 2:

HIV testing for potential immigrants will no longer be required.

Section 3:

This bill will go into effect on January 1, 1995.

Section 4:

The Immigration and Naturalization Service will oversee implementation to the bill.

Section 5:

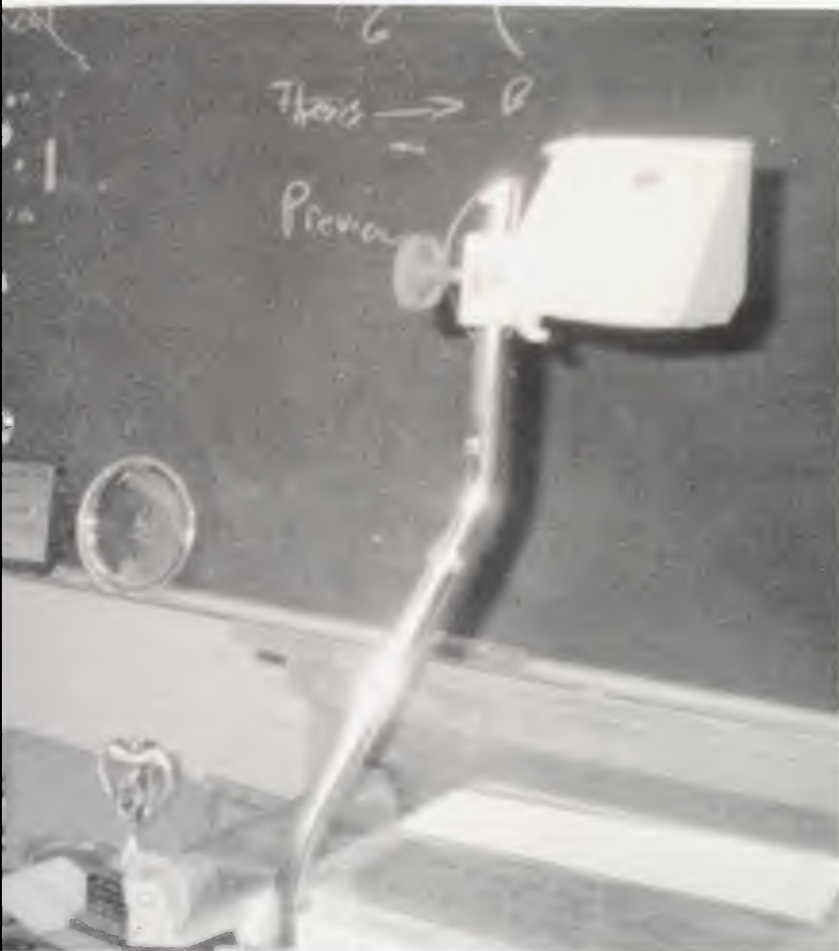
The Helms Amendment, which added HIV to the list of excludable conditions, will be repealed.

Submitted by **Wade Pfau**



After a long, hard practice, assistant coach **Laura Ackelson** takes a breather. Ackelson, a freshman at Grinnell College, coached the team through five tournaments.





Looking back at the camera freshman **Nicole Jacobs** stops practicing her speech. Many trophies were won this year as they lay on the desk in **Mike Miller's** room.

94 national champ boosts IE team!

Remember speech class where, even when you had days or maybe even weeks to prepare for a speech, you could barely make a peep in front of the whole class? Now imagine only having thirty minutes to develop a speech. That's exactly how it is with Extemporaneous Speaking, one of four competitive speech events for East students.

"The only way I can prepare for extemp is by reading through our files," said freshman **Matt Heman**.

Students like Matt who enroll in debate have opportunities to do more than just argue with each other.

Along with extemp, competitions are held in Original Oratory, a memorized 8-10 minute speech written by the speaker. Next is Dramatic Interpretation, a memorized 8-10 minute selection from a serious play not written by the student. Here, the student interprets, not acts, the lines of several characters.

The event competed in most was extemp. The team got all of its help from Assistant Coach Kavi Chawla, 1994 National High School champion in extemp commentary.

"He has provided our students with a fantastic opportunity," said debate coach **Mike Miller**. "They learned how to speak from the best in the nation."

"For me, learning so much more about domestic and foreign issues than I normally would have is the best part about competing," said **Heman**.

Another event is Student Congress, where students debate legislative bills which they write (a sample of a bill written by senior Wade Pfau is at lower corner of opposite page).



INDIVIDUAL EVENTS. FRONT ROW: Keith Twombly, Kristina Hughes. BACK ROW: Matt Heman, Gary Schnoor, Nicole Jacobs, Amber Devan.





Trying to find the answer, freshman **Nicole Jacobs** is obviously seriously stressed out. Finding the right answers isn't always that easy for students.



ACADEMIC DECATHLON. FRONT ROW: Nicole Jacobs, Keith Twombly, Douaneng Lee, Wade Pfau. BACK ROW: Gary Schnoor, Mike Saddoris, John Wing.

If there's a problem, *we'll find the solution!*

In a school where sports and other forms of competition play a big part, one goes largely unrecognized, the Academic Decathlon.

Students compete as a team, but perform individually. They are awarded points in three different categories: academics, interview and speech.

A couple academic subjects covered in the decathlon are science, bio-

tech and math. Individual scores were totaled up into one team score.

"This type of competition can be difficult," said senior **Mike Saddoris**. "Especially, when you're on your own."

In the Heartland Knowledge Bowl, another competition, students work as a team to answer questions. The students finished fourth out of 150 teams.

With all the knowledge

that's used in these events, it must have taken up a lot of time to prepare... or did it?

"It only takes a couple of hours to prepare," said junior **John Wing**.

Just as in sports, the students that participate academically must have some reason for being involved.

"I like using the knowledge that I possess to improve the academic image of East," said

Saddoris. "East has been thought by some to be not as smart as other schools."

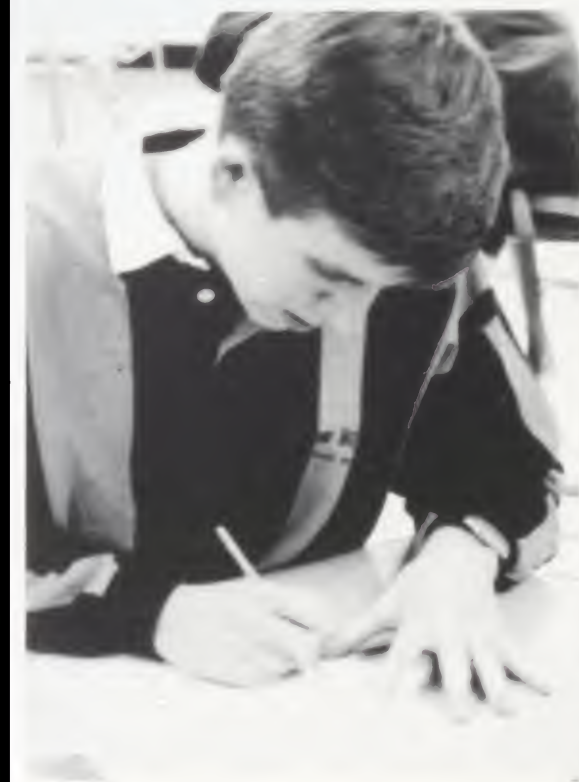
"I enjoy academic subjects and I like competition and the Academic Decathlon combines the two into one," said senior **Wade Pfau**.

Though the students that compete academically are not noticed as much as they should be, they're just as important as any other team. Keep up the hard work!



Going over his strategy with freshman **Gary Schnoor**, senior **Wade Pfau** stops to give a smile. Strategy doesn't play a big part, but it can come in handy.

Giving a smile for the camera, senior **Wade Pfau** relaxes before the next challenge in the decathlon. The group needed a break at times during competition.



Working away for a solution, senior **Nick Shoop** writes away. Writing played a real big part in several events of the Academic Decathlon.

Cutting out what he needs to study, senior **Wade Pfau** attempts to fill his mind with knowledge. Studying is like practicing at sports to these guys.



A cup full of variety!

Bread, pie, cookies, and pretzels are a few things you will smell if you are one of the lucky ones to pass through the front basement hallway any time of the day.

Foods and Nutrition and Foods and Consumer are the two classes you may take to learn better cooking techniques.

Foods and Nutrition is offered for the 9th and 10th graders.

"It is fun to cook foods, but I wouldn't recommend this class to anybody who thinks you don't have to work," said freshman **Kathy Waldron**.

"It is a fun experience and it helps you learn how to cook different varieties of foods," said sophomore **Melissa Bannick**.

Foods and Nutrition is mainly a course that teaches people the basic needs of cooking. In this course one will not just learn how to cook, but also the preparation of food and information about the food pyramid and its impact on a person.

"I think they're so involved in learning that it makes it fun," said teacher **Linda Berg**.

Food and Consumer is available to the 11th and 12th graders.

"My overall impression of the class is that it is a good class to take to prepare men and women for the single life," said junior **Kurtis Loving**.

"They will use the class every day for the rest of their lives," said **Berg**.

In Foods and Consumer people learn such things as time management, the resources involved, how to present foods and how it involves one's roll in the future.

Both classes are fun and make most people better cooks. Some aren't so lucky.

"I recall one time when I used baking soda instead of baking powder in a biscuit recipe. The biscuit turned yellow and had a very bitter taste," said **Loving**.

Whether it comes to muffins, pudding, pizza, or candy some people had a hard time doing that task. It's not their fault though, because not all are born master chefs.

Laughing and enjoying herself, freshman **Jennifer Hall** learns that cooking is fun. Lots of preparation took place as well, when the students had deadlines.



Sophomore Melissa Bannick smiles and works with great enthusiasm as she finishes her masterpiece. Many students had fun in the foods classes offered.

Freshman Jessica Vansee smiles as her partner, sophomore **Tiffany Webb**, reads the directions and realizes they don't have all the ingredients they need. Confusion was common among students in a rush.



Concentrating on getting his work done, freshman **Zach Goodwin** understands it takes time to make things perfect. Students made sure every ingredient was measured exactly, so that their food came out just right.



Just taking life

day by day, stitch by stitch!

So many people think Home Economics classes are based just around cooking and sewing. The truth is that there are many other Home Economics classes that many students can benefit from.

"Personal Development is a great class," said sophomore **Angi Allison**. "People can learn about themselves, others, and how to deal with different situations."

Along with the Personal Development class, there was also Relationships, which dealt with dating, marriage and family relationships, career, and resource management. GRADS assisted pregnant and parenting students in grades 9-12 in developing knowledge and skills relating to a positive self-image, positive parenting and economic independence.

"(GRADS) has helped me career-wise and in decision making," said senior **Marturell Williams**. "The class has helped me on the financial side as far as child support goes because we've gotten to talk to lawyers and other people."

All it takes is a little concentration, at least for **Inga Schulte**. **Schulte**, a student visitor from Germany, along with other students, learned the basics of sewing like stitching.



It's good times in Sewing 101 for senior **Heidi Hutchinson** and her friend, freshman **Melissa Huthchinson**. Even though they had to concentrate on their work, students were able to have a good time in class.



Snip, snip, snip!!! Junior **Bobbi Barden** perfects her pattern by cutting off the odds and ends. Students' projects during the year were as simple as shirts and shorts and as fancy as a formal.

While trying to keep from sewing her finger to the machine, junior **Christina Royse** smiles for the camera. Throughout the year students learned how to use the sewing machine and other sewing procedures.



Senior Joe Fallis glazes his pocket plaque in pottery class. **Fallis** has been in pottery class for two years.



In **Jerry Goodrich's** fourth hour pottery class, senior **Robert Rivas** glazes his coil box. **Rivas** has enjoyed two years of pottery.



In sixth hour, senior **Chad Airhart** makes a ceramic fruit bowl with individual apples. **Airhart** applied his artistic talent to artwork for the Scroll during the year also.



Artistic Emotion!

A love of art, the ability to draw, paint, sculpt or to just be creative are a few things to enjoy in the art department.

Art can provide a way to relax after a busy day. It can help take a person's mind off their problems, and give something to be proud of, always there when it is needed.

"Art has always been something I loved to do. It hasn't ever changed and I doubt it will," said junior **Lesley Munyon**.

"(Art) is a way to get away from everything. If I'm upset I like to do a crazy abstract. If I'm happy a quiet landscape," said senior **Chad Airhart**.

The art teachers care.

"We have a teacher who sees that everyone has different styles and views. (Mrs. Gooch) can see what we are trying to express rather than what she wants," said senior **Cara Kidd**.

Art can also show emotions, feelings and give an overall expression of one's self.

"Art is a gateway to the past, present, and future. It allows one's creative side to show," said junior **Jeff Howe**.

"Art is a way of expressing my feelings, my view points and my inner-self. It is a way of communicating my thoughts in a way no one else can," said **Kidd**.

"Art is an escape route from the world. When I draw nothing can distract me. Art means creativity! A chance to be yourself and not who everyone else wants you to be," said **Munyon**.

So, maybe art is just a little bit of everything, and a piece of us all.

"It's an important part of my life. I can't imagine life without it," said **Airhart**.

In third hour design class, freshman **Kim Poole** works on a project dealing with form. This was **Poole's** first year in design.



Hard work pays off!

Whether it's before school, after school, during lunch or during the regular scheduled class period, you could see the Scroll staff working hard to improve the newspaper this year and it was obvious there were improvements.

"I don't see apathy as such a big problem this year, so far I've heard a lot of good feedback," said **Amy Lillard**, editor.

Junior **Teresa Rayman** said, "I think more people read it than admit to doing so. However, if they don't read it, they should."

There were many reasons why people join the Scroll staff.

"I joined because you get to complain," said junior **Jason Kristofek**.

"My freshman and sophomore years I always thought it would be neat to be a part of it," said senior **Kaycee Colbert**.

Lillard said, "The paper is supposed to be the voice of the school. I always wanted a chance to be on the staff and express my opinions."

You've heard it said, maybe you've even said it, "No one ever reads the paper."

"I know there are plenty of people who do read it, so it doesn't bother me," said **Colbert**.

"It makes me mad! If the students don't like the paper, why don't they write letters suggesting improvement?" said **Lillard**.



SCROLL. FRONT ROW: Angela Reihsen, Kaycee Colbert, Jason Shelberg, Jason Kristufek, Michelle Thomas. ROW 2: Erin Brown, Amy Lillard, Love Drew, Teresa Rayman, Robin Zohbon, Cher Creeks, Gretchen Proksa, Sabrina Smiljanic. BACK ROW: Mick Wright, Matt Leonard, Matt Redshaw, Brian Archer, Laura Fuller, Jill Hollister. NOT PICTURED: Mol Hom, Mike Saddoris.



As spirals spin on the screen, so do the wheels in senior **Love Drew's** head. Before the extreme concentration of newspaper work began, staff members used imagination and day dreaming to think up story ideas.

Is anybody there? The telephone was essential when personal interviews were out of the question. Here, senior **Amy Lillard** demonstrates her expert use of this device.



"Just one more period and it will be perfect," thinks junior **Brian Archer**. He along with junior **Jill Hollister** were copy editors for the Scroll staff this year.

There are to many picas on this layout! Senior **Kaycee Colbert** tries to make each photo and every piece of copy exactly one pica away from each other. Measuring and articulate skills were necessary for staff members.



Assembling *A the past year!*

Busy as bees, the Quill staff worked all year to get the book ready for the student body.

The staff was split into two different periods because of the large number of members. The editor, Cindi Irvin, found herself separated from all of the other editors because of a scheduling conflict.

"This year's different from last year. I'm barely in contact with any of the second year members since I'm not in the same hour," said senior **Cindi Irvin**. "In some ways it's good because I'd probably get on everyone's nerves, but it's bad because I have to hear how things are going from others instead of dealing with them or seeing them myself."

All dedicated staffers daily spent at least one vigorous hour poking away at the computer and running around the school to get in touch with sponsors and getting interviews.

"Interviewing is one of the hardest things we have to do. We can never get in touch with the people we need to talk to," said junior **Rhonda Swisher**. "It's hard to walk up to someone you don't know and start playing twenty questions."

"My schedule's busy, their schedule's busy and it's almost impossible to get an interview face to face, so it's just as easy to give out interview sheets," said **Irvin**.

The staff is not all work and no fun. Making mailing deadlines was celebrated with interesting foods at parties.

"Josh (Jefferson) brought a rum cake to class for our party and there was too much rum on it," said senior **Brad Hoisington**. "Trish (Wood) got sick and everyone else felt kinda funny."

The staff was determined to make the book more graphically advanced and better than the year before.

Working together made the Quill members a team. Senior **Josh Jefferson** gave his experienced help and opinion to junior **Kristie Kimbley**.



Not sure why it's not working, junior **Diana Sheets** moves in for a closer look. Computer programs made work easier for the Quill staff.





Juniors Amanda Nalevanko and Ali Burkhead are thrilled to receive their yearbooks. Students went to the signing party to socialize and have a good time.

Junior Trish Wood studies her spread trying to decide what to do. Time away from the computer meant decisions on photos and their placement.



Giving out the finished product is an exciting moment. The staff worked all year to get to the signing party.

QUILL STAFF. FRONT ROW: Rhonda Swisher, Diana Sheets, Cindi Irvin, David Kephart, Rita Gogerty. ROW 2: Noi Vongchanh, Jennifer Fallis, Jenie Fuller, Elaine Utterback. BACK ROW: Heather Jensen, Trish Wood, Michael McDowell. NOT PICTURED: Andrea Curl, Adam Erickson, Kaofeng Lee, Jamie Swacker, Heather Armstrong, Tanya Ball, Jennie Myer, Laura Shelton, Amanda Suggett, Letisha Taycher, Lisa Borne, Brad Hoisington, Josh Jefferson, Kristie Kimbley, Michelle Vail, Lindsay Elliott.



While Mr. Bock stands by, sophomore **Thomas Gary** runs his notepad through the small press. First year students design their own notepads.

Stop the presses!

There are many intriguing electives available for students to take during the school year. One of those electives was Graphic Arts.

A class like this serves to liven up an ordinary school day. Graphic Arts definitely gets kids away from the same old English and mathematics classes they have to deal with every day.

Trying to liven up a boring school day isn't the only reason students took this class.

"I wanted to see how the Scroll is printed and because friends said it was cool," said junior **Jason Kristufek**.

The school paper is the only one in the state that is printed by students.

All kinds of printing is done by students. Dance tickets, school rosters, and calendars are just a few of the forms designed and printed by the Advanced students.

"The advanced class is more of a hands-on kind of class with very little teacher help," said senior **Nick Forbes**.

"The fundamentals class teaches kids the basics of Graphic Arts, how to run the presses, design business cards and do silk screens," said advisor **Jeff Bock**.

Students in the fundamental class were busy with their own projects. Kids had the chance to design business cards on the computers. In fact, the class received the first Power Mac with a color copier and scanner in the district.

"My favorite project that I did was my notepad. I got to print and personalize it," said sophomore **Beth Abbas**.

Although many kids took the class, some weren't interested in pursuing a career in the field of Graphic Arts. Kids took the class mostly for the creative learning.

"I'm not considering a job in Graphic Arts because you get ink all over you. I'd rather sell cars," said sophomore **Tom Murray**.



Concentrating. junior **Jason Shelburg** cuts tint paper for the Scroll. Tracing is also done on the light table.



While senior **Nick Forbes** and adviser **Jeff Bock** print a new Scroll, a friend, sophomore **Tom Murray**, observes. The Scroll is the only newspaper in Iowa printed by students.

Senior **Susan Bear** watches as her business cards print. A yearly assignment for Graphic Arts students is to create and print personalized business cards with the Lithograph press.



Designing business cards is one of the first projects done in class. Sophomores **Jennifer Sharpneck** and **Laura Lewis** receive help from adviser **Jeff Bock**.



Always happy to meet somebody new, senior **Chana Hollingshead** welcomes our new Vice-principal Ken Miller. He replaced Mike Zelenovich, who went to Goodrell as principal.



Decisions Decisions

The school board and faculty must make many decisions throughout the year in the best interest of the students.

Making decisions day after day can be a very exhausting thing to do. Most people wouldn't want to even think about the idea. Then there are other people who enjoy helping others by making such decisions and find it very rewarding and fulfilling.

The Des Moines School Board is composed of just such people who want to help others, especially when it comes to getting an education.

The board of directors consists of **Elizabeth Goodwin, Jonathan Wilson, Gloria Hoffmann, Laura Sands, Suzette Jensen**, Superintendent **Gary Wegenke**, President **Jacquie Easley**, and Vice-president **John Phoenix**.

They voted on many different subjects throughout the year, on whether or not to make them policies that they want to keep.

Last year a new attendance policy was piloted at Weeks Middle School, Central Campus and East High. The program worked so well that it was made into a policy for all Des Moines Schools and has proven to be effective.

Once a policy is mandated for the school, it must be carried out by the administration which consists of Principal **Jerry Stilwell** and vice-principals **Fae Ramsay, Gary Jotzke, and Ken Miller**.

The administration also works with student government and in disciplining those who don't always stay in line.



EHS ADMINISTRATION: Vice-principal Ken Miller, Principal Jerry Stilwell, Vice-principal Fae Ramsay, Vice-principal Gary Jotzke.



SCHOOL BOARD. FRONT ROW: President Jacquie Easley, Vice-president John Phoenix, BACK ROW: Elizabeth Goodwin, Jonathan Wilson, Superintendent Gary Wegenke, Gloria Hoffmann, Suzette Jensen, Laura Sands.





Bill Ackerman, History
Donna Adams, Fam./Cons. Sc.
Colleen Aldridge, Associate
Paul Allen, MD Resource
Montez Anderson, Monitor
Linda Baker, Music
John Bankus, History
Pat Bannon, Counseling

Linda Berg, Fam./Cons. Sc.
Shirley Blunderman, Business
Cecil Brewton, Afr./Amer. St.
Jeff Bock, Graphic Arts
Ron Borstad, English
Rollic Bramhall, Earth Sci.
Jim Brauning, Orchestra
Nita Brower, English

Judy Brownsberger, Sp. Educ.
Jack Bryan, Counseling
Jim Bush, History
Pat Bushong, Secretary
Kacia Cain, Science
Gary Cameron, L.S.S.
Bill Carlson, Math
Bob Carmichael, LD SC

Donna Christensen, LD Res.
Ted Christensen, History
Jane Christenson, Secretary
Nancy Christy, Counseling
Lonnie Clark, Registrar
Bob Collins, History
Gwenn Copple, Spanish
Karen Cross, Math

Diane Crozier, English
Kathic Danielson, English
George Davis, Phys. Ed.
Sandy Davis, Monitor
Clara Day, Business
Diane Fleming, Secretary
Dennis Forker, English
Ken Gaeth, Phys. Ed.

Ruth Ann Gaines, Drama
Maria Gatto, Associate
Gary Gilchrist, Monitor
Ann Ginther, MC Resource
Shirley Gooch, Art
Jerry Goodrich, Art
Erma Grabill, Fam./Cons. Sc.
Don Graves, Attendance

Julia Hagen, English
Jeff Hall, Ind. Tech.
Kathy Hansen, Spanish
Nancy Hansen, Business
Dena Harms, Math
Jim Hlickman, Math
Patricia Hill, Associate
John Hodson, Government

Ann Hochle, Library
Patty Hoffman, Counseling
Anita Holmes, Social Worker
Nancy Holmes, Photo
Bob Howe, Bldg. Manager
Daria Huang, Math
Erick Hunter, MD SC.
Mark Hurley, Phys. Ed.

Larry Hutzell, Chemistry
Terry Johnson, Bookkeeper
Russ Junck, Ind. Tech.
Mary Kaldenberg, Business/OE
June Kalsen, Library
Dolores Keith, Spanish/Eng.
Ed Kelly, Journalism
Randy Klein, Associate



Virgil Larsen, Math
 Carole Larson, Phys. Ed.
 Judy Larson, History
 Anda Liepa, English
 Bill Linthicum, English
 Lowell Long, Science
 Susan Lorence, French
 Carol Lortscher, Secretary



Barb Madden-Bittle, Nurse
 Bob Madison, Math
 Marjorie Mayes, Secretary
 Kay McCollum, English
 Mark McConaghey, Associate
 Mike Miller, Debate/Speech
 Marty Mohler, Ind. Tech.
 Ken Morton, MD SC.



Carla Murphy, Math
 Don Murphy, Social Studies
 Linda Nemmers, Math
 Ted Nemmers, MD Res.
 Debbie Neustadt, Science
 Randy Nordaker, MD SC.
 Mary Ann Ochs, Business
 Dale Ogle, Work Study



Bill Oleson, Ind. Tech.
 Harold Olsen, Counseling
 Harry Owen, Science
 Chris Paulson, Band
 Elaine Peterson, Computer
 Jean Pillers, Counseling
 Paul Poehlein, Counseling
 Ric Powell, Athletic Dir.



Pat Puetz, Physics
 Ned Rasmussen, Ind. Tech.
 John Raymond, English
 Alice Redalen, Fam./Cons. Sc.
 Clark Roberts, Math
 Gary Rourke, LD SC.
 John Rudisill, Science
 Judy Rush, English



Linda Saddoris, LD Res.
 Kathy Sams, Associate
 John Schnoor, Math
 Cindy Selden, English
 Jim Semple, MD SC.
 Margaret Severino, Spanish
 Jill Shaeffer, Speech
 Diane Sheil, Secretary



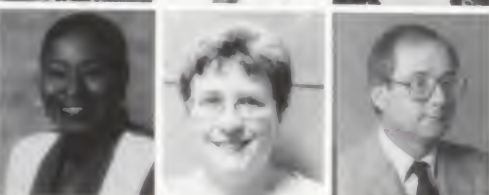
Susie Shupe, Associate
 Don Starcewich, BD SC.
 Ken Stock, Business
 Carolyn Stricker, LD Res.
 Susan Stroope, Science
 Kathy Stuart, SWS Wk. Exp.
 Chuck Sutherland, Phys. Ed.
 Leah Taylor, Math



Stan Thompson, Government
 Fred Vanderley, History
 Bev VandeWall, Bkpg. Asst.
 Jim VanTuyt, Social Science
 Joyce Vickroy, Phys. Ed.
 Delores Weeks, Cafe. Mgr.
 Mary Westover, English
 Steve Wetter, Psychologist



Fannie Wilson, New Horizons
 Patty Wilson, MD Res.
 Mel Wilson, History



ABBREVIATIONS: BD—Behavioral Disabilities, LD—Learning Disabilities, SC—Self-contained, SWS—School Within a School, ISS—In-school Suspension, OE—Office Education.



Behind the Curtain

*what lies behind the scenes?
often people never know. This is
an inside edition.*



CAFETERIA STAFF. FRONT ROW: Marketa Welch, Linda Evans, Delores Weeks, Nancy Roth, Geneva Hanson, Lorraine Massey. BACK ROW: Karen Farrel, Jane Bordenaro, Wanda Stoner, Barbara White, Kathey Clater, Dixie Heimbaugh, Norma Toigo, Mae Smith. NOT PICTURED: Bev Johnson, Pat Burrows, Cindy Minor, Tammy Mullin, Deanne Merrill, Hellene Cratty, Carolyn Ellis.

Two very important groups of people who get little recognition are the cafeteria and custodial staffs. Together they help keep up the image of East High pride.

The cafeteria staff spent numerous hours every day preparing a variety of foods for the students and staff to enjoy. There were several choices to choose from. Among them was a regular lunch, a salad bar, a sacked lunch and an assortment of snacks that included nachos, ice cream and cold meat sandwiches.

For those who didn't use the vending machines every day, these ladies could be seen busily working during lunch to satisfy the taste buds of students and staff.

"The best part is working the front of the line," said worker **Dixie Heimbaugh**. "I just love the kids."

Another group that was necessary to keep the school running smoothly were the day and night custodians. With broom or mop in hand, they could be found endlessly cleaning the garbage and tracks from the hallways. They could also be seen making repairs around the school such as light bulbs or broken windows. They worked just as hard to keep the outside of East clean as well. In general, they moved about the school making it a healthy environment for students and staff.

Through skill and dedication, these two staffs in the East family deserve a great big, "Thank you!"



Preparing pizza boxes for the day's lunch, cafeteria worker **Wanda Stoner** looks content. The staff worked long hours to prepare a variety of foods for students and staff to choose from.



NIGHT CUSTODIAL STAFF. FRONT ROW: Vanna Keo, Daryl Jones, Pheng Ung, Steve Shepard, Joe Leo. BACK ROW: Richard O' Brien, Kathy Vertz, Kay Wignal, Juanikee Burnough, Ed Donaldson. NOT PICTURED: Jim Corrigan, Steve Oxford.



DAY CUSTODIAL STAFF. Steve Barnes, Mary Penenger, Bob Howe, Dan Fraaken, Jim O'Boyle.



Down at the stadium to support their Scarlets, Booster Club held meetings while cheering on the Scarlets. Many meetings ended up at games because of convenience.



Boosting their Scarlet spirit!

Booster Club is seen year round showing off their Scarlet spirit.

When students were sitting at a game needing something to satisfy a growling stomach, Booster Club was there to provide food and refreshments. The members put many hours into the concession stand during games throughout the year, for all sporting events.

Booster Club set up stands at the football games to sell spirit items such as sweat shirts, pom-poms and bumper stickers. The money went to help athletic teams and organizations.

Also appreciated was their organization of fund-raisers for athletic teams to get equipment and uniforms.

Wherever Scarlet teams are found doing harm to their opponents, Booster Club will be there to support them.



The grill master himself, John Flynn, is putting the final touches on the hamburgers and hot dogs, two of the many items on the menu that took cooking skill.

Taking a break from their meeting, Lance Hanson and Steve Fuller go to fill their stomachs. Booster Club members are seen at every game taking pride in their Scarlets.



The concession stand is given a thumbs up by Tom Vail. Booster Club was in charge of the concession stand year round.

Keeping their customers satisfied, Scott and Kathy Douglass are filling orders. Profits from concession went to help athletic teams.



BOOSTER CLUB. FRONT ROW: Jay Martin, Steve Fuller, Rikki Knight, Lance Hanson. BACK ROW: Tim Elder, Ed Lortscher, Denise Rourke, Bob Sams, Vicki Zelenovich, Shane Rutledge, Jane Christenson, Judy Flynn, Mary Irvin, Donna Hanson, Randy Childs. NOT PICTURED: Kathy Douglass, Scott Douglass, Vic Irvin, Larry Lewis, Paul Rogness, Butch Rogness, John Walker, Norm Page, Sharon Page.



P

People

You oughta be in pictures

What will I wear? Do these shoes match? Everyone will stare at me, I just know it!

Were you feeling these frustrations while getting ready to leave for the first day of school?

As soon as you walked in the door on the first day of school, people were looking at you. Some looked down on you, others looked up to you. No matter what, somehow everyone was on display.

While you sat in class wondering if the hour would ever end you were constantly being taught new and exciting information. Of course, some found it more boring than exciting, but everyone survived.

Then the school day was over and many went off to do even more school-oriented activities such as a sport like volleyball or a club, such as Pep 'E'. No matter what sport or activity you were in, it seemed to make the year disappear like magic.

The years went by so fast. You couldn't wait, especially to become something other than a freshman. If you were a junior, you couldn't wait to finally rule the school.

So next year when you come back, if you do, be sure to be the best that you can. Try to get involved and see how many pictures you can try to get into by the end of the year.

"If I laugh any harder I'm going to explode!" During an assembly with hypnotist **J. Medicine-Hat**, students found themselves having a lot more fun than they expected to have.





Senior

class of '95

| | |
|------------|---|
| AHSME..... | American High School Mathematics Exam |
| BPA..... | Business Professionals of America |
| DMACC..... | Des Moines Area Community College |
| EEE..... | Triple 'E' Club |
| FCA..... | Fellowship of Christian Athletes |
| ISU..... | Iowa State University |
| JA..... | Junior Achievement |
| JROTC..... | Junior Reserve Officer's Training Corps |
| MCC..... | Multi-Cultural Club |
| NCYL | National Council on Youth Leadership |
| NHS..... | National Honor Society |
| SBAC..... | School Board Advisory Committee |
| SCHC..... | South Central Honors Choir |
| UB..... | Upward Bound |
| UI..... | University of Iowa |
| UN..... | United Nations |
| UNI..... | University of Northern Iowa |

ABBAS, NATHAN-Baseball 1-4; DEW Crew 5-6; Football 1-8 (captain); Pep "E" Club 1-8; Quill Ad Sales 7; Scarlet Standout 1-8; Sr. Board 7-8; Spanish Club 1-6; Stud. in Leadership 5-8; Top 15%; Wartburg
AIRHART, CHAD-Alumni Dinner 6; Art Club 7-8; Baseball 3-4; DEW Crew 1-4; Equip. Mgr. 3-4; Jr. Board 5-6; Office Aide 1-2; Scarlet Standout 1-8; Scarleteers 5-6; Scroll 5-8; UN Trip; Grand View
AIRHART, TRACY-Alumni Dinner 6; DEW Crew 3-4; Office Aide 5-8; Pep "E" Club 3-6; Scarlet Choir 1-2; Scarlet Standout 1-4; Stud. Gov't. 5-8; EEE Club 1-8.

ALLISON, AMI-Pep "E" Club 3-8; Office Aide 5-7; Scarlet Standout 6; Soccer 6 (mgr); DMACC
ANDERSON, BRANDIE
ANDERSON, DEBRA-Pep "E" Club 1-8; Scarlet Choir 1-2; Spanish Club 7-8; Grand View



*Senior Board
prove to be true...*

Decision Makers



SENIOR BOARD OFFICERS. FRONT ROW: Kaycee Colbert (vice-president), Kim Murphy (president). BACK ROW: Jennifer Nemmers (treasurer), Rachelle Pollard (secretary).

Have you ever wondered who comes up with all those senior activities and fund-raisers throughout the year? Who decides what will be done on Class Day? What will the Class of '95 sweatshirts look like? What am I giving money for this week?

Well not to worry, just like any great democracy, East has a representative board consisting of elected officials to make these and other senior class decisions.

"It's a great way to get involved," said **Chindaly Chounlamountry**. "This way I can give back to my

school and senior class."

For some students, the experience was as beneficial to them as their help was to the rest of the senior body.

"My experience on the Senior Board brought me closer together with the leaders of the senior class," recalls **Nate Abbas**.

Whether your motive is for a resume thickener or a social enhancement, it is known that there is always room for improvement.

"People always talk about making a difference," said **Cindi Irvin**, "so here's your chance to prove it."



SENIOR BOARD. FRONT ROW: Chindaly Chounlamountry, Angie Bailiff, Kaycee Colbert, Tricia Yencer. ROW 2: Jennifer Nemmers, Sara Brown, Sheliah Johnson, Cindi Irvin, Lindsay Elliot. ROW 3: Rachelle Pollard, Kim Murphy, Sunny Sanders, Lindsay Cochran, Aaron Bennett. BACK ROW: Gary Jotzke, Nate Abbas, Erin Thompson, Johanna Schnoor, Brian Jones, Chris Knight.

Senior Sheliah Johnson describes some raffle prizes to be given away during a basketball game. Senior Board planned many activities throughout the year, including fund-raisers and senior activities.



East High School Class of



EAST HIGH
SCHOOL



1995





Taking a trip back in time, senior **Rachelle Pollard** shows off her spirit on Hippy Day. Senior Board members were involved in other ways throughout their final year.

Seniors Chris Knight and **Aaron Bennett** loosen up and let off some stress. A sense of humor is often needed when things start getting difficult.



TOP 3%. FRONT ROW: Kara Brown, Cindi Irvin, Kathie Manirath, Shinobu Tsuruta, Sarah McFadden, Amelia Pearson. BACK ROW: Amy Lillard, Allison Bair, Jennifer Boatwright, Heather Wormer, Douaneng Lee, Amanda Johnson. NOT PICTURED: Wade Pfau, Michael Saddoris, Sara Hartman, Danielle Taha.



TOP 15%. FRONT ROW: A. Pearson, A. Johnson, T. Calo, L. Sou, K. Manirath, C. Chounlamountry, A. Jackson, H. Pham, S. McFadden, S. Tsuruta. ROW 2: J. Davis, E. Utterback, J. Browne, M. Kittikoune, J. Griffin, C. Irvin, T. Yencer, C. Shogren, D. Lee. ROW 3: L. Drew, M. Potter, A. Lillard, J. Nemmers, A. Bailiff, S. Johnson, B. Thomas, S. Inthalangsy, L. Wardak. BACK ROW: H. Wormer, L. Smith, J. Schnoor, T. Carey, J. Boatwright, K. Brown, A. Bair, B. Pierce, M. Thongsoun, E. Abusharkh. NOT PICTURED: W. Pfau, M. Saddoris, S. Hartman, D. Taha, N. Shoop, M. McFadden, R. Poulson, S. Bales, C. Woolsey, K. Murphy, A. Reihsen, N. Abbas, M. Ficek, P. Hansen, D. Weatherly, L. Storey.





ANDERSON, MELISSA—Office Aide 5-6, Pep "E" Club 7-8, Stud. Gov't 7-8, DMACC
 ARMINTROUT, RICHARD—Baseball 1-2, Basketball 3-4, Football 1-8, Pep "E" Club
 7-8, Quill Ad/Sales 7, Scarlet Standout 1-8, Scarleteers 5-6, Wrestling 3-4, DMACC,
 BACCAM, DENMARCH



BACCAM, MONA—Pep "E" Club 7-8, Scarlet Standout 1-2, Portal 3-4, Buddy System
 5-6, ISU
 BACON, JOHN—Office Aide 5, 7-8, DMACC
 BACON, REBECCA—Debate 3-4, Forensics 3-4, French Club 1-2, Pep "E" Club 3-8,
 UI



BAILEY JR., MICHAEL—Basketball 5-8, Office Aide 5, University Of Michigan
 BAILIFF, ANGELA—Alumni Dinner 3-8, Class Day Comm., Class Officer 5-6 (sec-
 retary), Jr. Board 5-6, Pep "E" Club 1-8, Quill Ad Sales 7, Scarlet Standout 1-2,
 Scarleteers 1-6, Sr. Board 7-8, Breakfast Comm., Steppers 3-8, Stud. Gov't 5-6, Top
 15%, UN Trip, Volleyball 1-2, UNI
 BAIR, ALLISON—Equip. Mgr. 1-2, Knowledge Masters 3-4, NHS 7-8, Pep "E" Club 1-
 8, Photojournalism 7-8, Scarlet Standout 1-6, Scarleteers 3-6, Spanish Club 3-6, Top
 15%, UN Trip, Volleyball 1, 3, Acad. Letter 1-6, Honors Photography 7-8, SBAC 7-8,
 UI



BAKER, RYAN—Baseball 1-8, Basketball 1-4, 7-8, Class Officer 5-6 (vice-president),
 Football 1-8, Jr. Board 5-6, UI
 BALES, SHANE—Football 3, Top 15%
 BALL, ANGELA—New Horizons 8, Scarlet Standout 7, Silent Vibes 1-8



BARNES, SHANE—Football 1-2, 5-6, Track 3-4, Wrestling 1-2
 BARR, MINDY—BPA 5-8, Pep "E" Club 1-8, DMACC
 BARTON, KEVIN—French Club 1-8, Scarlet Standout 1-6



BAYSINGER, JEREMY

BEAMAN, HEATHER-Pep "E" Club 5-8; Scarlet Standout 3-4. Hamilton Business College

BEEBE, AMY

BELGER, BOBBI JO-BPA 7. Hamilton Business College

BELL, MICHAEL-Indian Hills Comm. College

BENNETT, AARON-Baseball 1-4; Basketball 1-8; DEW Crew 1-6; Football 1-8; French Club 1-5; Kiwanian 7; Pep "E" Club 5-8; Quill Ad Sales 7-8; Scarlet Standout 1-2, 5-6; Sr. Board 7-8; Top 15%; Track 1-4, 7-8; UN Trip

BLACKBURN, BARBARA-A Cappella Choir 4; Concert Choir 2-3; DEW Crew 5-6; French Club 1-4; Golf 2; Jr. Board 5; Pep "E" Club 1-4, 7-8; Renaissance Comm. 1-2; Scarlet Choir 1-2; UI

BLAIR, DAVID-US Army Reserve

BOATWRIGHT, JENNIFER-Debate 1-8; Forensics 1-8; NHS 6-8; Pep "E" Club 1-8; Scarlet Standout 1-8; Spanish Club 7-8; Tennis 1-8; Top 5%; UN Trip; Volleyball 1; Acad. Letter 1-8; TAG 1-8; Nat'l Forensics League 1-8; University of Notre Dame

BOLIO, WENDY-Scarlet Standout 7-8; DMACC

BOOTH, CHRISTINA-Colorguard 7-8; Orchestra 1-8; Pep "E" Club 1-8; Prom Comm.; Scarlet Standout 1-8; Stud. Gov't 1-2; UN Trip; Hamilton Business College

BREEDING II, DENNIS

BREESE, DILLON

BROMMEL, STEPHEN-Baseball 1-2; Football 1-8; Scarlet Standout 3-4; Wrestling 4-8; UNI

BROWN, ERINESA-Alumni Dinner 2, 6; DEW Crew 1-4; Jr. Board 5-6; Pep "E" Club 1-2; Photojournalism 7-8; Quill Ad Sales 7; Scarlet Standout 1-3; Scarletcers 5, 7; Scroll 7-8; Stud. Gov't 2-8 (secretary 7-8); Swimming 1-8 (captain 5-8); Tennis 1-8; UN Trip





BROWN, KARA—Equip. Mgr. 1-2; Knowledge Masters 1-4; NHS 7-8; Pep "E" Club 1-8; Photojournalism 7-8; Scarlet Standout 1-6; Scarleteers 3-4; Top 3%; UN Trip; Volleyball 1-8; Acad. Letter 1-6.

BROWN, NATALIE—Basketball 1-4; Career Beginnings 1-8; DEW Crew 1-2; New Horizons 7-8; Pep "E" Club 1-8; Scarlet Standout 6-8; Scarleteers 7-8; Stud. Gov't. 1-8; Tennis 1-8; Upward Bound 3-4; Volleyball 1-8; Portal 1-8; Grambling State University.

BROWN, SARA—Alumni Dinner 4; Class Day Comm.; Football Equip. Mgr. 1; Jr. Board 5-6; Madrigal Choir 3-6; Pep "E" Club 1-8; Scarlet Choir 1-2; Scarlet Standout 3, 5; Scarleteers 1-2; Sr. Breakfast Comm.; Sr. Board 7-8; Stud. Gov't. 3-6; Track 1 Central.



BROWNE, JODI—NHS 7-8; Office Aide 2-3; Pep "E" Club 3-8; Scarlet Standout 1-8; School Play 8; Spanish Club 3-4; Top 15%; Peer Court 1-8; Pensacola Christian College.

BRUECK II, DONALD

BURDEN, DAWN



BURR, CHERI—DMACC

BYARS, CHRISTOPHER

BYERLY, KELLEE—Equip. Mgr. 1-4; Office Aide 3-8; Pep "E" Club 2-8; Prom Comm.; Quill Ad Sales 5-6; Scarlet Standout 1-2; Scarleteers 3; Sr. Breakfast Comm.; Volleyball 5; University of Maine.



CALDWELL, JEAN

CALIGIURI, JENNIFER

CALO, THINGTHONG—Forensics 1-4; Human Relations 1-2; MCC 1-6; Steppers 1-4; Top 3%; UI.



CAMPBELL, MELISSA—Japanese Club 1-6; Pep "E" Club 3-6; Senior Video 7-8; Drake University.

CAREY, TARA—Basketball 1-2; Cross Country 1-8; Pep "E" Club 5-6; Quill Ad Sales 8; Scarlet Standout 1-6; Stud. Gov't. 5; Track 1-8; UN Trip ISU.

CARLSON, STACIE—Alumni Dinner 1-8; BPA 6-8; Cheerleaders 1-8; Class Day Comm.; Office Aide 5-6; Pep "E" Club 1-8; Prom Comm.; Quill Ad Sales 5-6; Scarlet Standout 3-4; Scarleteers 1-8; School Play 5-6; Sr. Breakfast Comm.; Stud. Gov't. 1-4; Stud. in Leadership 1-4; University of Southern California.



CAYLOR, TAMMY-Basketball 1-6; Colorguard 7-8; Office Aide 1-8; Prom Comm; Softball 1-6; UN Trip; DMACC

CHILDS, RANDALL-Baseball 1-8; Basketball 3-8; Football 1-8; Golf 3-4; Pep "E" Club 7-8; UN Trip; Northwest Southern Bell

CHOUNLAMOUNTRY, CHINDALY-Stud. Gov't. 1-8 (president 7-8); Sr. Board; Jr. Board; Top 15%; Kiwanian 7; French Club 1-8; Pep "E" Club 3-8; Scarlet Standout 2; 3; Tennis 5-8; Track 1-4; Dew Crew 5-6; Alumni Dinner 6; Class Day Comm; Office Aide 1-6; Prom Comm; U I

CLARK, ANTHONY

CLATER, CORY-Concert Band 1-8; Marching Band 1-8;

CLAY, JENELL

COCHRAN, JASON-Basketball (mgr.) 5-6; Pep "E" Club 7-8; UB 3-8; U I

COCHRAN, LINDSAY-Cheerleaders 1-8 (captain 7-8); Pep "E" Club 1-8 (vice pres. 7-8); Alumni Dinner; BPA 7; Class Day Comm; Class Officer 1-2; Jr. Board; Office Aide 5-8; Prom Comm; Quill Ad Sales 5-6; Quill 5-6; Scarlet Standout 5-6; Scarleteers 3-4; Sr. Board; Sr. Breakfast Comm; U N I

COLBERT, KAYCEE-Class Officer 7-8 (vice pres.); Sr. Board; Kiwanian 7; Scroll 7 (feature editor); Scarleteers 3-8; Alumni Dinner 3-6; Sr. Breakfast Comm; Class Day Comm; Pep "E" Club 1-8; Office Aide 3-6; Orchestra 1-6; Prom Comm; Career Beginnings 3-6; French Club 1-2; Track 3-4; U I

COLLETT, DESTINY-Football 1-2; New Horizons 5-6; Scarlet Choir 1-6; Talent Search 1-6; DMACC

COLLINS, TRACEE-Basketball 3-4; DEW Crew 6-8; Pep "E" Club 2-6; Scarlet Standout 2; 4; 5; Softball 1-8; Stud. Gov't. 2; 5; 6; Augustana

CRUIKSHANK, DEANA-Scarlet Choir 1-4; School Play 3-8; Spring Musical 1-5; Theater Arts 7-8; Treble Choir 5

CULP, KARA-Basketball 1-2; BPA 7-8; Cross Country 1-6 (co-capt.); Jr. Board; Pep "E" Club 1-4; 7-8; Scarlet Standout 6; Sr. Breakfast Comm; Track 1-6; UN Trip; DMACC

DAVIS, JUSTIN-A Cappella 3-8; Alumni Dinner 5-7; Cheerleaders 5-8; Football 1-2; NHS 7-8; Scarlet Choir 1-2; Top 15%; DMACC

DEEVER, JEANETTE-Quill Ad Sales 5





DICKINSON, TORI—Madrigal 1-4; Pep "E" Club 5-8; Quill Ad Sales 5-6; Renaissance Comm. 5-6; Scarlet Standout 3-4; Stud. Gov't. 7-8; La James Beauty School
DICKS, JEREMY—Baseball 1-8; Football 1-4; Pep "E" Club 7-8; Wrestling 1-8; ISU
DIXON, KAIT—Career Beginnings 3-8; Concert Band 1-2; Marching Band 1-2; MCC 1-4; Pep "E" Club 5-8; Scarlet Standout 5-6; Spanish Club 1-8; Student Diversity Council 7-8; UI



DREW, LOVE—French Club 5-7; Office Aide 1-2; Scarlet Standout 1-6; Scroll 3-8 (Design Editor); Sr. Breakfast Comm; Top 15%; Diversity Council 7-8
DUERKES, MELISSA—Drama Club 5-8; Pep "E" Club 5-6; School Play 1-8; Theater Arts 3-8; ISU
DUPLANTER, CHRISTINA



EDSILL, ERICA
EDWARDS, CALVIN
EENHUIS, KRISTY—Class Day Comm; Japanese Club 1-4; Pep "E" Club 7-8; Prom Comm; Arizona State University



EGENBERGER, MINDY—Colorguard 7-8; Marching Band 7; Pep "I" Club 1-2; 5-6; Track (mgr.)
ELDER, TODD—Baseball 1-4; UN Trip
ELLIOTT, LINDSAY—Alumni Dinner 1-8; Cheerleaders 1-8 (captain 1-2); Class Officer 1-2 (treasurer); DEW Crew 1-2; Jr. Board; Kiwanian; Office Aide 8; Pep "E" Club (pres. 7-8); Prom Comm; Quill 5-7; Scarleteers 3-4; Sr. Board; Sr. Breakfast Comm; Stud. Gov't. 1-7; Tennis 8; UN Trip; DMACC



FALLIS, JOE—Basketball 1-2; Football 1-6; United Parcel Service
FEEES, NIKOLE—Forensics 3-5; Scarlet Standout 3-4; UNI
FETTERS, DEBORAH



FICEK, MELINDA—Scarlet Standout 2-6; Scarleteers 1-2; Steppers 1-8; Top 15%; UN Trip 1-1

FINCH, STACY—Alumni Dinner 5-8; Basketball 1-2; Class Day Comm.; French Club 1-4; Pep "E" Club 1-8; Prom Comm.; Scarlet Standout 3-4; Softball 1-2; Breakfast Comm.; Steppers 5-8; Stud. Gov't 1-4; Volleyball 1-2 UN

FLOYD, MIA



FOLEY, CHRISTINA—Basketball 1-8; Class Day Comm.; CrossCountry 3-8; DEW Crew 5-8; French Club 1-4; Pep "E" Club 1-8; Prom Comm.; Quill Ad Sales 7; Scarleteers 3-4; Softball 1-8; Track 1-8; UN Trip; Volleyball 1-2

FONG, ROBERT—Baseball 1-8; Football 1-4

FOSTER, AMANDA



FOSTER, DOUGLAS—Golf 5-6 DMACC

GALLARDO, LUCIANO

GASS, JENNIFER—Class Day Comm.; Office Aide 5-6; Pep "E" Club 5-8; Prom Comm.; Scarlet Standout 3-6; Spanish Club 7-8; Breakfast Comm.; Track 1-2; Volleyball 1-2; ISU



GERSTENBERGER, ANDREA—BPA 7; Colorguard 1-6; Scarleteers 1-6; AIB

GODDARD, ANGELA—Alumni Dinner 1-6; Cheerleaders 1-6; Class Day Comm.; Office Aide 1-8; Pep "E" Club 1-8; Prom Comm.; Quill Ad Sales 7; Scarleteers 1-7; Breakfast Comm.; Steppers 7-8; Stud. Gov't 1-4; UN Trip

GOGERTY, RITA—Drama Club 7-8; Quill 3-8 (Organizations Editor 5-6; Academics Editor 7-8); School Play 7-8; Theater Arts 7-8; ISU



GOLDSMITH, KALA—Madrigal 3-4; MCC 3-4; Scarlet Choir 1-2; 7-8; Scarlet Standout 1-2; School Play 1-4; Talent Search 1-2

GOLISH, THERESA—Colorguard 5-6; DEW Crew 3-6; Drama Club 1-7; Pep "E" Club 3-7; Play Production 1-2; School Play 1-7; Steppers 5-7; Stu. Gov't 5-6; Theater Arts 5-7; Thespians 3-4; 1-1

GOMEZ, TONY





GRAVES IV, LAWRENCE-Basketball 1-2; Career Beginnings 1-6; DFW Crew 5-6; Football 1-8; New Horizons 3-6; Scarlet Choir 1-4; Scarlet Standout 3-4; Scarleteers 7-8; Stu. Gov't 7-8; UI
GRAY, ELISHIA-Alumni Dinner 3-8; BPA 7-8; Pep "E" Club 7-8; Prom Comm.; Quill Ad Sales 7-8; Scarlet Standout 3-6; Scarleteers 3-4; Steppers 3-8 (captain); UN Trip.
GREEN, ROBERT-Football 1-7; Quill Ad Sales 7; Scarleteers 7-8; Stud. Gov't 7-8; UNI



GREEN II, JOSEPH-Football 1-7; Quill Ad Sales 7; Scarleteers 7-8; Stud. Gov't 7-8; UNI
GRIFFIN, JAIME-Drama Club 3-7; Light/Sound Crew 1-8; Play Production 3-4; Scarlet Standout 3; School Play 1-8; Steppers 3-8 (choreographer); Stud. Gov't 5; Theater Arts 3-8; Top 15% DMACC
GRINSTEAD, THERESA-Scarlet Standout 5



GRUND, MICHAEL-Basketball 1-8; Scarlet Standout 1-2; ISU
GUYER, SHANE-Forensics 1-2; FFA 3-8; ISU
HACKETT, KATHRYN



HALL, ALBERT-Baseball 3-8; Basketball 1-2; Football 1-6; Wrestling 3-4; Grand View
HALSTEN, AMY
HAMBLET, SHANNON-Art Club 7-8; Kansas City Art Institute



HANSEN, PAUL-Basketball 1-8; Pep "E" Club 1-8; Scarlet Standout 3-4; Softball 1-8; Spanish Club 7-8; Stud. Gov't 7-8; Tennis 8; Volleyball 1-8; UNI
HANSON, NICOLE-Basketball 1-8; Softball 1-8; Volleyball 1-8; Pep "E" Club 1-8; Stud. Gov't 7-8; Prom Comm. 7-8; Spanish Club 7-8; Scarlet Standout 3-4; UN Trip. UI
HARLESS, JOSEPH-Football 1-8; Forensics 1-2; Scarlet Standout 3



HARRIS, MONANESSA

HART, JAMES—Baseball 1-6; Basketball 1-4; Football 3-4; Golf 1-5

HAYES, LORI—A Cappella 7-8; Concert Choir 7-8; Pep "E" Club 7-8; Scarlet Choir 1-2, 5-6; Scarlet Standout 5-6; Stud. Gov't. 7-8; Treble Choir 7-8; Navy



HELLER, KARISA—Basketball 1-4; Pep "E" Club 1-6; Softball 1-4; Volleyball 1-2; DMACC

HEMESATH, ERICA—Basketball 1-4; Career Beginnings 3-8; Cross Country 1-7; Softball 2; Track 2-8

HENDERSON, COREY—Scarlet Standout 1-2



HILDRETH, DAN

HOFF JR., KIM—Football 3-4; Office Aide 3; Scarlet Standout 1-3

HOISINGTON, BRAD—Photojournalism 3-4; Quill 5-8 (Organization Ed. 7-8); Scarlet Standout 3-4; UN Trip; UB 3-6; Acad. Letter 5-6; Central



HOLLINGSHEAD, CHANA—Cheerleader 1-4; Pep "E" Club 1-8; Photojournalism 3-4; Scarleteers 1-4; Stud. Gov't. 1-2; UI

HUBER, MARIELA

HUTCHINSON, HEIDI—French Club 1-2; Office Aide 5-8; Pep "E" Club 3-8; Quill Ad Sales 7; School Play 4; Volleyball 1; Hamilton Business College



INTHALANGSY, SOMPHACK—Scarlet Standout 1-6; School Play 4-8; Theater Arts 7-8; Top 15%

IRVIN, CINDI—A Cappella 1; Alumni Dinner 1-8; Cheerleaders 1-8 (captain 3-4); DEW Crew 1-2, 5-6; Jr. Board 5-6; NHS 7-8 (secretary); Office Aide 1-8; Pep "E" Club 1-8 (treasurer 7-8, board 3-8); Quill 5-8 (Editor-in-Chief 7-8); Scarlet Standout 1-8; Scarleteers 3; Sr. Board 7-8; Spanish Club 6-8; Stud. Gov't. 1-8; Top 3%; UN Trip; NCYL 7; Acad. Letter 3-4, 5-6; Honor Roll 1-8; UI

IVANOVICH, JON





JACKSON, AMANDA-Top 15% Grand View
 JEFFERSON, JOSHUA-Photojournalism 3-4, Quill 5-8, Scarlet Standout 1-6, Top 15%, UN Trip, UB 3-8, ISU
 JOHNSON, AMANDA-Concert Band 5-8, French Club 1-4, Jazz Band 5-8, Marching Band 5-8, NHS 7-8, Prep Ensemble 3-4, Scarlet Choir 1-2, Scarlet Standout 1-8, Top 3%, Treble Choir 5-8, Wartburg



JOHNSON, BRADLEY-Office Aide 1-3, Photojournalism 4-6 (Photo Editor), Scarlet Choir 1-3, Scarlet Standout 4-6
 JOHNSON, SHELIAH-Alumni Dinner 3-6, Basketball 1-2, DEW Crew 5-8, Jr. Board 5-6, NHS 6-8, Office Aide 1-8, Pep "E" Club 1-8, Scarlet Standout 1-6, Scarleteers 5-8, Sr. Board 7-8, Top 15%, UN Trip, Acad. Letter 1-6, Honor Roll 1-8, Hawaii Pacific University
 JONES, BRIAN-Basketball 1-2, Football 3-8, Jr. Board 5-6, Pep "E" Club 3-8, Sr. Board 7-8, Soccer 1-8, Stud. Gov't 3-4, Waldorf



KELLIS, COREY
 KELLOGG, JACK
 KELLY, KEVIN-Football 3-5, Pep "E" Club 1-4, Wrestling 3-4, US Marine Corps



KENNEY, KEVIN-BPA 7-8, Office Aide 5-6, DMACC
 KEO, DAVID-Basketball 1-2, Quill Ad Sales 7, Tennis 1-8, ISU
 KIDD, CARA-A Cappella 4-6, Art Club 7-8, Concert Choir 3, Scarlet Choir 1-2, Scarlet Standout 6, Scarleteers 3-4, Tennis 1-8 (co-captain), Grand View



KITTHIKOUNE, MANIVANH-French Club 3-6, Mock Trial 3-6, NHS 7-8 (treasurer), Pep "E" Club 5-8, Stud. Gov't 7-8, Top 15%, UI
 KLUGOPOULOS, EVANGELOS-Baseball 1-8, Football 1-8, Pep "E" Club 1-8, Wrestling 1-8, UNI
 KLOPFENSTEIN, JEFFREY-French Club 1-6, Golf 1-8, Photojournalism 5-8, Scarlet Standout 2, ISU



KNIGHT, CHRISTOPHER—Baseball 2-8; Football 1-7; Pep "E" Club 8; Quill Ad Sales 3; Scarlet Standout 7; Sr. Board 8; UN Trip

KNIGHT, SHELLY

KOTLERS, KRISTINA



KRIEGER, JUSTINE—DEW Crew 3-4; Drama Club 3-8; Golf 1-8; Light/Sound 2-8; Office Aide 2-3; Pep "E" Club 1-8; Scarlet Standout 3-6; Scarleteers 2; School Play 3-8; Spanish Club 2-5; Theater Arts 4-8; Thespians 4-8; UNI

LAME JR., EVERETT—New Horizons 2-3; Scarlet Choir 2; DMACC

LAWSON, TROY—Golf 1-8; Office Aide 7-8; Pep "E" Club 7-8; Quill Ad Sales 6; Scarlet Standout 6; UN Trip; Wrestling 6



LECLERE, KATHRINA—Drama Club 5-8; Orchestra 1-8; Pep "E" Club 3-8; School Play 5-7; Spanish Club 1-4; Theater Arts 5-7; Track 5-6; Portal 3-8; Northwestern

LEE, DOUANENG—Acad. Decathlon 5-8; French Club 3-8; Knowledge Masters 6-8; NHS 7-8; Scarlet Standout 2-4; Stud. Gov't 5-8; Top 3%; UB 1-6

LEE II, JAMES—Basketball 1-4; Career Beginnings 3-4; Office Aide 5-8; Pep "E" Club 5-6; Scarleteers 5-6; School Play 1-6; Track 1-8



LEHMAN, ROSALYN—Basketball 3-8; Cross Country 3-4; Dew Crew 5-6; Jr. Board 5-6; Office Aide 3-4, 6; Pep "E" Club 3-8; Photojournalism 5; Scarlet Standout 3, 7; Softball 1-8; Spanish Club 5-6; Stud. Gov't 3-6; Track 3-6; UI

LEONARD, SEAN—Football 1-6; French Club 1-4; Quill Ad Sales 8; Soccer 1-8

LEWIS, DAWN—Alumni Dinner 5-6; BPA 5-8; Jr. Board 5-6; Office Aide 1-6; Pep "E" Club 1-8; Scarlet Standout 1-6; Scarleteers 3-4; Stud. Gov't 1-2; UN Trip; UNI



LILLARD, AMY—Cross Country 3-8 (captain); Jr. Board 5-6; NHS 7-8 (president); Pep "E" Club 5-8; Scarlet Standout 1-8; Scarleteers 5-8; Scroll 7-8 (Editor-in-Chief); Stud. Gov't 5-8; Top 3%; Track 1-8; UN Trip; UI

LOFTUS, AMY

LOVELL, SONNY—Baseball 2-6





LUCAS, SCOTT

LUONG, JENNY-A Cappella 1 BPA 8, Mock Trial 3-4, Office Aide 1-4, Pep "E" Club 1-8, Scarlet Standout 1-4, Scarleteers 1-4, Spanish Club 7-8, Stud. Gov't 7-8, Talent Search 1-4, Top 15%, Track 1-4, 7-8, UB 5-8, Volleyball 1-4, U.I.

LUSCOMBE, NICOLE



LYDIC, RYAN-Football 1-8, ISU

MALLET, BARBARA

MANIRATH, KATHIE-BPA 6-8, NHS 7-8, Office Aide 3-4, Scarlet Standout 1-7, Stud. Gov't 1-3, Top 3%, ISU



MATA, ESTEBAN-Career Beginnings 3-6, Talent Search 1-8, Grandview

McFADDEN, MELISSA-BPA 7-8, Pep "E" Club 1-8, Scarlet Standout 3-8, Stud. Gov't 1-6, Swimming 1, Top 15%, Drake

McFADDEN, SARAH-A Cappella 1, 3-8, Concert choir 2, NHS 7-8, Top 5%, 1-8, Grand View



MEDINA, NICHOLAS

MEHL, SHAWNNA

MENSING, SHAD-Photojournalism 5-6, Wrestling 1-2, DMACC



METHENY, JACK-Football 1-8, Quill Ad Sales 5, Track 1-4, 7-8, Wrestling 3-8, US Marine Corps

MICHAEL, LISA-Pep "E" Club 1-4, Scarlet Standout 1-2

MILLER, SHELBY-A Cappella 5-8, Colorguard 7, Concert Choir 3-4, Office Aide 7-8, Scarlet Choir 1-2



MONACO, CRYSTAL

MOORE, CHARISSE

MOORE, DANIELLE—Pep "E" Club 1-4; Play Production 3-4; Prom Comm.; School Play 1-2; DMACC.

MOYLE, GREGORY—Model UN 1-2; Office Aide 2-4, 7; Swimming 1-8; Track 2.

MULVEHILL, MEGHAN—A Cappella 4; Alumni Dinner 2-4; Basketball 1; Concert Choir 3; Office Aide 4-6; Pep "E" Club 1-4; Quill Ad Sales 6; Scarlet Choir 1-2; Steppers 2-8; Stud. Gov't 1-2; UN Trip; DMACC.

MURPHY, KIMBERLY—BPA 7-8 (treasurer); Class Day Comm.; Class Officer 5-8 (president); Debate 1-2; DEW Crew 1-4; Forensics 1-8; Jr. Board 5-6; Kiwanian 8; Pep "E" Club 1-8; Prom Comm.; Scarlet Standout 1-8; Sr. Board 7-8 (president); Breakfast Comm.; Stud. Gov't 1-8; Top 15%; UN Trip; Drake University.

NELSON, MICHELLE—Basketball 1-4; BPA 7; Colorguard 3-5; Golf 1-4; Office Aide 5-6; Pep "E" Club 3-7; Scarletceers 3-6; Spanish Club 5-6; UB 3-4.

NEMMERS, JENNIFER—Class Day Comm.; Class Officer 3-4 (secretary); 7-8 (treasurer); Jr. Board 5-6; Pep "E" Club 1-8 (secretary); Prom Comm.; Scarletceers 3-4, 7-8; Sr. Board 7-8; Spanish Club 7-8; Stud. Gov't 1-8; Swimming 1-8 (captain); Tennis 2-4; Kiwanian; Top 15%; UNI.

NEVINS, ERIC—French Club 3-6; Photojournalism 7-8; School Play 1-8; Theater Arts 3-8; Thespians 4-8; Northwestern.

OLIVER, ANTHONY

OLIVER, CORY—Basketball 1-4; Football 1-5; Quill Ad Sales 7; Soccer 2; DMACC.

OSBY, ANDREW—Golf 7; Pep "E" Club 5-8; ISU.

OVERTON, JEREMIAH—Quill Staff 5-6; ISU.

PALMER, KEVIN—DMACC.

PALMER, LESLEY—Scarlet Standout 1-2; Stud. Gov't 7-8.





PARCEL, TINA-Drama Club 1, 3, 7-8; Light/Sound Crew 3; School Play 1, 2, 7; Silent Vibes 1-2; Indian Hills Community College
PARKER, CHRISTINA-Pep "E" Club 5-8; Scarlet Choir 5-6; Treble Choir 5-6
PEARSON, AMELIA-NHIS 7-8; Pep "E" Club 5-8; PTSA 3; Scarlet Choir 1, 2; Scarlet Standout 1, 3, 6-7; Spanish Club 5-6; Top 15%; Drake University



PEEK, BOBBIE
PFAU, WADE-Acad. Decathlon 5-8; Debate 3-8 (president); Forensics 3-8; Knowledge Masters 3-8 (captain); NHIS 7-8 (vice-president); Portal 5-8; Scarlet Standout 3, 7; Spanish Club 5; Stud. Gov't 7; Swimming 1-6; Tennis 3-4; Top 15%; MIT
PIERCE, BRIAN



PLEW, RYAN-DMACC
PLUMMER, ERIC-Photojournalism 3, 7-8; University of Osteopathic Medicine
POLLARD, RACHELLE-Alumni Dinner 3-8; BPA 7-8; Class Day Comm.; Class Officer 5-6 (president); 7-8 (secretary); Jr. Board 5-6 (president); Kiwanian 7; Prom Comm.; Scarleteers 3-8; Sr. Board 7-8 (secretary); Spanish Club 3-8; Breakfast Comm.; Steppers 3-8; Stud. Gov't 1-8; Southern Utah University



POTTER, MICHELLE
POULSON, RONNETTE
PRAST, ANDREA-Foreign Exchange student (Germany); French Club 7-8; Pep "E" Club 7-8; Sr. Board 7-8; Marie-Curie-Gymnasium



PROBASCO, AMBER-Class Day Comm.; New Horizons 1-8; Orchestra 1-3; Pep "E" Club 7-8; Scarlet Standout 2, 4, 7; Softball 1; Breakfast Comm.; Top 15%; Volleyball 1; Iowa Methodist School of Nursing
PUCKETT, LAURA-Alumni Dinner 5-6; BPA 7-8; Jr. Board 5-6; Office Aide 1-2; Pep "E" Club 1-8; Prom Comm.; Quill 3-6; Scarlet Standout 1-4; Scarleteers 7-8; Spanish Club 1-2; Breakfast Comm.; Stud. Gov't 1-2; Tennis 1-2; Volleyball 1-2; Simpson
RANDOLPH, TORI-Scarlet Choir 1-4; Silent Vibes 1-5; UNI



RATTRAY, MELINDA

REIDBURN, JAMIE-Basketball 1-4, 7-8; Dew Crew 5-6; Photojournalism 7-8;
Softball 1-8; Spanish Club 8; Breakfast Comm.; Stud. Gov't 5-8; Track 6-8;
Volleyball 1-8; Cornell
RIDEOUTTE, NATASHA

RIES, RYAN-Scarlet Standout 3

RIVAS, ROBERT

ROETERDINK, LAURENSKE-Pep "E" Club 7-8; Scarlet Choir 7-8; Sr. Board 7-8;
Swimming 7 (manager); University in Nijmegen (Netherlands)

**ROGERS, SHAWNDA-MCC 2, 5-6; New Horizons 3, 7-8; Prom Comm.; Tennis 4,
7-8; Scarlet Dance Squad.**

ROOT, JOEL-Baseball 1-4, 7-8; Football 1-6; Track 3-4

ROUSE, CHRISTOPHER

**SADDORIS, MICHAEL-Acad. Decathlon 5-8; Basketball 1-2; Knowledge Masters
3-8; NHS 7-8; Scarlet Standout 1-8; Scroll 7-8 (Opinion Editor); Swimming 3-6; Top
3%; UN Trip; Key Club 6-8 (president); Portal 7-8.**

SALASBERRY, ANGELA-Pep "E" Club 5-6; School Play 4, ISU

SANDERS, SUNNY-Class Day Comm.; Forensics 3-4; Office Aide 1-4; Pep "E"
Club 1-8; Quill Ad Sales 8; Sr. Board 7-8; Breakfast Comm.; Steppers 3-5; Stud
Gov't 1-8; Track 2-4; Volleyball 1, 5, UN

**SAWHILL, JOSEPH-Baseball 1-4; DEW Crew 5-6; Football 5-6; Jr. Board 5-6;
Photojournalism 3-4; Stud. Gov't 5-6; UI**

SCHATZ, AMY-A Cappella 2-8; Alumni Dinner 2-6; Cheerleaders 1-8; Concert
Choir 2-8; DEW Crew 5-8; French Club 5-8; Jr. Board 5-6; Office Aide 3-8; Pep "E"
Club 3-4, 7-8; Prom Comm.; Scarlet Choir 1; Scarlet Standout 1, 7; Scarleteers 3-4;
School Play 1; Breakfast Comm.; Stud. Gov't 5-8; Theater Arts 1-8; UN Trip 6;
University of Central Florida

SCHNOOR, JOHANNA-Alumni Dinner 2; Basketball 1-8; Debate 1-2; DEW Crew
1-8; Forensics 1-2; French Club 3-8; Golf 1-8; Jr. Board 5-6; Mock Trial 2; NHS 7-8;
Office Aide 1-2; Prom Comm.; Scarlet Standout 1-6; Scarleteers 5-8; Sr. Board 7-8;
Breakfast Comm.; Stud. Gov't 5-6; Top 15%; Volleyball 1-7; NCYL; Vanderbilt
University





SCHRECKENGAST, KEVIN-Baseball 1-8; Basketball 1-8; Football 3-6; Pep "E" Club 7-8; Spanish Club 7-8; Track 7-8.
SEAMAN, AMY-Pep "E" Club 1-8; Prom Comm.; Breakfast Comm. ISU
SHANAHAN, ELIZABETH-A Cappella 1-8; Office Aide 3-4; 7-8; Pep "E" Club 1-8; Prom Comm.; Scarleteers 3; Breakfast Comm.; Stud. Gov't 5-6; Treble Choir 7-8; UN Trip: University of Texas



SHARPNACK, RONALD
SHELTON, LAWRENCE-BU P 5-6; Quill Ad Sales 7; Scarlet Standout 3; Track 6; University of the Ozarks
SHOGREN, CRAIG-Scarlet Standout 3-5; Acad. Letter 3-4; Drake University



SHOOP, NICHOLAS-Acad. Decathlon 7-8; Cross Country 1-8; Knowledge Masters 5-8; NHS 6-8; Spanish Club 5-6; Top 3%; Track 6; ISU
SHRUM, ANDREA-A Cappella 1-8; Pep "E" Club 1-8; Scarlet Standout 7; Grand View
SIX, JAMIE



SMITH, LASHONDA
SMITH, LISA-Alumni Dinner 5; DEW Crew 2-4; Drama Club 1-6; Light/ Sound Crew 1-4; New Horizons 7-8; Pep "E" Club 1-8; Play Production 1-4; School Play 1-4; Steppers 5-6; Stud. Gov't 3; Theater Arts 2-4; Thespians 1-4; DMACC
SMITH, NATHAN-DMACC



SNELL, CHRISTINE-Alumni Dinner 2-8; Cheerleaders 1-2; 5-6; Pep "E" Club 1-4; Softball 1-8; Steppers 3-4; UN Trip 6; Grand View
SOU, LEANG-Class Day Comm.; DEW Crew 5-6; French Club 1-8; Jr. Board 5-6; NHS 7-8; Pep "E" Club 3-8; Prom Comm.; Scarlet Standout 1-6; Scarleteers 4-8; Breakfast Comm.; Stud. Gov't 2-8 (historian); Tennis 6-8; Top 15%; Track 4; UI
SPECK, JENNY-A Cappella 5-6; Class Day Comm.; Office Aide 1-4; Pep "E" Club 1-4; Photojournalism 3-6; Prom Comm.; Quill Ad Sales 7-8; Scarlet Choir 1-4; Breakfast Comm.; Steppers 5-8; ISU



STANTON, SHONTELL-A Cappella 1-2, BPA 7-8 (asst. treasurer), Career Beginnings 1-8, Concert Choir 1-2, MCC 5-6 (treasurer), Office Aide 5-8, Quill Ad Sales 7-8, Scarlet Choir 1-2, Talent Search 1-8, Treble Choir 1-2, AIB

STAPLEFORD, KELLY

STEELE, TOBIE-A Cappella 1-8, Alumni Dinner 3-8, Class Day Comm. - Cross Country 1-2, Debate 1-2, Dew Crew 7-8, Forensics 1-2, French Club 1-4, Jr. Board 5-6, Mock Trial 1-2, Office Aide 1-8, Pep "E" Club 1-8 (historian), Photojournalism 7-8, Prom Comm. - Quill Ad Sales 8, Scarlet Standout 1-8, Scarleteers 5-8, Spring Musical 8, Steppers 5-8, Stud. Gov't 1-2, 5-8, Top 15%, NCYI, UI

STEWART, MICHELLE

STINSON, ANDREW-Football 7, Scarlet Standout 4, ISU

STOREY, LACEY

STOUT, JAMIE-Light Sound Crew 5-6, Pep "E" Club 1-6, Scarlet Standout 1-2, Talent Search 5-6, DMACC

STREEPER, TENNILLE-Office Aide 3, Quill Ad Sales 7

SUMMY, KHARA-Golf 2, Orchestra 1-4, Pep "E" Club 1-2, UN Trip, Grand View

SWANSON, DEBORAH-Colorguard 5-8, New Horizons 7-8, Pep "E" Club 7-8, Scarlet Choir 1-2, School Play 5-6, Silent Vibes 5-6, Stud. Gov't 7-8, Swimming 1, Theater Arts 5-6

TAHA, DANIELLE-Mock Trial, NHS 3-6, Scarlet Standout, Tennis, UN Trip Boston University

TALLMAN, MATT-Football 1-4, Knowledge Masters 1-2, ISU

TAYCHER, LYNDSEY-Concert Band 1-8, Jazz Band 5-6, Marching Band 3-8, UNI

THOMAS, BRIAN

THOMAS, JOSEPH





THOMAS, MICHELLE-Alumni Dinner 1-8; Class Day Comm.; Class Officer 5-6 (treasurer); Dew Crew 1-4; Jr. Board 5-6; Office Aide 1-8; Pep "E" Club Board 1-7; Photojournalism 6; Prom Comm.; Quill Ad Sales 6; Scarlet Standout 5; Scarleteers 5; Scroll 7; Breakfast Comm.; Stud. Gov't. 1-6; UN Trip; Drake University
THOMASON, TANYA-A Cappella 1; Alumni Dinner 1-4; BPA 7-8; Dew Crew 1-4; Jr. Board 5-6; Pep "E" Club 1-8; Prom Comm.; Scarlet Standout 1-4; Scarleteers 3-4; Breakfast Comm.; Stud. Gov't. 1-8; UN Trip; Volleyball 1; Grand View
THOMPSON, ERIN-Photojournalism 3-4; Special Olympics; AIB



THOMPSON, KATHY-Office Aide 5-6; Pep "E" Club 1-8; Quill Ad Sales 7-8; Scarlet Standout 3-4; Drake University
THONGSOU, MANILAY-Basketball 1-4; Dew Crew 2-4; Pep "E" Club 1-4; Scarlet Standout 1-4; Scarleteers 3-4; Spanish Club 5-6; Stud. Gov't. 3-6; Top 15%; Track 1-2; Volleyball 1-6; ISU
TSURUTA, SHINOBU-A Cappella 7-8; Concert Choir 7-8; NHS 7-8; Scarlet Standout 7-8; Top 3%



UTTERBACK, ELAINE-NHS 7-8; Quill 3-8 (Copy Editor); Scarlet Standout 1-2, 4; Top 15%; UI
VAN HORN, ANNDREA-Drama Club 1-4, 6; Pep "E" Club 1-8; Play Production 1-8; Scarlet Standout 7; School Play 1-8; Silent Vibes 3-6; Theater Arts 3-8; Thespians 3-8; AIB
VANG, VILADDA-Play Production 1-2; Prom Comm.; Stud. Gov't. 8; Student Diversity Council 7-8; UNI



VOLL, TIMOTHY
WAGNER, MEGAN-Alumni Dinner 5-6; BPA 5-8; Class Day Comm.; Colorguard 1-2; Pep "E" Club 1-8; Prom Comm.; Scarleteers 3-4; Breakfast Comm.; Steppers 3-8 (co-captain)
WALKER, KEISHA-BPA 3-4; Career Beginnings 3-8; MCC 3-4; New Horizons 1-8; Office Aide 5-6; Pep "E" Club 7-8; Scarlet Standout 1-2; Buddy System 5-6; Baltimore Community College



WALTERS, ANDREW
WALTZ, SARA-Basketball 1-4; French Club 3-8; Golf 1-8; Pep "E" Club 1-8; Scarlet Choir 1; Scarlet Standout 3, 7; Softball 1-6; Breakfast Comm.; UN Trip; Central
WARDAK, LEAH-Alumni Dinner 2, 4, 6; Dew Crew 5-6; Drama Club 7-8; French Club 1-8; Jr. Board 5-6; Knowledge Masters 1-6; MCC 5-6; NHS 7-8; Pep "E" Club 1-8; Scarlet Standout 1-2; School Play 7-8; Scroll 5-6; Steppers 5-8; Tennis 2, 4, 8; Theater Arts 7-8; Top 15%; UN Trip; NCYL; DePaul University



WATT, JESSE

WAUGH, DANETTE-Photojournalism 5-8; Quill Ad Sales 6.

WEATHERLY, DANYEL-BPA 7; Colorguard 4-6; Office Aide 5-6; Pep "E" Club 1-7; Scarlet Choir 1-2; Scarlet Standout 3-4; Scarleteers 3-4; Tennis 1-2

WEAVER, MELISSA-Concert Band 1-8; Honor Band 8; Marching Band 1-8; DMACC

WENZEL, CAMERON-Photojournalism 5; Scarlet Standout 3-4; Top 15%; UB 3-6; ISI

WEST, CLINTON

WHITE, AISHA-MCC 5-6; Office Aide 2-4; Pep "E" Club 1-2, 5-8; Stud. Gov't 5-8; Talent Search 3-8; Diversity Council 7-8; Scarlet Dance Squad 7-8; Career Beginnings 5-8; UI

WHITE, RENEE-DMACC

WILLIAMS, DEBRA

WILSON, MISSY

WIMBER, STEPHANIE-Colorguard 7-8; DEW Crew 3-4; Drama Club 3-8; French Club 1-4; Pep "E" Club 1-6; Play Production 1-2; Prep Ensemble 3-4; School Play 3-8; Breakfast Comm.; Theater Arts 5-8; Thespians 7-8; UN Trip; UI

WINFIELD, TERRILL-New Horizons 5-6; Scarlet Standout 1-4; UB 3-6; UI

WING, MINDY-Drama Club 3-6; French Club 1-5; Pep "E" Club 3-6; School Play 5-6; Portal 3-6; Play Production 3-4; Theater Arts 5-6

WOOLSEY, CHRISTINA-Top 15%; Acad. Letter 4-4

WORDEN, MICHAEL-Pep "E" Club 5-8; Scarlet Standout 3-4; Stud. Gov't 5-6; ISI





WORMER, HEATHER-Tennis 1-8; Spanish Club 1-8; Top 150 Acad. Decathlon 5-8; Mock Trial 3-8; NHS 7-8; School Play 6-8; Theater Arts 7-8; Forensics 3-4; Scarlet Choir 1-2; Treble Choir 5; Prep Ensemble 4; Madrigal 5; Drama Club 7-8; Central Wright, Chad-Indian Hill Aviation School
YAW II, RICHARD-EEE 1-6; DMACC

YAZEL, BRENT
YENCER, TRICIA-Basketball 1-8; Softball 1-8; Stud. Gov't 1-8 (vice-president); Pep "E" Club 1-8; Class Officer 1-4; Cross Country 4-8; Sr. Board 7-8; Track 1-6; Volleyball 1-2; Top 150 Jr. Board 5-6; Scarlet Standout 1-2, 6-7; Office Aide 1-2, 5-8; UNI
ZELIADT, SARAH-BPA 4; Office Aide 2; Play Production 2; Silent Vibes 2; Theater Arts 2

ZOHBON, PETER-Acad. Decathlon 6; Baseball 1-4; French Club 1-4; Golf 1-8; Pep "E" Club 7-8; UN Trip; Wrestling 3-6; ISU
GRAVES, DARELL

Here's not looking at...

ABUSHARKH, ESSAM-Scarlet Standout 5; Soccer 5-8; Arizona State University
ARPY, JASON
ASWEGAN, CHAD
BAILEY, NICHOLAS
BAKER, ALBERT
BARDEN, BOBBI
BEAR, SUSAN
BOJDOL, DOMINIKA
BURKE, SHAWN
BURNS, MATTHEW
CALLAHAN, SHANE
CARICO, ROBERT
CHRISTIANSEN, BRYAN
CONVERY, CHASITY
CREEKS, CHER-Basketball 3-8; DEW Crew 5-8; MCC 5; Pep "E" Club 7-8; Scarlet Standout 4; Scroll Staff 7-8 (feature-spread Editor); Spanish Club 7-8 (president); Track 3-8 (captain)
CROUCH JR., ALLEN
CROWLEY, MELISSA
DANIELSON, DAVID
DAVIS, CHARLES
DEHAVEN, CHARITY-New Horizons 1-8; Scarlet Standout 1-8; Talent Search 1-8; DMACC
DENTON, LINDA
DIXON, DANNELL
DUNCAN, BENJAMIN
FOSTER, JENNIFER
GILES, ROBERT

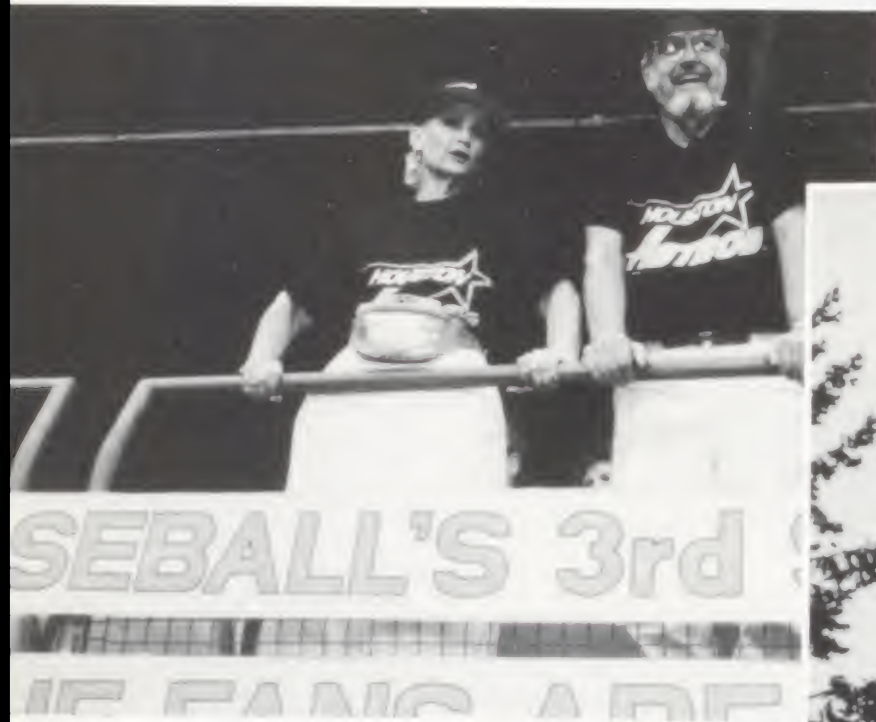
GROTHER, JERRY-Football 1-4; Wrestling 3-8; DMACC
GYMER, CORY-Football 3-6; Pep "E" Club 7-8; Quill Ad Sales 6; DMACC
HALEY, GARRY
HALL, THOMAS
HARTMAN, SARA-BPA 3-6; Office Aide 1-6; Acad. Letter 1-4
HAYGOOD, MELVIN
HOARD, JENNIFER
HOOD III, GEORGE
HULL, SHANTELE-New Horizons 1-7; Scarlet Standout 3-5; 1A School of Beauty
INGRAHAM, PAUL
JOHNSON, JEREMY-Basketball 1-4; Navy
KIMBLEY, JONATHON
KYLE, LADONNA
KYLE, RICHARD
LINNANE, CHRISTOPHER
LLOYD, SARAH
MCCARRELL, MICHELLE
MERRY, SHEILA
MILLER, BRUCE
MILLER, SEAN
MULLINS, SHANNON
PACKARD, MARTHA-Basketball 2; Concert Choir 1-4
PHAM, HAI
PHELPS, STEPHEN
PORTER, COLE
PORTER, KEITH
RAMSAROOP, DAVIN
REHISEN, ANGELA-French Club 1-2; Pep "E" Club 7-8; Scroll (Bus. Manager)

ROBINSON, MARQUES
SCHAMERHORN, MICHELLE
SCOTT, TERRA-Basketball 1-2; New Horizons 7-8; Pep "E" Club 7-8; Scarlet Choir 1-4; Scarlet Standout 3-4, 7-8
SHADE, MYRON
SHEPHERD, CASEY
SKLAVENITIS, MARIA-Scarlet Standout 5-7
SNIDER, SHAWN
STANLEY, CHARLES
STEBBINS, TIFFANY-Drama Club 5-6; Pep "E" Club 6; School Play 1-8; Air Force
STORM, JEREMIAH-Basketball 3-4; Football 3-6; Spanish Club 5-6; DMACC
TAYLOR, WILLIAM
TRENTER, ANGELA
UPDIKE, JUSTIN
VAN GUNDY, TROY
VONGPHASOUK, SYSOUK
WALKER, KRISTINA
WALTZ, JASON
WHEELS, COURTNEY
WILLIAMS, CHAD
WILLIAMS, MARTURELL-Football 1; New Horizons 3-8; Scarlet Standout 6-7; DMACC
WINN, AARON-Scarlet Standout 3; School Play 1-6; Theater Arts 5-6; Upward Bound 3-8; DMACC
WINN, ADAM
WONDERS, DEREK
WORTHINGTON, ANGELA
WORTHINGTON, CRYSTAL



'94 a Record breaking year

The baseball season came to an abrupt end when the players went on strike in August over salary caps. A month later the owners voted to cancel the remainder of the regular season. It was the first time since 1904 that the World Series, which has survived world wars and an earthquake since its inception in 1903, was not played.



Killing fourteen firefighters in a blaze in Colorado, forest fires swept across more than a dozen western states. The fires blackened some 3 million acres, mobilizing firefighters all over the country to keep the fires under control.



The 1994 World Cup soccer competition was played in the United States. In this photo, the U.S. team played Brazil but lost 1-0 in the second round. The final game was Brazil vs. Italy. An estimated 2 billion people worldwide watched Brazil battle Italy to a 0-0 tie for 120 minutes at the final game played in the Rose Bowl. Brazil won 3-2 in a shootout.





As tropical storm Alberto hit the south, Georgia floods made history. The storm unloaded more than 20 inches of rain and caused flooding, killing 31 people. Forty-nine counties were declared federal disaster areas and about 46,000 people were driven from their homes.

as old records were broken, new ones were being made by top athletes in a variety of different sports. Andre Agassi was the people's choice at the U.S. Open Tennis Championship in New York. It was an easy win against Michael Stich of Germany. The 24-year-old Agassi became the first unseeded player to win the crown since Fred Stolle in 1966 and only the third in the 114-year history of the tournament. It was Agassi's first U.S. Open title.

Ken Griffey Jr. of the Seattle Mariners was well on his way to breaking Roger Maris' home run record of 61 when the baseball season came to an abrupt end. No World Series, no Ken Griffey Jr. home run record. He's looking to the 1995 season to find a place in the record books.

At 31, Jerry Rice had the National Football League record for career touchdowns. And then, the 10-year pro with the San Francisco 49ers became the league's all-time touchdown scoring leader. His opening 44-14 victory against the L.A. Raiders increased his career total to 127. That was one more than Jim Brown had when he retired in 1965 after nine seasons with the Cleveland Browns.

Many more records will be made, met, or broken in the years to come.

Trial of the century



All eyes were glued to the television as the trial of the century began to unfold—the trial of O.J. Simpson. He was accused of brutally murdering his ex-wife Nicole Brown Simpson and her friend, Ronald Goldman. As prosecutor Marcia Clark laid out all of the evidence, Simpson put together an expensive “dream team” of lawyers to represent him in this highly-publicized case.



A Sights and sounds of '94

Nine Inch Nails hit the charts with the album *The Downward Spiral*, a mixed bag of rivet-gun rhythms. Trent Reznor turned his synthesizers into a symphonic swirl and gave his drum machines a personality making Nine Inch Nails one of the most popular bands of 1994.



The one-time bad boys of Boston just keep going and going. Aerosmith's lead singer, Steven Tyler, and lead guitarist, Steven Perry, can still perform with the best of them. Tyler and Perry both said, "Back in Boston we can really get down because it's the home crowd." They may be twice the age of most bands now-a-days but, Aerosmith isn't about to slow down.



Even though Garth Brooks has lost the Country Music Association's highest honor, Entertainer of the Year, two years in a row to Vince Gill, it hasn't hurt his popularity or demand. In '94 he sang to sold out crowds around the world in one of the most exciting tours ever and made close to 10 million dollars. "I have more money than my grand kids could ever spend," said Brooks. He also had three albums on the Billboard Top 200 list throughout the year.





The torch was passed in the summer of 1994. After hearing about the legendary rock festival from their parents for years, a new generation seized the opportunity to create their own "Woodstock." Hundreds of thousands of people arrived in Saugerties, N.Y. for Woodstock '94. From folk music to heavy metal, the weekend concert was filled with music almost 24-hours a day.

though many students don't watch the news or could care less about the other side of the world, music is a very up-to-date topic.

A lot of bands made it big in 1994. The Red Hot Chili Peppers have been big for years, even though some people say they've lost their popularity.

Critics say, "The perky funk of the Red Hot Chili Peppers has been around for a lot of years and there is enough talent and creative juice among one them to keep them going for a lot of years to come."

Another hot band was Stone Temple Pilots.

One critic called them "Pseudo-grunge," but they didn't let it bother them. With their previous album *Core* on the music charts, the pilots made it on the top ten with their latest, *Purple*.

Metallica is no ordinary heavy metal band, and was one of the biggest last year. Over the last 13 years the band gained a reputation as a real talent. Their distortionless, complicated guitar parts and defiant vocals were the jarring and exhilarating effects that helped them along the way. Their current album, *Metallica*, debuted on the top of the charts.

Tunes from different worlds



Alan Jackson released his album, *Who I Am*, this year and it immediately zoomed its way up the charts. This hot young country singer has enough potential hit singles on this, his fourth album, to keep him in the headlines for a long time.



The Beastie Boys matured from brats to pop stars in '94 using hip-hop, punk rock, jazz and the '70's-style funk music. Their current album, *Ill Communications*, is their fourth and, according to critics, their best. It's a 20 song collection that showcases the group at its best.



Year End review



Refugees fleeing the dictatorial regime of Fidel Castro were refused entry into the United States. President Bill Clinton ended 28 years of favored treatment for Cuban refugees. He ordered U.S. ships to intercept those fleeing Cuba by boat to detain them at the U.S. Navy base in Guantanamo Bay. Castro was allowing the refugees to leave the island country and tens of thousands boarded makeshift vessels bound for Florida. In 1980 Castro flooded Florida with more than 125,000 Cubans. It was known as the Mariel boat lift.

Heather Whitestone is deaf but yet she achieved her goal of becoming Miss America. The 21-year-old native of Birmingham, Ala., who became deaf at the age of 18 months after a reaction to a diphtheria shot, has five percent hearing in her left ear. The junior at Jacksonville State University reads lips, uses a hearing aid and knows sign language. But her disability didn't impair her ballet performance at the Miss America competition.



National health care legislation, President Clinton's grandest legislative goal of the year, failed to come to a vote in Congress in the final months of the year. The legislation would have guaranteed medical care to all Americans. It staggered under the weight of withering attacks from Republicans and insurance interests for many months. President Clinton and other Democrats immediately said they would try to bring health care legislation back to life next year.





President Clinton signed a \$30 billion Crime bill. The huge law bans the manufacture, sale and possession of 19 specific types of assault-style weapons. It also allows the death penalty for 60 additional federal crimes, including drive-by shooting and car-jacking deaths. As for the money, the law authorizes billions of dollars over six years to build prisons and hire more police. Attorney General, Janet Reno said that 20,000 new police officers should be on the streets by 1996.

Bill and Hillary Clinton entered their second year in office hitting the politics hard and concentrating on the country's affairs.

President Bill Clinton entered 1995 with hope for a better year. Although he won a significant political battle with the Crime bill, he lost the Health Care proposal that he battled for all year. The 48-year-old Democratic president, who struggled to win an up-hill battle against incumbent President George Bush in 1992, said the passage of the Health Care bill was his most important mission as president.

First Lady Hillary Rodham Clinton was the strongest supporter and advocate of the President's health care plan. The 46-year-old First Lady became the leading advocate and spokesperson for the plan and campaigned across the country for its success in Congress. When it failed to become law, she vowed to take up the fight in 1995.

Vice President Al Gore had a 16-year stint in Congress before President Clinton chose him as a running mate. Now, the 46-year-old politician from Tennessee is using that experience on Capital Hill to help his boss move legislation through the bureaucratic maze.

From year-end polls, Clinton seemed to have a slim chance of serving more than one term.

No world peace yet



After years of sparring between the Huitus and the Tutsi minority in Rwanda, a peace accord was signed in 1993. But more than a million refugees were forced to flee to Zaire and neighboring countries a year after the victory of the mainly Tutsi Rwanda Patriotic Front. Disease killed thousands of refugees in several camps. But the U.N. says massacres left more than 500,000 dead.



Haiti is an island of poverty and discontent. President Jeanbertrand Aristide was elected in late 1990. But less than a year later he was arrested by the military and expelled from the country. Coup leader Lt. Gen. Raoul Cedras assumed presidential powers and declared the army to be in charge. A negotiating team, lead by former President Jimmy Carter, struck a deal with Cedras that included having U.S. troops occupy the island and Aristide was returned to power. At one point, more than 20,000 U.S. troops occupied the island.



It's a fabulous day! English and speech teacher **Kay McCollum** flashes an early-bird smile for the camera before leaving for Minneapolis on the senior English trip.

Yawn! Senior **Lindsay Elliott** tries to catch a few seconds of sleep during an early morning cheerleading practice.



Finger painting is fun! Seniors **Love Drew**, **Theresa Grinstead**, **Kara Brown**, **Allison Bair** and **Shannon Hamblet** spent a lot of time painting backdrops for the photo department's new studio.



Ah, the memories . . .

Over the last four years we've shared a lot of gratifying successes and a lot of disappointing losses, but some people say that the best thing they got out of high school were the memories.

"A bunch of us gals got together on Halloween," said senior **Kara Brown**. "and perused the neighborhood in our original costumes."

"I remember the initiation for Steppers when I first made it," said senior **Jaime Griffin**. "We had lipstick all over our faces!"

"One of the things that I don't think I will ever forget

is when I made Senior Board," said senior **Sunny Sanders**.

Although our high school careers were full of fun and surprises, there were also sacrifices that had to be made.

"I wish I hadn't grown apart from my friends from Hoyt," said **Sanders**.

Then again there are those people who didn't mind the hand fate drew for them.

"I don't really think I'd change anything. I've had too much fun," said **Griffin**.

"I kind of like the way things have turned out over the four years," said **Brown**.



Senior Tricia Yencer relaxes after a long day of playing softball. The girls softball team often went to different cities to play in tournaments.

Taking time out from playing with the Ouija board, seniors **Shannon Hamblet**, **Nikole Fees**, **Allison Bair** and **Kara Brown** pose for a picture. These seniors spent Halloween cruising the neighborhood in original costumes.



Michael Adams
Jessica Allen
Ryan Anderson
Brian Archer
Theresa Arends
Michelle Arlaud
Heather Armstrong
Tatum Armstrong



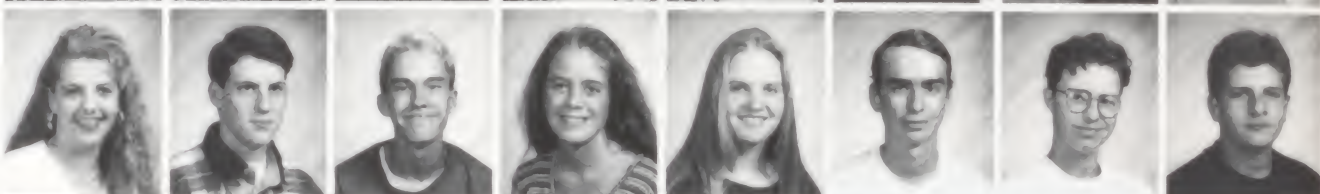
Stephanie Atkinson
Rebecca Auch
Eric Auguste
Brandon Avila
Randall Baber
Angela Bacon
Heather Bailiff
David Baker



Jamie Baker
Tina Baker
Bryan Ballard
Sarah Banks
Chad Barnes
Cassy Bauer
Christopher Baumann
Christopher Beach



Stephanie Beardsley
Matthew Beckman
Brian Bcers
Mandy Bennett
Tracy Berry
Eric Betts
James Bierly
Joseph Blackford



Christopher Blitz
Jack Bolio
Lasa Borne
Brian Boydston
Jocy Boyland
Cynthia Brayden
William Brewton
Larry Brown



Alice Burkhead
Jocy Burkheimer
Diana Bushong
Anne Cady
Gabriel Cain
Jean Caldwell
Khamphoui Calo
Ryan Carlstedt



Henry Carpenter
Jennifer Carpenter
Markisha Carr
Richard Carroll
Christy Case
Ranae Charron
Rindle Childs
Joshua Christenson



Matthew Clark
Timothy Clark
Heather Collins
Rick Conn
Teresa Corbin
Ulrike Cox
Michael Cupp
Erik Davis



Michael Davis
Thatcher Davis
Cory Dawson
Nicholas Dellaca
Ruby Denton
Chad Donahue
Bryon Doncouse
Amy Doornbal





Jennifer Doornenbal
Eric Dority



Don Duff
Michelle Earles



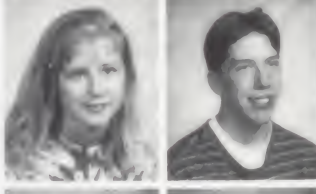
Nicole Edmonds
Brent Edwards



Jeremie Embrey
Delbert Enos



Donald Faux
Jodi Fenton



Jenny Hannery
Scott Hiesher



Amy Flynn
Ian Folsom



Nicholas Forbes
Daniel Foreman



Brandy Foster
Laura Fuller

Looking Ahead

Junior officers work towards a great year.

The opportunity to represent an entire class is a very big responsibility and a great privilege. That's why the junior class elected president, **Missy Garrett**; vice president, **Amy Flynn**; secretary, **Christy Grasso**; and treasurer, **Tammy Halbur**.

Entering into junior life brings on more excitement and more things to be aware of.

"I think juniors should be aware that the decisions they make now will affect them later on in life," said **Grasso**.

"I don't think that the junior class realizes that our senior year is coming up and we have a lot to accomplish before then," said **Flynn**.

Being a role model at East requires a lot of patience and talent but most of all it requires being involved.

"I consider myself a role model for my class because I'm very involved with my school and I take great pride in East. I wish everyone would get involved with the activities," said **Grasso**.

"I actually do feel I represent East, my class and my position as president," said **Garrett**.

With the future ahead of them and their junior class behind them the junior officers have played a role in everyone's life.



JUNIOR BOARD. FRONT ROW: Secretary, **Christy Grasso**; vice-president, **Amy Flynn**; president, **Missy Garrett**; and treasurer, **Tammy Halbur**.



Study Habits

Some do, some don't, some will, some won't, some may, you might... study.

Are you a book worm? Maybe you hate books or maybe you're a knowledge sponge, you just sit there and absorb everything the teacher says and pass every test with flying colors.

Junior **Tina McKinney** said, "I study at home in my room away from all the noise or in study hall."

"I don't usually study, but when I do, I do it in study hall," said junior **David Kephart**.

It's weird. Sometimes it seemed like you studied for hours and flunked a test, then the next time, you forgot all about the test, and then got an A.

"It helps when you study, you know more about the subject for the test," said junior **Gretchen Proksa**.

"It helps out more when someone else helps explain something, it's easier to understand," said **McKinney**.

Kephart said, "I try to learn all of the stuff in class."



Jodi Garner
Melissa Garrett
Amber Gilbert
Melissa Gilbert
Misty Gilciland
Kirk Glass
Kala Goldsmith
Michael Grant



Christine Grasso
Kimberly Green
Stacia Griffin
Valerie Grimes
Jon Grother
Paul Guile
Keli Guile
Tammy Halbur



Thomas Hall
Brian Harlan
Richard Harrington
Sara Hartman
Nicole Harty
Samantha Hatfield
Jessica Haug
Leroy Haws



Alisha Heller
Emily Henry
Greg Hillson
Christian Hines
Jennifer Hoard
Jill Hollister
Jeremy Holmes
Moll Hom



"I know I need to remember this stuff, but why?" Junior **Shophia Matthew** looks very excited about studying American History. In this history class students needed to study on a daily basis to memorize dates, facts, important people and places.

You learn no matter what you read, right? So even if it isn't for a class, you're still learning. Junior **Paul Swanson** is studying, in a way, even if it isn't a school subject. Many teachers gave students reading assignments so they could expand their knowledge and explore their own imaginations.



Salma Hopkins
Kevin Houghman
Jason Houghton
Jeffrey Howe
Joseph Huffman
Jonathan Hull
Barty Hutson
Jeremy Isaac

Valerie James
Heather Jensen
Brad Johnson
Jason Johnson
Matthew Johnson
Shantell Johnson
Tanisha Johnson
Shane Johnston

Jennifer Jones
Kristie Keener
Jack Kellogg
David Kephart
Kristina Kimbley
Angela Kirstein
Mamvong Kittikoune
Scott Knoul

Kristina Kotlers
Patrick Kouang
Jason Kristulek
John Kurtz
Jeremy Kyburz
Jason Lamb
Michael Langford
Ryan Larosee



Showing off his car, junior **Lee Rose** is working hard to pay it off. Keeping a nice car has been a long haul for him.

Excited about his car, junior **David Enos** can't wait to take off. Driving a car brought much excitement to teens.



Wasting Money

Buying cars has become a popular investment for juniors.

Buying cars is a main priority for juniors at school. Licenses have been given through the help of drivers education and now the only hold-up is having the wheels.

"My parents won't buy me a car because they say it's too much responsibility," said **Sue Lee**.

Working is a great financial help to pay off car payments.

"I worked twenty hours a week at Food Saver for eight months before I could afford my Buick LeSabre," said **Jason Lamb**.

But, there are some problems for the "working student."

"My school work hasn't been the best since I never have time to study. By the time I get home, I just want to sleep," said **Travis Risius**.

For some students they don't care whether or not they sleep and keep up with school work.

"I wanted a car really bad. I was sick of my parents hauling me around in the family car," said **Cory Dawson**.

The fact of the matter is kids will always want cars whether they can afford them or not.





Jason Lay
Kaofeng Lee
Mongzong Lee
Sue Lee
Randy Lehman
Jessica Leitzinger
Brandy Levy
Shantell Lloyd

Natasha Long
Stacey Long
Alicia Lore
Carcy Losenicky
William Lovan
Kurtis Loving
Robert Loving
Patrick Lowe

Christine Mallett
Sarah Mapes
Nicole Martin
Juanita Mata
Laura McCoy
Thomas McCoy
Michael McDowell
Chad McFarland

Tina McKinney
Melody Mendenhall
Aaron Miller
Justin Miller
Anthony Mills
Nicholas Minard
Tyson Mixon
Tee Moberg

Bryan Moore
Melissa Morlan
Ryan Moyle
Kelly Mrogenski
Frederick Muller
Patrick Mullin
Lesley Munyon
Amanda Nalevanko

Matthew Nece
Evern Nelson
Theodore Nemmers III
Adam Neubauer
Michael Newton
Robert Nowadzky
Matthew Parsons
Pamela Patton

Ronnie Pauscher
Salammah Pendelton
Rachelle Perdue
Ross Peterson
Vannaphone Philavanh
Yolande Picrson
Ronnelle Poulson
Gretchen Proksa

Jamie Pruden
Jennifer Quijano
Scott Quinn
Shawn Quinn
Thomas Quinn
Celestino Ramirez
Matthew Ramsey
Frederick Randol

Melinda Rattray
Teresa Rayman
Matthew Redshaw
Quentin Reed
Cori Rice
Billy Rice Jr
Phillip Richards
April Richardson



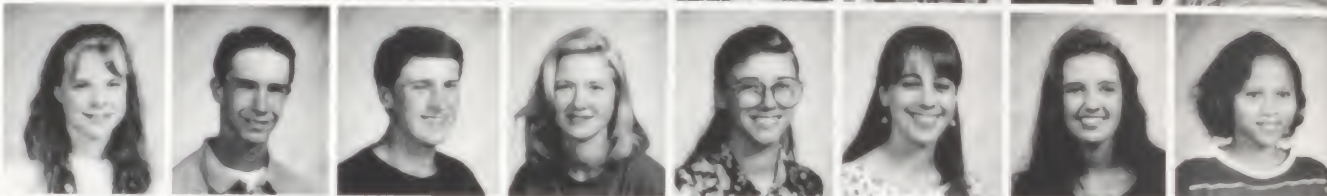
Travis Risius
Bridie Roberts
Heather Roberts
Holly Robinson
Joseph Robinson
Brian Roeder
Lee Rose
Scott Rourke



David Ramage
Robert Rustan
Nicholus Ryan
William Schaffer
Jodie Schlotterbeck
John Selby
Brandon Sharp
Toby Sharp



Diana Sheets
Jason Shelburg
Brian Shogren
Rachelle Shutt
Tammy Sinclair
Sabrina Smiljanic
Amanda Smith
Darvette Smith



Jeremiah Smith
Kevin Sosby
Souringet Soulinthavong
Jason Spargo
Zeth Stammer
Jennifer Stanley
Michael Stanley
Kelly Stapleford



Debra Stevens
Jennifer Stevens
Jamie Stout
Daniel Stoutenberg
Timothy Stroope
James Stuart
Michelle Stutes
Amanda Suggett



John Swacker
Paul Swanson
Brockette Swartfager
Rhonda Swisher
Tom Taft
Matthew Tallman
Jacquelyn Thompson
David Thornton



Jimmy Todd
Stephanie Tolkan
Peter Trost
Jason Tulk
Justin Updike
Michelle Vail
Thomas Van Blaricum
Josh Viritto



Jeffrey Voll
Andrew Von Ahnen
Kheuang Vongchanh
Vangpheng Vongphasouk
Brandy Waldon
Gregory Warren
Corey Weiser
Tammy West



Chad White
Patrick White
Troy Willett
Angela Williams
Chad Williams
John Wing
Eric Winn
Deborah Wirtjes





Amy Wolff
Trisha Wood



Melissa Wooster
Michael Wright



Cheng Xiong
Jennifer Young



Daniel Zarate
Kasandra Zeh



Bradley Zelenovich
Robyn Zohbon

Here's not looking at...

Christina Albaugh
Bobbi Barden
Carlos Bayles
Corey Brown
Andrea Chadd
Destiny Collett
Scott Cooper
De Eric Dixon
Deangelow Dudley
Gregory Fry
Bryan Grube
Mary Hansen
Adam Hart
Tony Hedgecock
Gregory Henderson
Ryan Howell
Sarah Jones
Tshiteya Kabuika
Diana Kha
Kasandra Kling
Thera Leverett
Kenneth Loftus
Charlee Marks
Shopha Matthew
John Mc Clain
Donnie Mc Gee
Victor Morris

Shawntay Murray
Matthew Nelson
Cory Oliver
Monte Ollin
Sith Ounlokham
John Peters
Nikita Poliakov
Cole Porter
Lonnie Porter
Christine Royse
James Sams II
Terra Scott
Kim Sem
Elizabeth Shanahan
Joella Spaine
Jennifer Stammer
Donna Stewart
Eric Tappan
Tyrell Taylor
David Thompson
Troy Van Gundy
Liajdub Vang
Samuel Vasquez
Angela Wagner
Adam Winn
Gina Woods



It's all food and fun for seniors **Sunny Sanders** and **Lacey Storey**. Over the last four years, seniors have shared many memorable moments.




Junior Kaofeng Lee works hard to do her best on the ACT. This exam is common among all the college bound students.

Frustrated during the Saturday preparation class, junior **Brad Zelenovich** practices by taking a pretest. Many students had an easier time on the ACT and SAT after taking the class.


Helping students out, **Carla Murphy** works with the computer to help explain upcoming tests. Everyone had the tests on their minds at the start of the second semester.





College Already?

Students are realizing high school
won't last forever.



Study, study, study! Those were the thoughts of many seniors as they considered their future. Planning for college was the main task for many.

"We have a lot of students come in and ask questions about scholarships, applications, and mostly financial aid," said counselor **Harold Olsen**.

Many seniors didn't think about college until their last year.

"My senior year came around too fast. I still haven't decided where I want to go," said senior **Jeremy Dicks**.

Seniors weren't the only ones planning for their future in college. Many under-classmen also visited with counselors to help them prepare their schedules accordingly.

"I've tried to take courses that colleges would like to see on my application," said junior **Christy Grasso**.

Keeping an open mind was a main priority for college-bound juniors.

"I haven't applied to any colleges yet. I'm still keeping my option open," said junior **Ted Nemmers**.

There was also a group of seniors who had potential, but didn't want to go to college.

"The military is also a choice. We usually have a recruiter speak with anyone interested, but we don't want them to feel pressured into anything," said **Olsen**.

"Also there are 2- year area colleges to prepare students for their future," added counselor **Jean Pillers**.

There was a lot of talk about the SAT and ACT tests. For many, taking them once wasn't enough.

"I have taken the SAT three times and the ACT twice, but I plan on taking the ACT again," said senior **Michelle Potter**.

There was a course taught by Carla Murphy to help prepare students for the tests although some didn't see the use in it.

"I feel if I don't know the information already, a 5 week Saturday course won't help me," explained **Grasso**.

It seems every class level has thought about their future sometime or another and here is some advice to the under classmen.

"Start thinking about college now. Don't wait until you're a senior and time's running out," said senior **Amanda Jackson**.





These sophomore class officers smile for the camera. They were always willing to help out their fellow students and contribute their efforts to make East a more spirited school.

SOPHOMORE CLASS OFFICERS. FRONT ROW: Stephanie Breese (secretary), Kristi Cox (treasurer). BACK ROW: Sabrina Overton (president), Stephanie Carlson (vice-president).



Sophomores

Prepare for the future

The sophomore class officers always tried to give the best to their fellow students.

"We plan to help get a fund-raiser together and raise money for our senior class," said sophomore **Kristi Cox**.

"We want to raise

money to have a good senior year," said sophomore **Stephanie Breese**.

The sophomore class officers always think of their fellow students first and try to set examples that everyone can follow.

"I try to set a good example when I'm in class and I encourage

others to do so as well. Being a class officer is a position of leadership and I encourage anyone to run," said **Cox**.

Sophomore class officers tried to keep involved and make the best of their class. Leadership is a big job, but they managed it nicely.

Bethany Abbas
Hussam Abusharkh



Jill Ackelson
Nicole Ahrens



Carrie Alderman
Ashley Aldini



Angela Allison
Jason Allison



Donald Anderson
Katie Anderson



Mindy Anderson
Angela Archer



Amanda Arpy
Anourine Baccam



Malissa Baccam
Soukham Baccam



Vanhnida Baccam
Tanya Ball





Melissa Bannick
John Barach
Gary Baring
Keith Bates
Justin Bauman
Thomas Bennett Jr
Marrita Benshoof
Nickolaus Bethards

Charlotte Beveridge
Ronald Billingsley
Angella Birkinbine
Marie Blackford
Melissa Bos
Joseph Bosley
Stephanic Breese
Donald Brookes

Anganika Browder
Philip Brown
Tamara Buckner
Lawrence Bundy
Jeremy Butler
Matthew Byars
Kelli Cain
Kingkeo Calo

Stephanic Carlson
Daniel Carter
Joseph Cason
George Casper
Gavin Celia
Alisha Clark
Dale Clark
Pamela Clark

Jamaal Clarkson
Jennifer Cleghorn
Michale Cleghorn
Deandree Cline
Eugenia Coleman
Michael Collins
Tiffany Cook
Brian Corbin

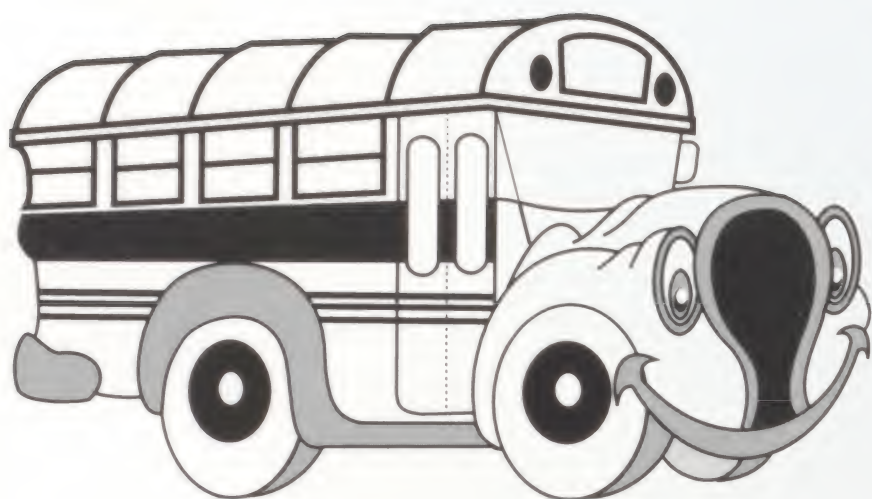
Jenifer Cosner
Paige Cowger
Robert Cowie
Kristi Cox
Nicole Crook
Anthony Crum
Andrea Curl
Jamic Dahlberg

Brenda Dalrymple
Cortnei Davenport
Anthony Davis
Autum Davis
Darrell Davis
Lawrence Davis
Jason Doncouse
Sally Downing

Lindsay Dudley
Tywon Dudley
Jason Duke
Steve Duncan
Jessica Dutenhoeffer
Casey Earp
Sarah Elder
Joy Elliott

Michael Engelbrecht
Adam Erickson
Christina Estrada
Jennifer Fallis
Robert Ferrell Jr
Laura Fetter
Jerrilyn Finch
Adam Fisher





Hey! Wait!

*"How am I going to get home?"
"I really need my license!"
Students dread the terror of not having a car.*

There should be a sign saying, "Will work for a ride home!" Sophomore **Stacey Hull** is trying to beg a ride home from school. Many sophomores were stuck traveling by foot during the year when their rides canceled out.

"Hey Brad? This is Janet. Can you do me a really huge favor? Can you give me a ride to the game if I give you gas money?"
"Sorry Janet, I'm just ready to walk out the door. I'm going to the game myself and I have a whole car load of people to pick up."
"Okay, I'll call someone else."
"Why don't you ask your mom to take you?"

"WHAT?!?! Ask my mom! Are you nuts?"
"Sorry."

This scenario was common throughout the year for many sophomores. The majority didn't have their licenses and had to be on the lookout for anyone who could drive. Night life was pretty much on hold also.

"I basically didn't have a life. Pretty much what I ended up doing was staying home or going to the games somehow," said sophomore **Tony Davis**.

"I didn't go out much before I got my car, my parents were too strict," said sophomore **Tasha Welch**.

The Metro bus was one alternative that the sophomores had, if there was a route to where they lived.

"Unfortunately, I had to ride the bus. I hated it," said **Welch**.

"I never rode the bus because there isn't a route going out to where I live," said **Davis**.





Leslie Foreman
Matthew Forest
Brandy Fox
Ryan Fox
Glenna Frank
Amanda French
Jenie Fuller
Timothy Galvan

Heather Garcia
Heidi Garcia
Nichole Garringer
Thomas Gary
Jeffery Gathercole
Shawna Gering-Brown
Erika Gervais
Daniel Gilbert

Vijaiand Gobin
Amy Goddard
Trent Good
Rachel Gossen
Shannon Gossen
Melissa Gray
Mary Green
Heidi Green

John Groen
Jennifer Grund
Christopher Guffey
Lisa Guile
Ryan Haag
Deann Hale
Ryan Hale
Kimberly Hamilton

Shari Hansen
Charity Hart
Scott Haworth
Donella Haygood
John Heldenbrand
Matthew Helmers
Rebecca Hewitt
Billy Hill

Jeremy Hills
Amy Hollingsworth
Angela Hovey
Brian Howard
Kristina Hughes
Amanda Hull
Stacey Hull
Sheila Hummel

Matthew Humphrey
Matthew Hunt
Scott Hunt
Michael Ingersoll
Davenita Isacc
Jacki Jacobus
Valora James
Angela Jenkins

Angela Jennings
Kati Jividen
Jessica Johnson
Misty Johnson
Lara Jones
Nicholas Jones
Gaston Kcahna
Michael Kephart

Jason Kern
Adam Kilgore
Mandy Killen
David Killmer
Lisa King
Steven Kitiklatisak
Katy Knight
Nicole Kock



Sophomore artist Job

Yamen shows off some of his artwork. **Yamen** drew pictures for the Scroll and Quill all year.



Keopascuth Kouang
Amy Kroeger
Brent Kruse
Nicki Lacquement
Melissa Lamb
Christina Lamberti
Dianna Lambrix
Lucas Lampman



Michelle Langford
Lance Larson
Rodney Larson
Timothy Leabo
Amy Leeper
Jennifer Lecte
Anna Lefleur
Donald Lehman



Matthew Leonard
Melissa Lester
Emily Lewis
Laura Lewis
Kevin Lightner
Nichole Littel
Jennifer Lloyd
Tou Gee Lo



Lydel Lockman
Chad Lortscher
Diane Lovan
Vilayphone Lovan
Shane Lovell
Abigail Lozano
Stephanie Lucas
Linsao Ly



Drawing Toward Success

*Sophomore artist
Job Yamen uses his
talent to steal the
spotlight.*

In any high school there are many students who stand out among their peers. Some of these students are recognized for their community or school participation, while others rely solely on their talents to gain recognition.

Sophomore **Job Yamen**, artist for the Scroll and Quill, uses his artistic talents to propel himself into the lime light.

"It was cool to see my work in the newspaper and especially in the yearbook," said **Yamen**.

Unlike other extraordinary students, many years of practice and experience were required for **Yamen's** success.

"I started when I was about two years old," said **Yamen**. "I used to draw for fun whenever I had the chance."

Like many other talented students, **Yamen** plans to continue his art after high school.

"I plan on going to art school for a while. Then hopefully make it as a graphic illustrator," said **Yamen**.



Adam Mammiga
Melissa Mauk
Rodney May
Brant Mc Aninch
Angela Mc Cann
Becky Mc Carl
John Mc Caubey
Jolynn Mc Cuen

Wendie Mc Cuen
Adam Mc Fadden
Dennis Mc Mahon Jr
Craig Mc Williams
Abby Medearis
Michael Medina
Kasie Mefford
Jeffery Metheny

Cortez Miller
Patricia Mills
Jennifer Moon
Michael Moore
Natasha Moore
Angie Moyle
Jennifer Mullins
Nicholas Mundy

Mary Murphy
Jennifer Murray
Thomas Murray
Jenni Myer
Nicholas Neal
John Nelson
Nam Nguyen
Timothy Nicoletto



Jeremy Noble
Michelle Oliver
Eugene Olson
Sherida Oltman
Martin Osborn
Sabrina Overton
Debra Palmer
Sadanan Panvarce



Coleen Parcel
Crystal Patterson
Jermaine Patton
Holly Payne
Stephanie Payne
David Penake
Vanessa Perkins
Michael Peterson



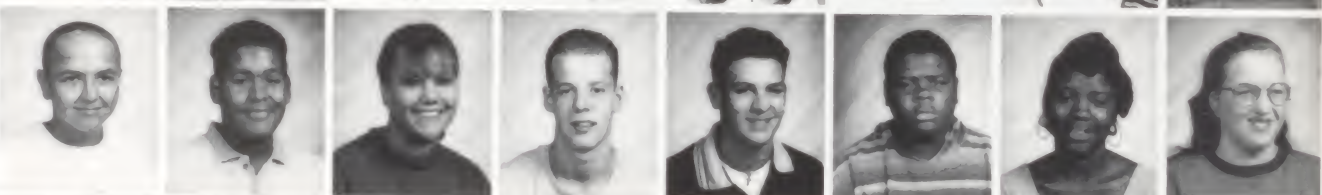
Kaiphat Phaydavong
Jennifer Pierson
Jessica Piper
Megan Plummer
Dawn Porter
Kelly Potter
Jason Potts
Mark Presswood



Jennifer Prudencio
Heather Purcell
Tommy Rager
Sabas Ramirez
Jennifer Randolf
Martha Reasby
Carrie Reese
Bradley Reuppel



Bradley Reynolds
Drew Richardson
Kelley Rife
Jessie Rivas
Shaun Rivas
Terrance Robinson
Tyanikka Robinson
Tara Robuck



Natalie Rooker
Regina Ross
Roy Ross
Chris Roustio
Sean Saddoris
Timothy Sams
Jay Samuelson
Michelle Schillinger



William Schillinger
Martin Schnoor
Matthew Schnoor
Nathanael Scott
Brendan Shanahan
Wendy Sharon
Jennifer Sharpnack
Dawn Shaver



Laura Shelton
Vanessa Shelton
Adriana Shilling
Ryan Shipman
Jason Short
Timothy Sims
Olga Sklaventis
Danyell Smith



David Smith
Tina Smith
Leann Sou
Jamie St John
Zachary Stammer
Christopher Standley
Chad Stephenson
Randall Stevens





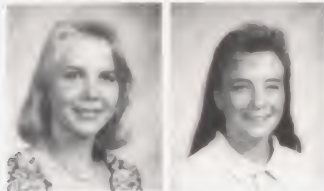
Nicole Stevenson
Stacy Stewart



Lucas Storey
Amanda Strahl



Robert Straub
Jamie Swacker



Patience Swacker
Amber Swayne



Jaimee Swayne
Victoria Swinchart



Cindy Taber
Christina Taha



Kevin Tallman
Letisha Taycher



Brian Taylor
Joseph Thomas



Cynthia Thompson
Jacob Thompson

That Hurt!

The first words on body piercing. Students divulge all about body decorations.

It is an argument that has gone on for generations and undoubtedly will for generations to come. Little girls and boys all across the world, going to their parents for permission, and quite often approval, to punch holes into and back out of their bodies.

For many students, earrings are no longer a new adventure but rather old news. Some of them chose to update their lobe wear, while others ventured into completely uncharted territory.

"I wanted to show how truly unique I am," said senior **Sunny Sanders** about getting her navel pierced, "and prove to everybody my individuality."

In addition to pierced navels, nose studs were also a not-so-uncommon sight while walking down the halls of EHS.

"Some people think it's neat and some think it's vulgar," said senior **Amy Loftus**, "and some people just don't know what to think."

One thing is for sure, no matter the location of the hole nor the response from others, the few unique and punctured of the east side are keeping their decorations.

"Nothing could make me get rid of it," said **Loftus**. "Nothing!"



Beauty is in the eye of the beholder. Senior **Amy Loftus** is used to getting the occasional stare when donning her decoration of choice. For many students, body piercing was just another way to express their individuality.



Johanne Thompson
Kenneth Thompson
David Tilden
Orlando Turner
Dustin Tyler
James Tyler
Aniekah Ubom
Stacy Vahey



Ryan VanDalsem
Matthew Van Gundy
Troy Vance
Jeremy Venn
Ryan Vitrutto
Noi Vongchanh
Markus Wagner
Winell Waterhouse



Jennifer Watkins
Benjamin Watson
Steven Webb
Tiffany Webb
Jay Wedman
Natasha Welch
Barbara West
Sarah West



Raymond Whitlatch
Jack Whitlow
Chasyti Williams
Jesse Williams
Mikisha Williams
Kathleen Wilson
Amy Winebrenner
Nicholas Winterberg



Laura Wiseman
Molly Wood
Diane Woodard
Melissa Woodard
Markedia Wright
Job Yamen
Joseph Young
Krystal Young



Here's not looking at....

Jason Alloway
Robert Apt Jr.
Vathana Baccam
Christina Battin
Brian Bell
Amy Betts
Jerry Bickford II
Carol Blair
Elizabeth Blakely
Danielle Blue
Talisa Butts
Tiffani Cason
Russell Clark
Tanya Cleghorn
Amanda Coppick
Russell Crane
Derrizett Cropp
Kylie Culp
Rob Dalton

Jennifer Deaton
Montez Deering
Rosemerry Derry
Evan Dezwann
Lisa Dix
Jeffery Dougherty
Joseph Dycus
Melissa Estrada
Felix Gomez
Jeffery Guyer
Maaret Hall
Kevin Hamm
Eric Henderson
Vann How
Joel Jones
Dustin Kintz
Clifford Kite
Daniel Koehly
Joshua Kuehler

Jennia Leach
Russell Lewis
Amy Lindee
Elizabeth Lloyd
Misty Ludington
Todd Lund
Phu Luong
Stacey Mc Crea
Amanda Mc Fadden
Laura Mc Kinley
Shanna Miles
Jeffery Miller
Roy Milligan jr.
Ryan Navratil
William Oline
Jeremy Olson
Larisa Palmer
Rebecca Patterson
Paul Poggenpohl

Bryan Praksa
Christina Ramirez
Jennifer Reasoner
Lesvia Ruiz
Lee Sayaxang
Angela Smothers
Jennifer Sparks
Kevin Thomson
Joe Tilley
Sara Vestal
Bradley Wadsworth
Brett Wadsworth
Jeremy Watts
Gene Way III
Dalonda White
Christina Yaw
Todd Yaw
Helen Young





Traveling on Horseback

riding horses and traveling to new and exciting places, why not combine them?



Learning to ride a horse and race into the wind, **Sadanan Panvaree** has mastered the art of horse riding. **Panvaree** was found at Rising Sun Stables at least twice a week and will never in her life give up her love for horses.

Graduating from high school, going to college, becoming a lawyer and getting married are the goals for many girls. **Sadanan Panvaree** came to the United States from Malaysia when she was young and her dreams may now come true with the help of loving parents and her own motivation.

Thinking about her future isn't the only thing on her mind. She also has a passion for horses and has been riding for many years.

"I love horses and I go horseback riding almost every week," said **Panvaree**.

"Having traveled so much has given me a good view on how other people live in other parts of the country," she said.

Sadanan traveled to Japan when she was 11 years old, England when she was seven years old and to France when she was nine.

Doing well in school has always been high on her list.

"My parents have always been very strict when it comes to grades and I respect that," she said.

Her good grades have shown through the years with her 3.4 grade point average.

"I really haven't had to worry much about getting good grades, they come naturally," she said.

Working hard and striving towards what you want can pay off in the end, all you need is determination.

"High goals, big dreams, and good grades are the ingredients to life on the high road," she said.



KEEPING UP WITH THE JONES'

Profile: Lara Jones. You've heard the expression "keeping up with the Jones's," sometimes it's a pretty hard thing to do, especially if it's sophomore **Lara Jones**.

Jones was a varsity swimmer this year as well as her freshman year.

"It was a lot of fun being on the team, but it took a lot of hard work and concentration," said **Jones**.

The hard work and concentration wasn't a problem for this sophomore, she was a state qualifier for her second year.

Jones said, "I felt it was my greatest accomplishment. I also felt that if I could make (state competition) my freshman year I'd have a better chance making it the other three."

Lara Jones has been competing since she was nine years old.

"I've competed in the East Des Moines Swim Club and in the winter programs," said **Jones**.

The fun, the water, the team members and the roar of the crowds. All these things added to the excitement of a meet, but one thing made it perfect.

Jones said, "Most of all the competition was the best. If there wasn't any competition, you would never get better."

Lara Jones was a sophomore, who was very hard to keep up with, in the pool and out.



Sophomore Lara Jones



"I can't believe them," thinks sophomore **Abby Lozano** about junior **Anne Cady** and sophomore **Lara Jones** as they play "Seefood." After the hard work was over. All the swimmers could relax and be themselves again.



LITTLE FISH IN A BIG POND

Profile: Anthony Crum. He was a little fish in a big pond, so to speak. Sophomore **Anthony Crum** was the youngest member of the 1993-94 varsity baseball team.

"I was the youngest member, but it was okay my teammates didn't bother me when I came up. I had people to look up to, like Mike Leeper and other seniors. They also called me Cookie," said **Crum**.

Every athlete knows what an accomplishment it is to make the varsity team, especially if you are only a freshman.

Crum said, "It was great feeling, I got to play at a level of baseball I'd never played at. It was a great accomplishment for me."

When you win, it's like you're on top of the world whether it was just a regular game or the state competition.

"The first game I won was against Southeast Polk. We had never beaten them before. It was cool that I got the opportunity to pitch against a ranked team," said **Crum**. "My parents were very proud of me, too. They were hoping I would play instead of being on the bench."



Come on, smile. Sophomore **Jeff Metheny** was a varsity wrestler this year and started once or twice for the varsity football team. Many sophomores were valuable assets to varsity teams as well as their regular sophomore or JV team.



This is a very unusual exhibit of Scarlet pride. Sophomore **Lara Jones** bends and bares it for the camera. Behind their smiling, calm faces, anxiety was a common trait for all swimmers especially those with a chance at State.

When you're young everyone tries to give you advice, but sophomore **Anthony Crum** listened to every word Coach **McDonald** told him. Being the only freshman on the varsity team, he was eager for advice and the fun of playing with the "big kids."



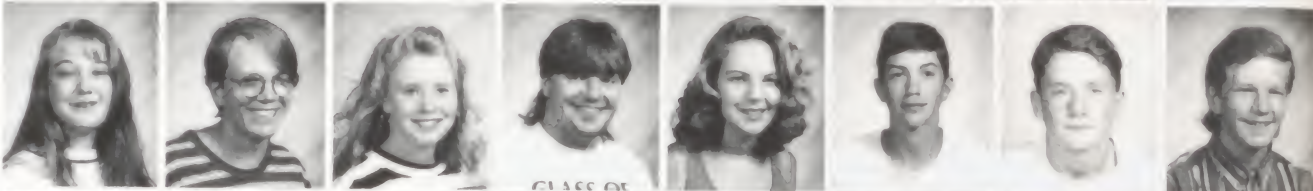
Shelly Airhart
Nicholas Akinkuoye
Nathan Amadeo
Andrew Anderson
Kristopher Anderson
Freddy Arias
Michael Audas
Landna Baccam



Mano Baccam
Pakakham Baccam
Amanda Bailey
Diane Bailey
Mindy Baker
Jennifer Ballard
Amy Banks
Debra Banks



Elizabeth Barefield
Douglas Beach
Angela Beason
Michael Beerbower
Danielle Bell
Adam Bennett
Richard Bennett
Lewis Benson



Stephanie Bernard
Scott Betts
Joseph Bitting
Neil Bitting
Courtney Blakeman
Szymon Bojdo
Angela Bolio
Michele Bond



Jennifer Booth
Jamie Boyd
Amy Braaksma
Pamela Bradford
Cecil Brewton
Michael Briant
Dale Brockman
Laurie Brown



Resina Brown
Rodney Brown
Leah Browne
Rebecca Buchholtz
Dana Bucklin
Jason Buchler
Thomas Burk
Shane Burkhead



Rachel Byars
Annie Byers
Kenna Byers
Adam Calvert
Chad Campbell
Jennifer Campbell
Sara Campbell
Angela Carcy



Rickie Carlson
Shannon Carlson
Martina Carr
Michelle Case
Richard Celander
Steven Chance
Sheela Cheek
Lotty Childs



Sarah Christenson
Phillip Clark
Craig Clark
Angela Clater
Gina Cole
Maya Coleman
Maya Coleman
Christopher Collett





Heather Collins
James Collins



Jeffrey Collins
Kevin Collins



Stephanie Conn
Timothy Connors



Ryan Cook
Jayne Corbin



Shawna Corbin
Paul Costa



Vanessa Coverdale
Nicholas Crawford



Martin Cross
Reed Crowley



Deana Cruchelow
Cody Current



Maurice Currie
Angla Curtis

Making a Change

Trying to make changes was a goal that the class officers tried to accomplish this year.

From the minute you walk in the door as a new freshman you are constantly being influenced to get involved in something. If you were like many others, you finally found something that would really involve you with the entire school.

President **Sarah Christenson** said, "I got involved to try and make a difference in the freshman class."

Students who were involved in being class officers in their middle school years were surprised by the difference in high school.

Secretary **Lacy McCuen** said, "This year being a class officer is a lot more fun than my previous years as one."

Treasurer **Amy Nemmers** said, "It would be more fun if we did more so we're trying to plan more activities."



FRESHMAN CLASS OFFICERS. FRONT ROW: Treasurer Amy Nemmers, Secretary Lacy McCuen. BACK ROW: President Sarah Christenson, Vice-president Tim Page.



McKenzie Daggett
Andrew Davis
Benjamin Davis
Davina Davis
Jessica Davis
Mendy Davis
Joseph Deaton
Justin Dehnert



Rachel Deierling
Colon Deloach Jr
William Den Hertog
Steven Desotel
Marlin Devan
Cassie Deyoung
Ngalula Ditu
Lori Doornenbal



Homero Dozal
Thomas Duffy
Kimberly Duong
Thomas Eddis Jr
Jeffery Edler
Jason Embrey
Bryan Erickson
Kimberly Evans



Leslie Evans
Franklin Ewurs
Travis Farley
Andrea Farnsworth
Shellie Faught
Brenda Faux
Dawn Ferguson
Christina Fetters



Christopher Flagg
Jaelyn Flagg
Monique Flipping
Nicholas Folk
Mera Folsom
Benjamin Forest
Tricia Forest
Billy Formaro



What, give up my pet? Never! Senior **Roz Lehman** and alumna **Lisa Flynn** have fun playing with an iguana. Many students had pets that they thought of as one of the family.

Friends from high school are usually pals forever. But what would happen if one had to leave? These sophomores don't seem to have that problem.





Clarence Foy
Anesha Franklin
Kareem Franklin
Adrien Freeman
Joseph Furby
Rashawnda Gardner
Nicole Garland
Heather Garrison

Jason Garrison
Dana Gerlach
Angela Gilbert
Patrick Gilbert
Susan Gillespie
Nicole Gist
Raymond Gist
Elizabeth Glenn

Ryan Goddard
Matthew Golish
Zachary Goodwin
Elizabeth Govoni
Anthony Graham
Candace Graham
Amanda Grant
Andre Graves

David Graves
Renee Green
Rickie Green Jr.
Andy Gregory
Daniel Gregory
Jodie Griffin
Stacy Griffith
Harlan Grimm

Anthony Grother
Mayme Grother
Freedom Grube
Corey Guessford
Robert Gullion
Tanner Guy
James Hagins
Crystal Hahn

Life's Luxuries

*what is one thing
that you wouldn't
want to live without?*

How many kids have come home only to find their mother is throwing away one of their most prized possessions saying, "Why don't we get rid of this?" How many times have you said, "I could never give that up!"

Everyone has something that they wouldn't want to live without. or a truck with three missing wheels, no one can ever really let the kid in them go.

"I would never give up my purple stuffed elephant," said senior **Angie Salasberry**. "It once belonged to my grandma."

As kids turn into teenagers their values and prize possessions become bigger and usually more expensive.

"I could never live without my stereo," said freshman **ShaRee Thomas**. "Whenever I'm down, it's there for me to play some Boys II Men. When I'm in a good mood, it's there to play some Snoop."

A main question for teenagers was where they were going to get the money for that little luxury item, whether it's a car, a pair of jeans or even a candy bar.

"I have to work for everything I want. Most of my money goes to paying for my car," said senior **Heather Beaman**.



Jennifer Hall
Sarah Halsten
Jodie Hansen
Jason Hanson
Katherine Harrington
Andrew Harrison
Carisa Hawkins
Edward Haworth



Stacy Haws
Jamie Hayes
Joshua Hayes
Travis Head
Chad Heathcote
Steven Heathcote
Jeremy Heldenbrand
Matthew Heman



Daniel Hemann
Christopher Hemesath
John Henderson
Samuel Henderson
Timothy Henderson
Justin Herndon
Toby Herrera Jr.
Rence Hesseltnie



Laura Hewitt
Jodi Hiatt
Joshua Hibben
Angela Hicks
Benji Hildebrand
Andrea Hill
Megan Hill
Tessa Hill



Vanessa Hill
Jodi Hills
Angela Hoard
Jessica Hoard
Arlyn Hodson
Paul Holmes
Michael Housman
Melissa Hovey



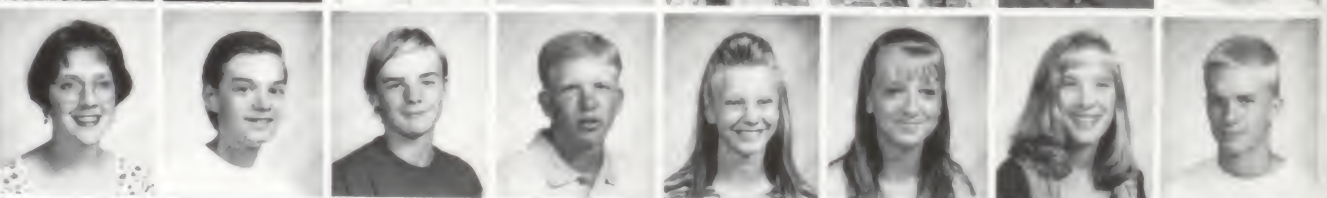
Benjamin Howard
Karessa Howe
Jennifer Huffman
Angela Hughes
Katrina Hughes
Joshua Huit
Christina Hunt
Scott Hutchinson



Melissa Hutchison
David Hutson
Brandy Hyden
Rocio Ibarra
Sarah Ingersoll
Outhay Inthalangsy
Jason Irvin
Terry Iverson



Nicole Jacobs
Christopher Jennings
Leron Jennings
Brian Johnson
Chree Johnson
Jennifer Johnson
Julie Johnson
Aaron Johnston



Lisa Johnston
Joshua Jorgensen
Nathan Kahoe
Patchay Kamvanh
Donald Kendrick
Patricia Kernes
Melinda Kimball
Trond King



Bus Riding

Different strokes for different folks.

Like most bus riders, sophomore **Jerrilyn Finch** rides the Metro to and from school.



Picture this. You're running to the bus stop. The bus takes off one minute before you reach it. You're late for school and you get ISS for two days.

This is not imaginary. It happens all the time to millions of unsuspecting students.

Freshman **Angie Curtis** missed the bus and said, "I didn't get home until 5:30. I almost got grounded."

"I missed the bus and got ISS," said freshman **Katie Harrington**.

Even kids who catch the bus have mixed opinions on their luck.

Freshman **Jeremy Vansice** said, "I appreciate the fact that it is pretty safe and efficient."

Freshman **Nicole Slater** said she hated riding the bus because "it smells and it's crowded. People push you when they try to get on."

Freshman **Keith Twombly** said he liked riding the bus because "you don't have to worry about running over little kids."

Many people looked forward to driving so they wouldn't have to ride the bus.

Freshman **Matt Logsdon** said, "I look forward to getting my license so I can get places faster and on a different route each day."

"I definitely look forward to getting my license," said **Harrington**. "Who wants to ride some skanky, stinky, overcrowded bus!"



Students are dropped off at the next closest bus stop when they pull the brake cord.

Students socialize while riding home. They got the latest news about friends' love lives while riding the bus.



In an attempt to give **Nicolas Kligopoulos** a closer look at the bottom of the trash, senior **Nick Medina** is stuffing hard. Freshman hazing is rarely seen anymore.



Making their Mark

Freshmen find transition easier than they thought.

Seen scurrying through the halls in a dazed and confused state, the freshmen seem everywhere.

Freshmen hazing is a rarity these days.

"I was locked in a locker near the first of the school year but I managed to escape," said freshman **Charles Tonsi**.

Being confused is an even bigger problem for freshmen than being lost.

"A freshman came up to me and asked how to get to the gym. I asked her which one," said junior **Deborah Wirtjes**. "She looked totally confused and lost."

Fear of the attendance policy keeps freshmen moving quickly in the halls.

"I have to run all over the school to get to my locker in the band room, and then go all the way to the second floor to my assigned locker," said freshman **Andrew Anderson**. "I can't be tardy to class every day."

The transition from junior high to high school wasn't as hard as they expected. Next year, maybe they will be pros.

Vanessa Kinnear
Rachael Kinney



Manivone Kittikoune
Nicolas Kligopoulos



Amy Klopfenstein
Kelly Kraska



Jennifer Laake
Elizabeth Lamb



H. Marie Lamb
Jennifer Lamb



Richard Lane
Bryce Landers



Jody Landers
Justin Leader



Jaymi Leaf
Elisabeth Leclerc



Felicia Lee
Kamilia Lee





Marcy Lehman
 Robert Lehman
 Lance Lethcoe
 Kristopher Lightner
 Joy Lloyd
 Cindy Lo
 Matthew Logsdon
 DeEnda Lopez

Reggie Lopez
 Kalongkhone Lovan
 Rhonda Loving
 Kimberly Lucc
 Justin Luncsford
 Tony Ly
 Kenneth Manirath
 James Marker II

Michael Martin
 Heather Martineau
 Timothy Mastin
 Genaro Mata
 Monica Mata
 Danielle Mathias
 Presha Matticks
 Stacey Matzke

Adam May
 Christina Mc Cann
 Heather Mc Carl
 Courtney Mc Clelland
 Melinda Mc Connell
 Lacy Mc Cuen
 Alesha Mc Elvogue
 Amanda Mc Farland

Ryan Mc Intosh
 Amy Mc Mullen
 Melissa Medearis
 Nicholas Menough
 Todd Mentzer
 Amy Merryfield
 Stephanie Merryfield
 Christopher Merten

Gary Messer
 Cynthia Michael
 Jason Miller
 Kevin Minard
 Matthew Mitchell
 Teresa Moberg
 Sarah Modglin
 Kevin Mogle

Starlet Monaco
 Jeannine Mooers
 Ladondra Moon
 Ryan Moses
 Fabian Mota
 Blaine Moyle
 Mark Mullin
 Robyn Mundo

Kevan Murphy
 Mindy Murray
 Raymond Myers
 Shawna Nelson
 Amy Nemmers
 Kathryn Nevins
 Jill Nowadzky

Jennifer O Connor
 Erin O Connor
 Jessica Oldham
 Ismail Oliver
 Eric Olson
 Erika Olson
 Kate Olson
 Mathew Olson



Sister Spirit

*They may be sisters by blood,
but cheerleading rallied them
together this year.*

It's not uncommon to have friends in an organization together, but what about siblings? That is the case for the Carlson girls. No, they're not triplets, just three sisters that have the same interest in cheerleading.

Senior **Stacie Carlson** is on the varsity fall/winter squad, sophomore **Stephanie Carlson** is on the sophomore fall/winter squad and freshman **Rickie Carlson** is on the freshman fall squad.

Although they aren't on the same squads with each other, it seems like one is always there to help the other. That can be seen as both good and bad.

"It's easier having two experienced cheerleaders there to help you outside of practices and it's actually more fun," said Rickie. "The bad part is that they are always picking on me and telling me what to do or not to do. But I know they are just trying to make me a better cheerleader."

"It can sometimes be annoying with two sisters because it seems like you're always with them, especially during the summer practices. But it gives you a chance to meet and become friends with people from their squads, too," said Stephanie.

During the year, things can get a little hectic and it's even possible to accidentally wear the wrong uniform if they all look somewhat similar.

"I went to the pancake breakfast with Lindsay Cochran on the day of the Homecoming game. We were just sitting at a table when the mom of one of the varsity cheerleaders told me that I had the wrong shell top on. Stephanie's shell looked so much like mine that I just threw it on without thinking! I ended up having to run back home and change before it was time to be at the game since it would look kind of funny wearing a sophomore shell and cheering at a varsity game," said Stacie.

Cheerleading is the farthest thing from any of these girls' minds at Easter-time (1983). Their interests changed when they entered junior high at St. Joseph's Catholic school.

On vacation, the Carlsons are not camera shy when it comes to getting all three in one picture. They obviously had what it took to wow the judges at tryouts last year.



Amanda Ortega
Frank Ounlokham
Christina Overton
Josie Owens
Matthew Oxenford
Andrew Padgett
Timothy Page
Kate Pagel



Angela Parsons
Laura Pastore
Curtis Patton
Lucas Payton
Jeremy Peacock
Angela Pebbles
Joseph Peck
Melissa Peck



Alicia Pencook
Shaheed Pendleton
Thanongsack Pephiron
James Petefish
James Peterson
Nicholas Petty
Kaiphet Phaydavong
Southida Phimphangsy



Angel Pilmer
Paul Poggenpohl
Brandy Porter
Steven Porter
Palina Prasasouk
Thomas Prince
Aaron Pruitt
Stacey Pruitt





THE CARLSON SISTERS. FRONT ROW: Stephanie, Rickie. BACK ROW: Stacie.



Raychelle Puchta
Scott Rabey
Amanda Ragan
Estevan Ramirez
Kenneth Randolph
Cory Rankin
Holly Reese
Hillary Reynolds

Nathan Richards
Alvin Richardson
Sarah Riggan
Dennis Risius
Anthony Rivera
Charles Robbins
Hope Robbins
Bethanie Roof

Honec Ross
Montgomery Ross
Paula Roush
Brian Ruchti
Michelle Sabin
Angela Sager
Matthew Salasberry
Heidi Sanders

Emily Sawhill
Katie Sawhill
Kendra Sawhill
Keri Sawhill
Brandon Sayles
Kimberly Scarlett
April Schatz
John Schatz



Freshman Follies

Freshmen take to a new and unfamiliar place hoping to be Joe Cool, but not everyone is perfect. They experienced some embarrassing moments and actually lived to tell about it.

Everyone experiences embarrassment, there is no way around it. Especially when you're starting in a strange, unfamiliar place like high school. Whether it's falling up or down the stairs, dropping your tray in the lunchroom, or being bullied by the seniors, every freshman is a candidate for embarrassment and some form of harassment or teasing.

"I haven't seen too much teasing, but as long as it isn't me, I don't care," said freshman **David Suggett**.

"The funniest things I've seen in the hall are when people trip up the stairs. Even seniors do it after being here for four years."

—Freshman **Jason Irvin**

"The stupidest things I've seen the halls are when couples are all over each other. Like everyone wants to see that."

—Freshman **Jayne Corbin**

"I'd have to say the funniest thing I've seen in the hall is when two seniors made a freshman do push-ups. But the freshman didn't know they were joking and they just wanted to see if he would do it."

—Freshman **Tim Page**

"The funniest thing I've seen at East so far was the day after the first snow storm. My friend and I were walking out of the school and she fell down on a patch of ice. I felt bad because I knew it hurt her, but I still had to laugh."

—Freshman **Julie Johnson**



Everyone has an embarrassing moment that sticks with them over time. Here, freshman **Sarah Christenson** demonstrates how to take a spill without getting too embarrassed.





Gary Schnoor
Dusty Schooley
Grant Scott
William Sevenbergen
Brady Shanahan
Allison Sharp
Nicholas Sharp
Natasha Sharpnack

Joshua Shaw
Justin Shelburg
Martin Shogren
Jason Shootman
Steven Shriner
Richard Shutt
Georgina Siders
Jeremy Sims

Kenneth Sinclair
Khamnoy Sipasuth
Jeremy Skinner
Joshua Skinner
Nicole Slater
Michelle Slaughter
Steven Slaughter
Kirk Sly

Charles Smith
De Shawn Smith
Joseph Smith
Nicholas Smith
Cory Sorter
Siaolong Southammavong
Rebecca Stamper
Mindy Stapleford

April Steen
Jenny Stephenson
Dustin Stevens
Christopher Stewart
Joshua Stewart
Lindsey Stocker
Donald Stone Jr.
Cory Strahl

Randall Strong
David Suggett
Debra Terry
Kari Teske
Krystal Tharp
Scott Thomas
Sharee Thomas
Brandon Thompson

Joseph Thompson
Keri Thornton
Christine Timmerman
Jeremy Toland
Tascha Tongeson
Terry Trenter
Juan Trenter-Aguilar
Tiffany Trevillyan

Jon Trogdon
Krista Truman
Katrina Tudor
Keith Twombly
Herbert Underwood
Kristie Vahey
Emily Van Horn
Chanthone Vang

Lee Vang
Erick Vanhorn
Jeremy Vansicc
Holly Viers
Brenda Villarreal
Ivan Wagner
Kathy Waldron
Scott Walker



DeMarco Walton
David Warren
Brandon Waugh
Matthew Waugh
Heather Webb
Jennifer Weeks
Amy Welch
Cheryl Welker

Carrie Whalen
Melissa Wheeler
Dennis White
Kristi White
Krystal White
Angela Wickert
Kate Wieck
Jodi Williams

Traci Williams
Daniel Winn
Melissa Wiseman
James Woodyard
Kimberly Wooster
Dana Worthington
Heather Wright
Julie Yang

Meng Yang
Jane Yin
Mark Young



Here's not looking at...

Kelly Alloway
Micky Anderson
Sammy Bacon
Lisa Baker
Tory Baker
Jeffery Baldwin
Nicole Barnes
Jennifer Bayles
James Beeman III
Misty Beerbower
Anthony Bennett
Jose Bernardino
Timothy Blackburn
Raymond Boydston
Terence Bragg
Eric Brannon
Chuck Brown
Ronald Bullington
Tisha Burrell
Ronelle Calaway
Keith Chada
Deangelo Coleman
Kristi Conrad
Joshua Dalton
David Daughenbaugh
Angela Davis
Stephanie Davis
Tracey Dawson
Dennis Dellaca
Amber Devan
Derek Donaldson
Christopher Downey
Rosa Dozal

Yakonda Dudley
Christina Dunagan
Jeannie Faight
Lisa Field
Amanda Fox
Jessie Freeman
Timothy Greene
Michael Hafenbrack Jr.
John Harris
Melissa Havens
Tiffany Hawkins
Tonett Haygood
Melissa Hendricker
Amy Hicks
Richard Hicks
Richard Howard
Brenda Hyden
Sarah Jackson
Angela James
Jeremy Johnson
Therasa Johnson
Jeffery Jones
Michael Jones
Roganna Jones
Shafona Jones
Micheal Kelsey
Felicia Kennedy
Raymond Kling
Miranda Kyle
Michelle Lamb
Clayton Lame
Edward Lawrence
Darin Lingner


Shelly Loftus
Phong Luong
Reginald Lyke
Christina Mallory
Kailee Mauk
Christopher Mc Gruder
Mark Murray
Valerie Mc Neeley
Scott Michael
Jessie Miller
Juan Mujica
Trent Nash
David Ortiz
Greg Owens
Stephanie Patterson
Latisha Patton
Richard Patton
Robert Patton
Kimberly Poole
Lonnie Rattray
Tricia Rawson
Terrence Reasby
Sandra Rhiner
Ladonna Rimmer
Brad Rodgers
Brandi Ross
Larry Rowen
Steven Sable
Maysa Sayavongchanh
Matt Schlegel
Neil Schuldt
Teanna Scott
Tyrone Scott

Jon Sibley
Michael Sills
Demarkus Simon
Trina Small
Joshua Smith
Lukas Smith
Richard Smith
Walter Smith
Brandi Smithhart
Angela Stewart
Kristy Stutes
Mesha Taylor
Ricky Taylor
Theodore Thomas
July Thongthi
Souphanh Thongvan
Charles Tonsi
Priscilla Trevino
Ryan Van Dalsem
Chad Van Gundy
Ginger Van Gundy
Emily Van Horn
David Vance
Jessica Vanzee
Sarah Walker
Darnell Whitson
David Wicker
Thomas Williams
Ronda Wood
Jason Worthington
Chrystle Wright



What's that

sound?

OPPOSABLE
Thumbs

ACOUSTIC MUSIC

NEXT Saturday,
NIGHT!!
COME CHECK OUT- Des Moines' Own-
↓VILE SCUM↓
MODIFIDIOUS
-AND DSM's HOTTEST NEW ACT....
STONE SOUR
LIVE AT: **CROBAR** NIGHTCLUB
625 East Court Avenue
Des Moines, IA 50309
(515) 280-1067
\$4.00 8:30 PM.
DEC. 17TH
BOTH BANDS HAVE MERCH TO SELL SO BRING CASH!!

Stop and think about music. When people do, they don't really look at what's local. Surprisingly, with a quick scan of the area, talent can be discovered. Bands have to start somewhere, why not Des Moines?

One of many examples is Stone Sour, a band of four guys who have already released a tape.

"We're not thrash, we're more of a heavy melody," said lead singer **Corey Taylor**.

"We've sent copies to KGGO, KDPS, and KFMG. We have also been guests on KFMG and KDPS."

While they do shows and play their own music, a few covers sneak in along with the Juicy Fruit commercial and the Jefferson's theme song.

Opposable Thumbs offers a mix of acoustic music that ranges from Allman Brothers to Warren Zevon, plus a few Irish folk songs to round it off. They played at 7:00 p.m. at Raul's east-side restaurant every Thursday until the year ended. The band, however, will not be playing together for very much longer. They hope to pursue other avenues of interest.

Next, Rathbones. They have had the fortunate experience to sign with a major label. Their style can be described as anything from sonic to hard-rocking to moody. They have toured less and less in the Des Moines area, but from time to time they poke their heads in and play a few gigs.



How'd You Do That?!

Some people can put both their feet behind their head or maybe they can touch their nose with their tongue but no matter what they do almost everyone has one. You may not show them off because they may be embarrassing, but they are still there and always will be—those unusual talents that you display only to your friends and family and never out in public.

A lot of people have hidden their talents for most of their life, but some discovered and started to show their talents at an early age.

"When I was little I used to cross my eyes for fun, then I tried to moving them in different directions," said junior **David Kephart**.

Other people weren't able to achieve their talents until later on in life.

"I can put my foot behind my head and I discovered it at Stepper camp when we had a weird talent contest so I went up on stage and tried it," said senior **Theresa Golish**.

"My freshman year of cheerleading is when I discovered I could straighten my elbows so far that it looks like I have crooked arms," said junior **Missy Garrett**.

However, there are often some disadvantages to these hidden and unusual talents.

"It's quite easy and fun, but I get dizzy after [crossing my eyes] for a while," said **Kephart**.

Wow! Now that's talent! Senior **Theresa Golish** shows off her talent of putting her foot behind her head.





Junior Missy Garrett shows her unusual talent of 'crooked arms'. **Garrett** often used her talent during her years of cheerleading.

'Googly eyes' are junior **David Kephart's** specialty. **Kephart** has done this since he was two years old and has not been afraid to show it to anyone.



Life as an incoming freshman

Experiencing a new type of environment, the frosh were excited and worried about what was waiting up ahead for them.

While some freshmen are excited about being in a new school, others wish they could go back to junior high and still be the oldest. Here are five freshman opinions about the worst things of starting high school.

1) "I hate being picked on by upper-classmen," said **Amy Banks**.

2) "The worst thing is to be called and known as a freshman," said **Nicki Mooers**.

3) "I hate not being able to drive to school," said **Angie Beason**.

4) "The worst thing is getting lost," said **Megan Hill**.

5) "I hate all the immature boys," said **Kate Olson**.

There also has been some good in being a freshmen. Here are some reasons why everyone likes to be a freshman (at least once).

1) "By being a freshman I have a lot of older friends and the upperclass guys are a lot cuter," said **Sara Campbell**.

2) "I like knowing I can say stupid things and have nobody laugh because I'm just a freshman," said **Lacey McCuen**.

3) "The only good thing about being a freshman is when we were victorious over North in football (our only win)," said **Jason Irvin** and **Jason Hanson**.

4) "Having an older brother that's a senior is great," said **Nick Kligopoulos**.

5) "There isn't anything good about being a freshman," said **Jodi Hills**.

Whether you like to be a freshman or hate it, it is still one of your most memorable years in high school.



While freshmen **Jodi Hills** and **Jill Nowadzky** laugh, fellow freshman **Sarah Christenson** tries freeing her arm from the vending machine. This is one of the few stupid things freshmen "learn" throughout the year.





Nobody has ever actually understood under-classmen and these four freshman have proven it. Unless they were acting in a commercial for deodorant, they had no reason to be smashed together.

Freshman treatment has been around for a while now and junior **Will Brewton** has begun with unlucky freshman **Scott Hutchingson**. Hutchingson did recover his head and had it sewed back on.



Although freshman Katie Nevins can read and write, she isn't tall enough to see it's Mr. Stilwell's private office door. Height was a problem for many frosh.



Radio CRAZE

Radio stations are something everyone can relate to. In the car, at work, or even just for enjoyment, many students find listening to the radio a habit.

"I listen to the radio twenty-four hours a day, seven days a week," junior **Laura McCoy** said. "My favorite radio station is KIOA because I love oldies."

However, there are also those radio stations that annoy.

"If I turn the radio station on, and I hear a song I don't like, I immediately flip the channel. I go through that about four or five times," sophomore **Jennifer Fallis** said.

Out of all the Des Moines radio stations, KJYY and Star 102.5 were the least favorite among students.

"KLYF is my favorite radio station because they don't play songs over and over again. Star 102.5 tends to repeat their songs," said freshman **Renee Hesseltine**.

Some of the most requested artists on KLYF 100.3 were Mariah Carey, Toni Braxton, Sheryl Crow, Ace Of Base, Joshua Kadison and Elton John.

"My favorite singer is Mariah Carey because she has her own style. Her range (5 octaves) is amazing!" said sophomore **Noi Vongchanh**.

KLYF was one of the most popular radio stations. The "KLYF Tonight" program was enjoyed by most students.

Quite a different range came across in favorite radio stations. KGGO, KLYF, KRUU, and KIOA top the list for students.

"KLYF is my favorite because I like the music they play. The Morning Show is great!" said freshman **Heather Martineau**.

There are also those who can't decide on a particular station.

"I don't really have a favorite radio station. I just mostly listen to tapes. That way I don't have to worry about a song I don't like coming on the radio," senior **Andrea Shrum** said.

According to an issue of *Billboard* magazine, top 40 music was making a comeback across the nation. Country looked to be dropping slightly.

The year-old survey showed that the format was down in every demographic group. Country was suffering dramatic losses among teens and 35-64 year-olds.

"I don't like (country music). It's not really my style of music because it's too twangy. All of it is about the same thing, so it gets really boring," said junior **Randy Baber**.

Either way, no matter what type of music you listen to, whether R&B, Dance, Rap, Country, Gospel, Top 40, Modern Rock, or Adult Contemporary, there's bound to be a station you can enjoy.

If there's not, just pop a cassette or CD in. No one can lose that way.



KLYF

Continuous Hits of the





Singing along with their favorite tunes, seniors **Allison Bair** and **Kara Brown** enjoy listening to the radio. The radio passes the time during a boring ride.



With the radio dial all set, senior **Jeff Klopfenstein** and junior **Travis Risius** get ready to cruise the streets. Listening to the radio while cruising is a common habit among many students.

F 100.3
80s and 90s!



Sports

You win some, You lose some

It's the last minute. East has possession and ten yards to go to make the winning touchdown. There's the snap, the pass and the touchdown. Victory is ours!

Each and every athlete has had someone say to them, "You win some you lose some." But for the athlete who caught the winning touchdown pass, spiked the winning point or broke the school's long jump record, the "you lose some" part of the phrase is easily forgotten.

The athlete who missed the three point shot or tripped when his or her relay team was in first place can definitely remember better days, and the "you win some" part seems like nothing more than a dream.

The one thing that kept the Scarlets driving toward victory were the fans. East High pride was seen on the faces of every person in the stands. Their cheers kept the teams' hopes alive and let the teams know all eyes were on them and led the Scarlets to countless victories throughout the year.

But, at the end of the season the good outweighs the bad, the athlete who caught the touchdown pass and the runner who tripped will both end up remembering the same thing—the ones they won.

Whether it goes up and over the goalie's head, between his legs, or bounces off the goal frame and goes in it's a goal. Here the soccer team is well on their way to a point. The team didn't get that much press, but deserved as much as any other team.





Working as a team

Teamwork is the key word for our baseball team.

During the summer when most students were lounging around doing nothing, the varsity baseball team was out practicing.

"We took a lot of time out of our summer to improve our skills at practice," said senior **Gus Childs**.

Baseball isn't just about winning the games, it's about pulling together and making new friends.

"I like to play and I wanted to be on the team with my friends like I've always been," said senior **Albert Hall**.

The team has had a good record in recent years, but has never won State.

"EHS has a strong, winning tradition in baseball and I hope I can help our team improve even more," said junior **Brad Zelenovich**.

This summer has left the team with a lot of memories to take with them whenever they take the field again.

"I'll never forget beating Indianola in sub-state. We played as a team and ended up with a big victory," said senior **Chris Knight**.

This year took a lot of hard work and they ended up with only one win from State.

"It was an upset when we lost to Ankeny in districts, but we always have next year," explained junior **Travis Risius**.

Although the team will lose a few key players now, they still are looking forward to another great season.

"We should have a very promising team. From the look of the juniors this year, our alumni won't be missed too much," said **Childs**.



Coach Powell has a talk with senior **Kevin Schreckengast** before the inning starts. Starting off with a base hit always raised the spirit of the team.

Senior Anthony Clark retrieves a foul ball. Being on the move was a main priority for the team.



Infielders run to home plate to stop a Ram player from scoring. With the East defense, not many opponents succeeded in getting that far.



After a tough inning on defense, the Scarlets prepare to bat. Long sessions during batting practice led to a strong offensive performance.

Coach Powell calls a time out to explain the situation to the infielders. He has been the head coach for eight years.



After a hard game, junior **Travis Risius** is exhausted. He caught for the team during many difficult games.



Best at bat

Freshman baseball team swings into conference champions.

While some people were bummin' at the beach or watching T.V. at home, the freshman and sophomore baseball teams were on their way to victory.

"This year we had a heck of a team and came out winning the conference. I honestly think we were better than anyone else in the conference," said sophomore **Robert Apt.**

"I think we did an excellent job this season and we'll do even better next year," said sophomore **Adam McFadden.**

Winning the conference and being known as champions was only one of the highlights of the season.

"The highlight of the season for me was playing the games all the way up to the conference," said sophomore **Brad Wadsworth.**

"My highlight of the season was at the Ft. Dodge game. I should've had a home run but the ball bounced off the top of the barbwire fence. Nothing got past me on third base and I made every play. I went four for five that game," said **Apt.**

The freshman players weren't the only ones who had a good season. The sophomores did

well, too, according to junior **Troy Brown.**

"I think our team did O.K., but we could've done better. I think we've learned from our mistakes and next year we'll have an even better season," said junior **Jason Shelburg.**

Even the best teams have to have something they wish they could've done better.

"All in all we could've just hit the ball better," said junior **Jason Kristufek.**

"I think we could improve a little on fielding, but we mainly need to work on base stealing. We have the speed, we just didn't know how to use it," said **Shelburg.**

Whether a team wins the conference or doesn't even win a game there are always memorable moments.

"I'll always remember when I hit my first home run for East against Indianola," said **Brown.**

"My highlight of the season was on opening day when I got to start at first base. It was my first time playing baseball in more than five years," said **Shelburg.**

So it all goes to show you, it's not if you win or lose, it's how you play the game.

Junior Scott Rouke looks at the field in disbelief as the game comes to an end. He has played baseball for East for the past three years.





Rounding first base and headed for home. The sophomore baseball team rounded out the season at 16 - 10. The boys are hoping for good things to come when they move up next year to varsity.

Sophomore baseball coach **Brian Carico** congratulates sophomore **Brad Wadsworth** with a handshake for a good game. Brad has been playing East baseball for two years.



The sophomore baseball team watches the game intensely as the score lingers between victory and defeat. Leaving their game memories on the field, the sophomores finished the season with a string of victories.



Line driving

Girls softball effort
results in winning season,
2nd at State

The varsity girls softball team ended its season with a bang in '94. The team had the opportunity to travel to Fort Dodge and play in the state tournament. Although they faced some tough competition, that didn't stop the Lady Scarlets from finishing second in the state out of 64 teams.

"It was my first year at the varsity level and I was extremely happy with our team's success at State," said freshman **Nicki Mooers**.

The Scarlets had an excellent season, going 42 and 11. They were the first softball team to accomplish many different things. They won the most games in one season, had the most stolen bases and had the largest number of metro championships, chalking up 6 out of 7 years. The team had many ups, very few downs.

"We hated losing," said senior **Christina Foley**, "and we didn't lose very often. The losses were reality checks, hopefully we won't have any next year."

"It will be my final year of high school softball and as a senior I would like to accomplish as much as last year. It would be especially great to win State," said senior **Tricia Yencer**.

The team lost two seniors after the season but they felt they would handle the loss in a positive way.

"I really don't think the loss of our two seniors will make a difference in our performance next year. We are a strong team and we will be able to make up the difference," said senior **Nikki Hanson**.

Next year the team will lose their six starting seniors which may have some effect on the team's performance in the '96 season.

"I know there are a number of great athletes below us (seniors) who can handle the challenge," added senior **Tracee Collins**.

"I'll definitely miss the coaches next year. They've taught me a lot. I love Coach Sav like a grandpa," added **Yencer**.



No one knows the crack of the bat better than these girls do. Working and playing hard, they were 18-3 over all.





Conference time! The softball team surrounds coach Bob Savage and they listen intently to what he has to say. The softball team had an excellent year and worked hard to get it.

Sometimes after tiring softball games good friends find time to relax together. Seniors **Tricia Yencer** and **Roz Lehman** were valuable members of the squad.

These players take a moment to smile for the camera before getting a good night's rest before one of their big games. Playing ball was important to these girls but so was having a good time.



Batting her home

Memories bond freshman and JV players together.

Batting, running, scoring and fielding are skills used by all softball teams, but memories are what made the freshman and JV year unique.

Such as serious moments.

"I remember when Trish Wood got stung by a bee at our Walker Johnson tournament. She had an allergic reaction and was taken to the hospital," said junior **Rachelle Shutt**.

They had comical moments that resulted from ignorance on someone's behalf.

"I remember when we played Roosevelt and there was a huge lightning storm. Our coach pulled us off the field and told the umpire we couldn't play any more. The umpire didn't understand why, he didn't see any lightning," said

sophomore **Amy Nemmers**.

They also have moments that they can look back and laugh about.

"I remember when Rachelle Shutt was walking out of the dugout," said senior **Sara Waltz**. "I was batting and Rachelle wasn't paying attention. One of the balls I hit went foul and hit her in her lip. She ended up with five stitches."

"Though there were many injuries through the season, it was still fun and worthwhile," said sophomore **Beth Abbas**. "We really started getting along and playing as a team just as the season was ending."

Both of these teams had a great season and will not soon forget all the great memories.

Freshman Shannon Carlson crosses first base safely. Getting runners on base is the way to win a game.



Senior Tracy Collins is the Scarlets' starting pitcher. She helped the team go on to a winning season.





Group hugs are always nice. Senior **Christi Snell**, sophomore **Wendi McCuen** and freshman **Niki Mooers** kept the team spirit up.

Protecting her bag and making the catch, freshman **Amanda Grant** is making the play. Accurate throws and catches kept the team alive.



Aggressiveness made the Scarlets a great team. Junior **Jennifer Young** was a leader of the team.

Getting a piece of the ball made coach **Bill Carlson** happy. Junior **Amy Flynn** had one of the top batting averages.



Seniors Justine Krieger and Sara Waltz listen to coach **Schnoor** as he explains what he expects from them. **Schnoor** led the team to great challenges throughout the season.

Senior Jo Schnoor concentrates as she swings her club. She was one of the outstanding players on the team.



Posture was an important key to a good swing. Senior **Troy Lawson** has put a lot of effort into it.





Swinging to success

Boys and girls low scores lead to high places

As many people may have noticed in recent years, the golf teams are becoming quite good and beginning to place high in conference competition.

"We finished fifth in the conference and we improved with every meet," said senior **Jo Schnoor**.

"We have put a lot of effort into our meets and it shows in our scores," said senior **Pete Zohbon**.

Golf has been a team sport for a while now but nobody seems to know who is on the team.

Golf has had a limited appeal but hopefully in the years to come it will attract more of the student body's interest.

"Golf is a great game and I wish more people would go out for the team," said junior **Jason Shelburg**.

"When I first decided to go out for the team,

I didn't think any of my friends would, but we all did," said junior **Tony Mills**.

Practicing every day after school (during the spring for girls and fall for boys) is rough, but there are always funny things that happen which keep the team's spirits up.

"I was at practice and before it started, Pete (Zohbon) accidentally hit me in the face with a club. It wasn't funny at the time, but we all laughed at the scars it gave me," said **Mills**.

Despite the lack of fan support, the members of the golf team kept their morale up and showed steady progress throughout the season.

With the boys finishing second in the city and the girls finishing fifth in the conference, the teams are looking forward to next year.

"We've lost a few good players, but with our progress we should finish better next year," said **Shelburg**.



Junior Toby Sharp practices his swing for the upcoming meet. Practice was the main key to perfection.



Seniors Troy Lawson, Andy Osby and Pete Zohbon are a few of the great golf players. Teamwork helped the team raise their scores.



Guts and glory

Girls and boys tennis strive for excellence through practice.

It's a hot spring day. The heat on the clay is intense, as is the match. You hold your breath as the crucial volleys speed on a collision course with the inevitable. The ball lands inside the line and you hear "point-set-match" over the intercom. The crowd cheers as the East High tennis teams win yet another meet.

Part of the teams' success is due to two strong points: cooperation and effort.

"We all try to do our best because our individual matches affect the team just as much as our doubles matches do," said junior **Heather Armstrong**.

"I think I can! I think I can!" Senior **Heather Wormer** bears down on the ball during one of her many matches. The girls tennis team often won through sheer effort and determination.

"I think we are always motivated and never give up," said senior **Chindaly Chounlamountry**.

Another part of team success is the result of plenty of practice and playing time.

"I've been playing for two years now. I played with Cara Kidd one summer and she taught me everything I needed to know," said **Armstrong**.

"I have played for only a year. I got involved with tennis because my best friend, Leang Sou, asked me to join with her," said **Chounlamountry**.





Intent on success, alumni **Cindy Brown** and **Lorena Kerns** walk onto the court for one of their many doubles matches. Alumni played an important role on the tennis teams.

"Up and over!" Alumna **Lori Lethcoe** prepares to serve up an ace during one of her matches. The experience of the tennis teams contributed to the amount of success the teams had.



Creating Memories

Today's football players will think back and remember...

Sitting back in their rockers in about fifty years, today's players will be telling their grandchildren all about their fondest memories in football. The grandkids will hear all about what their grandfathers did to get ready for the games and what happened during half-time.

They might tell their grandchildren how they got psyched for a game.

"I try to be by myself as much as possible. I try to block everything and everyone out and try to concentrate on what I have to do to help the team," said senior **Jon Ivanovich**.

"I go to the Latin King, watch cartoons, and think about the game," said senior **Nate Abbas**.

They could also tell the grandkids what

happened during half-time.

"We usually talk about what can be improved. Raz hollers so we can get pumped up. We never lose hope," said junior **Matt Clark**.

Also the grandkids could hear about their grandfathers' most memorable moments.

"My most memorable moment was when Jack Methany kicked a guy in the butt after he scored and got penalized 15 yards for it," said **Abbas**.

"One of the half-times when we were down, Raz was lecturing us. Nick Medina was really pumped up. He started making funny faces and weird noises. Everyone started laughing at him and Raz yelled at us even more," said senior **Steve Brommel**.

"I think everyone had a lot of fun and we finished third in the division," said Coach **Ned Rasmussen**.

Lending a helping hand. Senior **Nate Abbas** helped pump water for Coach Raz.





On the side-lines seniors **Nate Abbas** and **Rich Armintrout** observe their teammates try to score a touchdown. Even though they weren't playing, they cheered their teammates on.



Hard-won victories peppered the 1994 Scarlets' season. After a hard play, junior **Kurt Loving** gets a much-needed drink of water.

East tries its hardest to score a touchdown during an unbelievable season marked by a 100-year anniversary celebration and a vandalism attempt by a rival school, Roosevelt.



Optimistic Future

Freshman and sophomore football players are giving it their all.

With dedication, hard work and determination, the East High freshman and sophomore football teams put their all into the season.

"When we were playing Roosevelt, we were down by three touchdowns, but we came back to win the game when our defense held them on the third yard line for three minutes to keep them from scoring the winning goal," said sophomore **Tim Leabo**.

Along with hope of winning the game, there were moments that will be remembered by players and fans.

For example, sophomore **Tim Sams** remembers "when Dale Clark caught a pass, fell flat on his back, fumbled the ball in the air and then Nathan Scott came running full speed to catch it, and ran it in for a touchdown."

Freshman **Tim Page** remembers the game against Ankeny. "I got 5 stitches in my chin and got a personal foul on the last play of the game for a late hit on their quarterback," he said.

Coach **Brian Carico** said, "The kids were dedicated, never gave up and always worked hard."



In a play against S. E. Polk, sophomore **Adam Kilgore** helps take out three players. While he did this, his teammates scored a touchdown.

While on the sidelines, the offensive players look to Coach **Brian Carico** for advice. It later paid off in their defeat of North.





In a game against Indianola, the Scarlets strive to do their best. In the end they came up short 33-16.

All their hard work paid off as the Scarlets broke into the end zone against Roosevelt. East went on to win the game, one of two victories for the year.



Coach Darin Schreck gives the players a pep talk during half-time. Coach **Schreck** helped out a lot during fourth quarter stress.



Putting all her effort into it, junior **Heather Bailiff** practices bumping the ball. Practices were time-consuming but paid off during the games.

The team huddles to plan the strategy of the game. Huddles and pep talks strengthen the team and get them ready to play.



Varsity Volleyball Has Another...

Smashing season

The team is having a successful game. Everyone has been playing their best and working together. Suddenly someone makes a mistake and does the forbidden by commenting on the way things are going. Uh-oh! That's a no-no.

If you talk about how good things are going, then your luck will take a turn for the worst, according to this superstition. It also says that if you knock on wood, it will prevent the bad luck—and it works for the volleyball team.

"Last year Tiffany Larson gave me a block of wood because I was always knocking on the floor or something else. The whole team would knock on the wood while in a huddle," said senior **Nikki Hanson**.

"I thought the block of wood was a pretty good idea, it kept the team going," said sophomore **Jessica Piper**.

Senior **Jamie Reidburn** said, "Sometimes it helps because when something went wrong we would knock on the wood. That would help

us get our mind off of things and help us concentrate."

"I would joke around with the girls by telling them I was going to hide the piece of wood. I'm retiring this year from coaching and this was a good bunch of kids to finish with," said coach **Mary Bourne**.

"It was funny how we came across it and kept it but I don't really think it had anything to do with whether we won or lost the game," said senior **Natalie Brown**.

The varsity volleyball team's talent was a big factor in the season record. The group would practice every weekday except Fridays from 5:00-7:00 p.m.

"Coming out of the conference undefeated was a neat experience," said freshman **Megan Hill**.

Junior **Amy Flynn** said, "It was tough competition because everyone knew we were a good team so they knew what to expect."



S.E. Polk's player and junior **Jennifer Young** compete over which side of the net the ball will end up on while **Nikki Mooers** watches to see if she will need to help.

There was a lot of fun added in with the hard work. Sophomore **Jessica Piper**, freshman **Nikki Mooers**, and seniors **Jo Schnoor** and **Nikki Hanson** enjoy a break together.



Young and determined

Freshman and JV teams grow together.

Spiking, setting, passing, jumping, and even push-ups and crunches are a big part of the sport of volleyball.

"Young," a term used by junior varsity coach, **Dave Frost**, is the word that best describes the JV volleyball team.

"We had 18 kids out, six kids that were first year players. We had one freshman, one junior, and a straw of sophomores," said **Frost**.

Because of the fact that they were young, it was much more of a teaching experience to him.

However, no matter who the competition was, many

Talking to players about many different improvements, Coach **Dave Frost** helps students try to achieve higher goals. This year was a teaching experience to everyone involved.

players agreed that they still had fun no matter if they won or lost.

"Even though we didn't have a winning season, everyone got along with each other and everyone had fun," said sophomore **Leann Sou**. "We had a lot of team spirit and we were very determined to win."

"We all stuck to the game even though we lost a lot of games. When we won, it always gave us another reason to give our all," said sophomore **Katie Anderson**.

The fact that the team was young and striving helped them look ahead and practice harder.

"(Volleyball) has taught me to work together and not let

people get on my nerves and ruin my performances," said sophomore **Beth Abbas**.

A lot of people on the team also had a great time because they were playing their favorite sport. Volleyball has helped them work together more as a team.

"(Volleyball) was competitive because we had to work instead of sitting there," said freshman **Angie Sager**.

Both the freshman and JV teams did well this year considering there were younger players on the team and that they were inexperienced.

"For the fact that they were as young as they were and inexperienced as they were, they did real well," said **Frost**.





Ready to attack the ball, sophomores **Sadanan Panvaree**, **Jill Ackelson** and **Jaime Swayne** work their hardest during a game. Many players gained a friendship with other players and grew together as a team.

Enjoying a nice break from a hard day of working, freshman **Megan Hill** expresses her enthusiasm for the sport of volleyball. Players worked many long hours making sure they had their strategies planned out.

Prepared at any moment, junior **Deb Wirtjes** and sophomore **Jaime Swayne** keep focused and prepared during practice. Concentration is a key to any sport.



Boys Track Team Was A...

Leaping success

The boys track team had a great overall year. A total of four records were set at the CIML Conference. Performing and setting records wasn't the only thing that occurred during the year. The track members struggled to accomplish goals within themselves.

For some, goals didn't play too big of a part in the track season. For others, goals were just as big of a challenge as the season itself.

"I mainly wanted to better myself at the 200 and the 400-yard dashes," said junior **Billy Rice**.

"I just didn't have any real goals during the season that I wanted to accomplish," said sophomore **Kevin Lightner**.

Having goals is nice, accomplishing them is another problem, or is it?

"Mainly I wanted to jump higher in the high jump," said junior **William Brewton**. "I believe that I did better myself in this event."

"My goal for the season was to go all the way

to State and I did," said junior **Pat Lowe**.

Along with setting and achieving goals, there always come the downs of the season.

"The thing that disappointed me the most was when I wasn't doing well at the beginning of the season," said **Lowe**.

"Not improving at the hurdles was the biggest downer of the season for me," said **Rice**.

In the end, it really doesn't matter how fast you can run, how high you can jump or even if you break any records during the season. All that really counts is how well you feel you performed.

"In my opinion I did very good as a freshman," said **Lightner**. "I even won a letter my first year out."

"I could've done a little better but I am happy with the way that I performed," said **Rice**.

"I couldn't have done any better," said **Brewton**.

Attempting to get his teammates fired up before the meet, freshman **Geoff Gandy** delivers an encouraging speech. It always helps to have a little encouragement before a meet.



Successfully leaping over a hurdle, junior **Pat Lowe** warms up for his meet against Southeast Polk. This was just one of the many obstacles they overcame during the season.

Accompanied by a couple of teammates, sophomore **Lance Larsen** takes a break after a run. It took a lot of hard work to overcome the mental as well as the physical obstacles.



Going for the gold

The youngest team ever has a prosperous year.

When you hear "Track!" screamed through the halls, you know they're coming. Sprinting by, taking corners like a flash of lightning, the girls track team worked hard every day after school.

Track started March 1, but many girls started training earlier.

"I ran every morning in the summer and started jogging at night in January," said junior **Diana Sheets**.

Everyone had their own opinion of what was the toughest race.

"The 400-meter hurdles is the hardest, everyone knows that," said junior **Amy Flynn**.

"The 400-meter sprint is the hardest and longest, flat-out sprint," said junior **Rachelle Shutt**.

Some meets were hard, others were harder.

"Our hardest meet was districts in Newton," said junior **Jennifer Young**. "We

started out with a dropped baton in the 4X100 and we lost the lead. Then in the sprint medley we were in front again, had a bad hand-off and one of the girls fell."

"Every meet brings new challenges, however, the City Series meet is really important to all of us," said senior **Tara Carey**. "We've been the city champs two years in a row, and we're all hoping to continue that."

Many goals were set and met.

"My goal was to go over the hurdle with an alternate leg lead. I met it a couple of times, but most of the time I chickened out and only made it with one leg at a time," said sophomore **Kati Jividen**.

"I wasn't quitting, no matter how hard it got," said sophomore **Amber Swayne**.

Girls sticking together as a team is what made the track season prosperous. Many girls will be returning to defend their City Series champion title.

Spreading her arms for lift-off over the hurdle, senior **Chris Foley** flies. Hurdlers were known for their bruised and skinned knees.





Five minds are better than one when thinking up strategy against the competition. Group stretching and socializing was often seen.

Trying to bring on a sweat, the girls track team has bundled up for a jog. Track begins in cold weather and ends in warm.



Feeling disappointed, junior **Rachelle Shutt** sits disgusted. Runners felt frustrated when their expectations were not met.

Sprinting to the finish line, senior **Kish Harris** gains a burst of energy. The final 100 yards seemed to be the toughest.



New coach, new season

Soccer team faces new challenges.

East soccer players: Wake up! It's now time to choose between soccer or track. Which one better suits you? Now that you have soccer in the spring, it is now a choice you'll have to make.

East athletes faced a new challenge as they had to choose whether they wanted to play soccer or do something else. With soccer now in the spring and not the summer, it was a new beginning for many involved in soccer. Discovering how many were to go out for the team was unpredictable.

Head coach **Rob Boley** said, "Numbers might improve (next year) because it's during school. Not as many kids are working in the spring as in the summer."

"The only competition will be track," said assistant coach **Tim Leonard**.

Before the change of season, though, some couldn't play because soccer was in the summer rather than the spring. They were either too busy, too tired, or were just plain working.

"It's too hot and inconvenient in the summer," said sophomore **David Penake**. "Too many kids are busy working or doing something else."

Nevertheless, the change of season proved to be an advantage to many.

"In the spring the weather is cooler," said sophomore **Brendan Shanahan**. "You get tired quicker in the summer because of the heat."

Freshman **Brandy Thompson** said, "It's better in the spring because there are no conflicts with other activities in the summer. Players have more freedom."

In earlier seasons, the soccer team has had problems with age and inexperience.

"Even though the team was young, we played hard and never quit," said alumnus **Adam Fuller**. "I'll always be proud to be associated with the East High soccer team."

As well as having a new season, the soccer team also got a new head coach last season.

"Our new coach (Rob Boley) brought to the team new skills, more hope and motivation, and a new chance at improving the team," said senior **Tim Voll**.

Senior **Brian Jones** said, "I like the coach. He knows what he's talking about."

With the new coach and new season, the '94 soccer season truly proved to be a unique one.



After catching a goal shot, sophomore **David Penake** prepares for his next move. **Penake** was the starting goalie for the '94 season.





Alumnus Kito Philavanh kicks the ball by a Bondurant player in their 1st game for the season on June 6. Bondurant won 2-0.

Going in for the play, freshman **Travis Farley** tries to get a hold of the ball. Although the team had a tough season, the players tried their best to improve last year's record.



Injured players sophomore **Brendan Shanahan** and alumnus **Adam Fuller** sit on the sidelines as managers take a glance back. The team faced the challenge of many players getting hurt.

Before the soccer jamboree, coaches take time out to discuss strategies with the few players that they had. Number of players was a big problem for the '94 soccer season.



Stretching is important to do before running so your muscles don't cramp up. Freshman **Ryan McIntosh** stretches his arm muscles before a race.

At practices the team would run an average of four to six miles so they would be prepared to run the required 3.1 miles at the meets.



Sophomore Kevin Lightner struggles to pull ahead of an Urbandale team member. Setting a pace at the beginning helped to save energy.

The team waits at the starting line for the race to begin. Waiting, stretching, and actually running were all involved at meets.



Running the distance

The young can make a difference.

They don't feel the chill in the air with the sweat pouring down their foreheads. Their legs carry them towards the end.

This was what the team experienced after running several miles.

The boys cross county team ran many miles each day at practices, but it wasn't all work and no play. There was variety added by changing the routes they ran.

"All the practices were different from the one before. We tried to have fun while running," said Coach **Don Graves**.

"The practices were real loose. They were not real strict and there was a lot of joking around," said freshman **Ryan McIntosh**.

Each runner on the team added a little personal variety to the practices in their own way.

Junior **Chad Donahue** said, "I wore a gray Afro wig to the first practices. It was my happy wig because it made other people laugh, which

got me in a better mood."

With only two upper-classmen on the team, it was basically a building season.

"Because the team was made up of mostly seniors the year before, we had an entirely new varsity team that I think did very well for that young of a team," said **Graves**.

"We knew the team wouldn't be a major contender, but don't count us out next year," said **Donahue**.

Unexpected quirks made each meet different from the one before.

Sophomore **Troy Vance** said, "Second time around the track my shoe was starting to fall off and I didn't want to stop and retie it.

"I ended up running the last two miles with one shoe. It felt kind of weird the way one foot was heavier than the other one. The sock was a goner."



Many lasting friendships were formed during the season. Sophomores **Lance Larsen** and **Kevin Lightner** talk while they wait for a meet to start.



Running: Competition only for the brave

Most would think that running two miles competitively would not be anyone's idea of fun, but for the girls cross country team it's another story.

"Running gives you that 'high'. The hard work is something you know you did on your own and it makes you proud," said junior **Shelly Arlaud**.

The team gained many freshmen. These newcomers had a lot of talent and were willing to work hard which helped the team.

Freshman **Nicole Jacobs** was the number two runner of the season who contributed to the team.

"Nicole is a hard worker who is very goal

oriented," said Coach **Carole Larson**. She's a lot of fun, a good team member, and she also shows a lot of potential as a long-distance runner."

"I went out for cross country because I feel like I'm doing something with my life, it's a challenge for me."

Soph. Christina Taha

and pushed each other in practice and competition, and it showed in our improved times and placings," said senior **Amy Lillard**. "But we also knew how to relax and have fun."

The girls cross country team did well in their season, placing fourth in districts. They came out of the season with new friends and fulfilled goals. Their hard work proved to be a success.



Warmups are important before meets. Seniors **Amy Lillard**, **Christina Foley**, junior **Shelley Arlaud**, and freshman **Nicole Jacobs** warm up before the Newton meet.



Freshman **Jennifer Hall** improved greatly during the season. The freshmen contributed a lot of talent to the team.





Finishing their last year with a great season seniors **Tara Carey**, **Christina Foley**, **Tricia Yencer**, **Amy Lillard**, and **Erica Hemesath** stand for a group shot.

Make sure you stretch! Senior **Erica Hemesath** and junior **Darvette Smith** stretch and chat while junior **Shelley Arlaud** looks on.



Two Careys are better than one for the cross country team. Freshman **Angie Carey** and senior **Tara Carey** are cousins.

Rest and relaxation. Junior **Shelley Arlaud** placed in the top five in every meet and missed going to state by two places.



Shooting to win

Boys put forth the effort, but still end frustrated.

Pounding up and down the court, the boys varsity basketball team preyed on their opponents in an overall challenging season, yet had many disappointing games.

"I think our toughest opponent, who shouldn't have been, was S.E. Polk," said junior **Jason Shelburg**. "Whenever we guarded the perimeter, they pounded the ball inside on us. If we tried jamming the middle, they shot the lights out from outside."

"Our worst game was Hoover," said junior **Brad Zelenovich**. "They were a good team, but we didn't come ready to play. They beat us in every phase of the game."

The team practiced, but was it enough?

"We practiced every day except for Saturday and Sunday when we coached a little

kids camp at East," said **Shelburg**.

Playing since a young age made the skills of the players stronger.

"I played basketball at the Salvation Army from kindergarten to seventh grade and then played in AAU tournaments," said sophomore **Justin Bauman**.

Memorable moments will always be embedded in the memories of the players.

"I remember when we were on our way home from the Ames game when our bus broke down," said **Zelenovich**. "We sat in the cold bus for an hour waiting for another bus to come from Des Moines to get us."

The basketball players had a tough season, but finished as a team. They now know what to work on for next year.

Instructing the team's offense and defense, Coach **Chuck Sutherland** encourages the team. Group huddles improved enthusiasm.





Forming a trap, sophomore **Justin Bauman** and junior **Pat Lowe** block the hoop. The strategy is to go straight up so as not to pull a foul.

Breaking the press, senior **Gus Childs** searches for someone to break for the basket. The closer you get to the hoop, the better the chance of making the basket.



Keeping the press tight, junior **Pat Lowe** and senior **Mike Grund** maneuver in their zone defense. The crowd sat intently waiting for Dowling to turn over the ball.

Trying to block the in-bounds throw, junior **Pat Lowe** leaps for the sky. A good defense really is the best offense when possession of the ball is with the opposing team.



The boys sophomore team strives to do their best even during practice. Practice was a time to try new defensive tactics and polish up the old ones.

Striving for the basket, frosh **Siaolong Southammavong** shows us he has wings. Practice helped to develop airborne flights.



The ball leaves sophomore **Larry Bundy's** hands heading toward freshman **Chris Flagg** as he battles with a fellow North player in the air for the right of the ball. It was a close game with East finishing slightly behind.



Through the good and the bad, they...

Struck together

Good attitudes and hard work saw the boys nine and ten basketball teams through another season.

But the unique aspect of this year was the amount of freshman on the sophomore team.

Freshman **David Suggett** said, "It's been fun being a freshman on the sophomore team."

The bad thing about that was that some players had higher aspirations.

"I wish we had taller kids on the team," said freshman **Lance Lethcoe**, who played on the sophomore team.

Unfortunately, their aspirations were not met in other areas either.

"It wasn't a real good year," said **Suggett**.

"We had some good players," said **Lethcoe**,

"but we could have worked better as a team."

However, sophomore **Lance Larsen**, one of six sophomores on the sophomore team, disagreed.

"I thought it was a good season. We played pretty hard and we did all right," said **Larsen**.

The sophomore team wasn't the only team with players not happy about their season on the court. The freshman team had a few complaints, too.

"We needed to get more aggressive," said freshman **Justin Shelburg**.

But ninth grade coach **Jay Fisher** was pleased with the effort they put out.

"It wasn't an outstanding season, but they improved a lot," he said.

Hoping that he doesn't land on all fours, freshman **David Suggett** starts to shoot, and freshman **Jeremy Toland** stands by ready for anything. Perseverance was a definite factor for the sophomore team.



A different point of view

Get the news of the team from the man who knows it best, George Davis.

"Basketball is the greatest sport in the world," says girls varsity basketball Head Coach **George Davis** as he sits and observes his small, but attentive gym class.

"Number one, it takes good physical conditioning. Second, you have to have a good, positive mental attitude. And three, it takes a lot of hard work. Then your teammate could get all the glory so you have to be humble, but winning is the best feeling," he added.

Davis said one of the best parts of the season was the return of many experienced senior players like point guard **Nikki Hanson**, off guard **Tricia Yencer**, post **Jo Schnoor**, small forward **Jamie Riedburn**, post **Lashonda Smith**, wing **Roz Lehman** and forward **Chris Foley**.

Many players had a very good season.

"Jo Schnoor was one of the most dominant

Surrounded by his players, **Davis** gives a quick pep talk during a time out. In the short amount of time available during a time out, the team and coaches discussed new strategies, player changes, or what they were doing wrong.

players in the conference. they knew that to keep East from winning, they had to stop Schnoor. Jenny Young also had a good season because she learned what she has to work on to get better. Tricia Yencer filled the very important leadership roles every team needs," said **Davis**.

Davis' favorite parts of coaching were showing different techniques and seeing the smiles on kids' faces when they did something for the first time and did it right.

He said, "My most memorable moment was the smile on Kim Green's face when she made her first two points of the season. That makes it all worthwhile."

With the excitement of coaching over, Davis said, "We set a lot of goals, some we met, some we didn't. But you have to set goals, you have to have a purpose."





"We may be shorter, but we're better looking," thinks senior **Tricia Yencer**. The Scarlets, on average, were shorter and smaller than the other conference teams. But at this home game, **Yencer**, about 5'4", showed her extreme playing ability when she successfully kept the ball away from a rather large Dowling team member.



Ball control and good traction are musts for basketball, junior **Jenny Young** has it down to a science. In basketball you have to be able to stop, switch hands, and run the other direction very quickly. These skills made it possible for her to play on the varsity team since her sophomore year.

Here they go! As the ball goes into play senior **Nikki Hanson** signals a teammate down the court. To get their teammates' attention during play, the Scarlets used many different signals, the most common of these was holding up their number on their free hand.



Defending the ball, freshman **Nicki Mooers** pulls out all the stops. All the conditioning and practicing drills at practice proved to be useful for the girls.



Going for the rebound, the Scarlet girls defend themselves against the Lincoln Rails. Lincoln was one of the many teams that defeated East.



Going for the shot of the game, freshman **Maya Coleman** shoots her way to victory. From doing layups and free-throws at practice to shooting points at the game, it's practice, practice, practice.



Hoopin up the Scarlet spirit

Girls down about losses,
but high on spirit.



Team vs. team scrimmages, conditioning, shooting, shooting and more shooting are all involved in a day's practice for the freshman and sophomore girls basketball teams.

"We practiced in the small gym almost daily. We do many drills and free-throws. Before we can leave we have to throw free-throws and if we miss, we run," said freshman **Amy Nemmers**.

Even though winning is fun, it isn't always what people remember.

"I remember when Crystal Patterson almost got into a fight with a girl from Hoover; she fouled Crystal, then got right in her face," said freshman **Nicki Mooers**.

"We were in a really close game with North and the ref made a bad call. Luther got mad and got kicked out of the game. We didn't have an

assistant coach so my dad had to come and help us out," said **Nemmers**.

Working with each other and pulling together as a team can make all the difference in the world. Not only do you need to win, but you need to win as a team.

"The season ended up better than I expected. We didn't have very many wins but the way we worked together made up for our losses," said sophomore **Nikki Littell**.

"Our season has been a good one. Maybe not as great as we expected, but you can only have so much. We have come a long way with improvements alone," said sophomore **Crystal Patterson**.

Whether you win the State Championship, or don't win a single game, it doesn't matter if you win or lose. It's how you play the game.

"We were in a really close game with North and the ref made a bad call. Luther got mad and got kicked out of the game. We didn't have an assistant coach so my dad had to come and help us out," said freshman **Amy Nemmers**.



Taking time out for a pep talk, Coach **Rob Luther** gives his players a little encouragement and good luck. The sophomore girls might not have had that many wins but they had a lot of spirit.



After a long practice, senior **Evangelos Kligopoulos** takes a break. **Kligopoulos** is used to these long and hard practices.



One final season

A winning season ends with the loss of an admired coach.

After 21 years of being a wrestling coach (11 years at East) Coach Gary Rourke has decided to retire. Although he's retiring, he says he's "trying to pursue a job in administration."

"I wish him the best," said senior **Jeremy Dicks**.

"I wish he could have waited one year, but I understand that he had to do what would make him happy. I'll miss him a lot," said junior manager **Tracy Berry**.

"I'm kind of sad he's leaving because he's a really good coach and he's more than a coach, he's a friend. He'll listen to your problems and try to help you solve them," said senior **Jack Metheny**.

Rourke will leave an important legacy behind, as well as memories.

"The dedication and discipline instilled in these kids will help them cope with whatever comes their way, and reinforces my opinion that if you can make it through wrestling, you can get through anything," said **Rourke**.

Though Rourke's retiring, the wrestlers will move on to next season with a new start and a new coach, but routines will stay the same.

For some wrestlers, preparing for a meet, means eating right or just getting pumped.

"I eat a strict high carbohydrate and protein diet in the morning to get my blood flowing. Then I get myself mentally ready," said senior **Robert Rivas**.

"I have a good lunch and go over the match in my head before I compete," said junior **David Thompson**.

"I listen to AC/DC or Metallica on the way to the meets to get myself pumped and I picture the match in my head," said sophomore **Tim Leabo**.

"I try to sleep or just relax," said **Metheny**.

The perception that wrestlers starve themselves can be over-exaggerated.

"I don't starve myself like most people might think. I can eat a lot during the week. The key is that I eat very nutritional meals," said **Rivas**.





During Senior Night, Coach **Gary Rourke** gets hugs and kisses from his family. **Rourke** is retiring after 21 years.

Hard work really paid off for senior **Jack Metheny**. **Metheny** qualified for the state wrestling tournament but lost in the first round.

State Qualifiers

| | |
|-------------------------|----------|
| Robert Rivas | 112 lbs. |
| <i>2nd Place Finish</i> | |
| Jack Metheny | 189 lbs. |
| John Barach | 119 lbs. |
| Evangelos Kligopoulos | 160 lbs. |



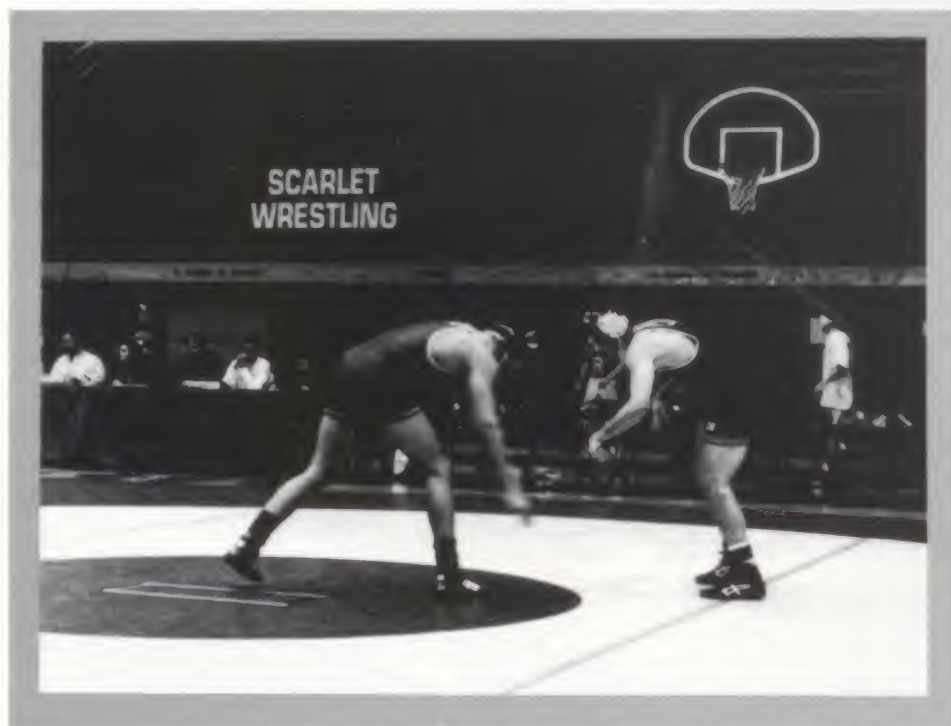
By running laps, the varsity wrestling team warms up for a home meet against Roosevelt. At the end of the meet our varsity team had won 52 to 12.

Looking on in hopes of success, seniors **Steve Brommel** and **Jeremy Dicks** watch a meet. Encouragement from the fans helped psyche the wrestlers.



Waiting to see who will make the first move, freshman **Tim Page** prepares his strategy to pin his opponent from Roosevelt.

Shaking out their jitters, freshmen **Jason Hanson** and **Mike Hagins** and teammates warm up before the meet to loosen up their muscles. They took advantage of this valuable practice time before each meet.



Wrestling away while the referee circles around them checking to see if they are both still in bounds. Crowds cheered at every meet for a Scarlet pin.





Junior Varsity Wrestling

Gaining experience throughout the season

Through their hard work and determination, wrestlers gained a lot of stamina, strength and will power. Although that was the goal of many wrestlers, many did not have the experience that was needed.

"For the inexperience (of the team) I think we have done really well. We have gotten a lot better," said Coach **Jeff Hall**.

Some of the biggest competitors were S.E. Polk, Dowling and Urbandale.

"S.E. Polk was really aggressive and didn't mess around," said freshman **Tim Page**.

"My toughest competitor is myself. It is very hard to make yourself work hard when you're tired," said junior **Ryan Childs**.

During the off season, most of the guys participated in other sports. There was also a "five high free-style" program, which was a team of wrestlers that met during the summer for dif-

ferent kinds of tournaments.

There were many different ways the wrestlers would prepare themselves for the match.

"Before the meet I like to listen to music. During the match I try to think of something that I don't like about the other guy's appearance. If I win, I relax. But if I lose, I think about what I didn't or did do wrong," said **Childs**.

"Most of the guys participate in more than one sport. That also helps keep them in shape," said **Hall**.

"I think towards the end we picked it up and did a good job. We have some good wrestlers," said **Page**.

"I thought the season went pretty well. There were a lot of freshmen. With a little work, we will do better," said freshman **Monty Ross**.

"They are a good group of boys to work with," said **Hall**.



Going for the pin, freshman **Tim Page** controls his opponent as the referee looks to see if any points are to be awarded.



Gliding through the water, senior **Greg Moyle** strokes his way to success. Greg was a four year letterwinner in swimming.



Constructive criticism can be a good thing as Coach **Mark Hurley** gives tips before a meet. The swimmers often turned to him for assistance in times of need.



Standing next to his mother, senior **Steve Phelps** is being recognized at the last meet. All the seniors and their parents were recognized for their years of hard work.

Catching up on a little shut-eye, sophomore **Jason Doncouse** waits for his name to be called. Swimmers had lots of free time to sleep or mess around while waiting for their events.



The boys swim team swam upstream
making many accomplishments.

Fish out of water

The boys swim team made a big splash this season by taking a swimmer to State for the first time since 1989.

His name is **Greg Moyle** and most of the team members think he is the best asset to the team.

"Greg Moyle has been a good team leader because he is such a good swimmer and works hard all the time. He will be missed next year," said sophomore **Jason Doncouse**.

"Greg is an asset basically for his speed and leadership. He is always willing to help us get better in a relay," said junior **Matt Clark**.

"I am happy that I finally reached my goal and that after four years of hard work it finally paid off," said senior **Greg Moyle**. "I swim all year round. In the summer I swim for East DM swim club. During swim season I practice between two and three hours per day."

Moyle became the second fastest swimmer in the 200-yard Individual Medley in school history.

Many swimmers excelled individually this year as well.

"The best meet was the Conference meet because I had some of my best time improvements and I met my good time on two of my events," said junior **Tom Hall**.

"My most memorable moment was when we broke the top school record for the fourth time in the same season," said junior **Jeremy Isaac**.

Newcomer **Nikita Poliakov** from Russia had success, too.

"He was unexpected and succeeded better than most second year veterans," said junior **Ted Nemmers**.

Overall the swimmers did well for themselves and made a great effort to do the best for their school.

Unfortunately, swimming is a sport often forgotten and the interest has declined in the past few years.

"We need more people to swim and support us when we swim," said **Isaac**.

"I wish more people would join the swim team. It's a great sport," said **Moyle**.



Graciously receiving the rose he is handed, senior **Greg Moyle** is pleased with his accomplishment. Greg was the only swimmer to earn his way to state.



Making school history with...

Most Victories in One Season

Making a mark for themselves is exactly what the members of the girls swim team accomplished this season. They made history when the season ended with six wins and four losses.

"We had the greatest season ever because the team worked together to win the meets. Everyone improved immensely and that really helped to win as many meets as we did," said junior **Mandy Suggett**.

"We are not losing very many swimmers after this season or even after next year so we will be very strong for the next few years which is really great," said sophomore **Crystal Patterson**.

Some of the meets went all the way down to the wire.

"When we beat Grinnell, it was a really close meet. We took first and second in our last two events and won the final to win the meet, which

was the first time we ever beat them," said freshman **Amy Nemmers**.

Being a swimmer is an unique experience.

"Some days it means a lot, some days it doesn't. If we do bad or have a bad practice, I don't feel like much. But when I do good, breaking a record or a goal, I feel good about myself and for the team," said **Patterson**.

Two outstanding individuals were given team recognition.


Senior **Erin Brown** was given the best all-around acknowledgment for her great performances throughout the season. Junior **Mandy Suggett** was awarded the most-improved swimmer because she had the best overall time drops in events that she swims regularly, and also for her attendance at practice and her desire to become the best possible.



Smiling big after defeating Lincoln at Lincoln, sophomores **Abby Lozano** and **Crystal Patterson** buddy up for the camera with joy. They were both on two relay teams that set records in the All-Time Top 5 times this season.

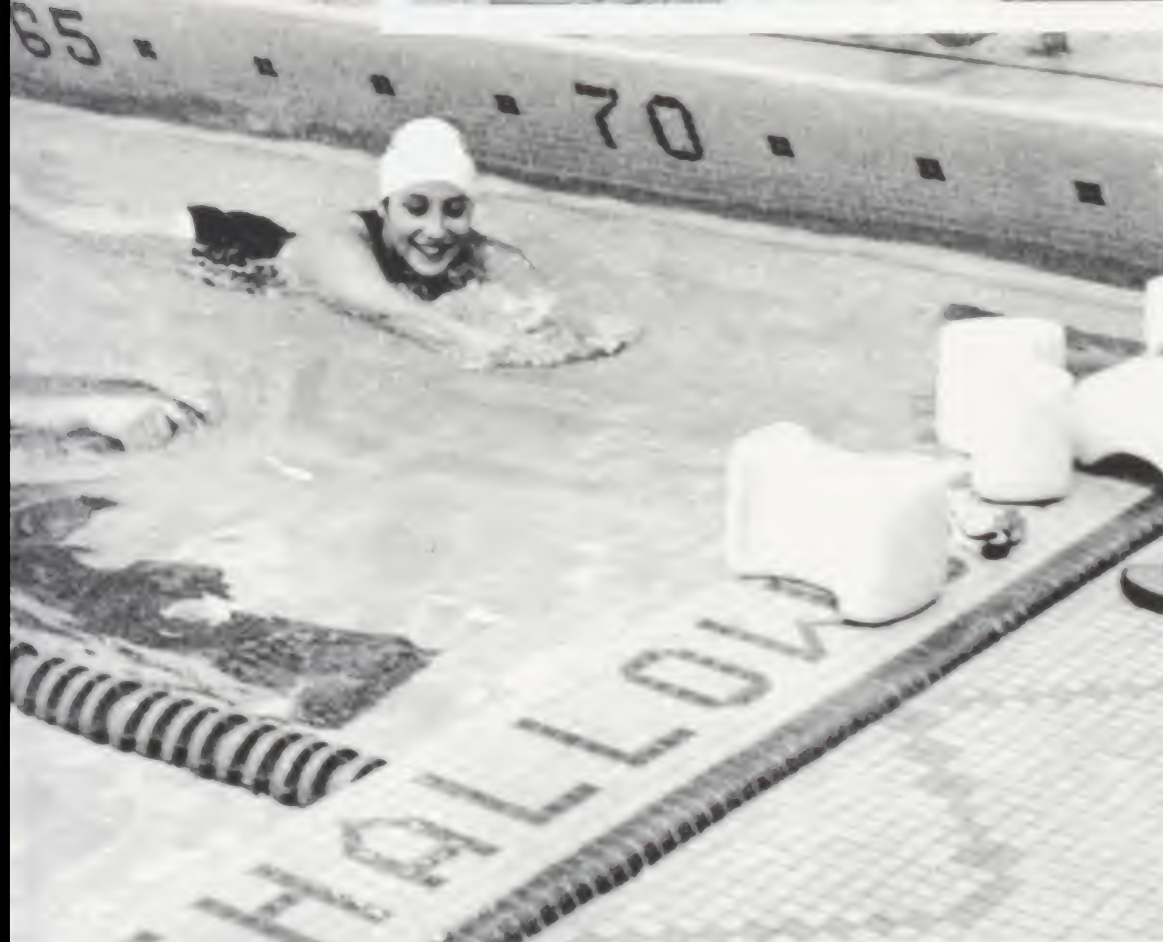
Wacky and wild, the girls swim team poses for a silly photo while enjoying themselves at their swim banquet..





Two-time State Qualifier in the 100 breast stroke, sophomore **Lara Jones** practices her diving form during one of the numerous practices held after school in the swimming pool.

Huddled around the table at La Pizza House, freshman **Renee Hesselstine**, junior **Mandy Suggett** and senior **Erin Brown** take time away from eating to pose for the camera.



Nearing the shallow end of the pool by means of their kick boards junior **Anne Cady** and sophomore **Abby Lozano** slowly anticipate the finish, as the looks in their eyes show.



Varsity Baseball

| East | Vs. | Opponent |
|------|-----------------|----------|
| 3 | Urbandale | 4 |
| 7 | Johnston | 3 |
| 1 | Valley | 8 |
| 0 | S.E. Polk | 9 |
| 2 | Lincoln | 7 |
| 4 | Linn Marr | 5 |
| 2 | Urbandale | 11 |
| 4 | Lincoln | 0 |
| 8 | Lincoln | 4 |
| 5 | Roosevelt | 4 |
| 1 | Roosevelt | 4 |
| 6 | Hoover | 7 |
| 11 | North | 0 |
| 15 | North | 1 |
| 7 | C.B. Lincoln | 0 |
| 1 | Dowling | 0 |
| 4 | S.E. Polk | 11 |
| 4 | Indianola | 0 |
| 1 | Indianola | 9 |
| 3 | Lincoln | 7 |
| 4 | S.C. Heelen | 8 |
| 9 | Esterville | 6 |
| 7 | Hoover | 3 |
| 5 | Hoover | 2 |
| 7 | Saydel | 1 |
| 10 | Newton | 15 |
| 11 | Roosevelt | 9 |
| 1 | Dav. Assumption | 2 |
| 1 | Roosevelt | 0 |
| 3 | Dowling | 4 |
| 4 | Dowling | 5 |
| 4 | North | 6 |
| 2 | S.E. Polk | 14 |
| 7 | S.E. Polk | 4 |
| 0 | Indianola | 7 |
| 6 | Newton | 3 |
| 10 | Newton | 1 |
| 5 | S.E. Polk | 1 |
| 1 | Indianola | 0 |
| 3 | Ankeny | 4 |

Season Record 20-19-0



VARSITY BASEBALL FRONT ROW: M. Rouk, R. Baker, T. Reus, J. Zelenovich, E. Kligopoulos, R. Fong, A. Aswegen. ROW 2: M. Leeper, D. Lehman, C. Knight, J. Hart, B. Zelenovich, K. Schreckengast, J. Baysinger, C. Murphy. BACK ROW: J. Dicks, A. Clark, W. Anderson. Coach: Tom McDonald. Coach Ric Powell. Coach Jeff Judkins. S. Hart, G. Childs, A. Hall. NOT PICTURED: S. Lovell, S. Powell.



VARSITY SOFTBALL FRONT ROW: N. Hanson, A. Flynn, J. Scott, C. Anderson, N. Mooers, T. Yencer. ROW 2: C. Foley, S. Arlaud, T. Caylor, J. Young, R. Lehman, H. Bailiff. BACK ROW: Coach Lizz Beckman, Coach Bob Savage, T. Collins, J. Reidburn, M. Gray, Coach Bill Carlson, Coach Shelly Eshelman.



GIRLS GOLF FRONT ROW: Melissa Gervais, Sara Waltz, Jo Schnoor. Coach John Schnoor, Justine Krieger, Enka Gervais.



BOYS GOLF FRONT ROW: J. Shelburg, J. Hayes, J. Shelburg, R. Nowadzky, T. Mills. ROW 2: R. Childs, T. Lawson, A. Osby, J. Christenson, P. Zohbon, T. Sharp. BACK ROW: M. Leonard, S. Saddoris, Coach John Schnoor, M. Redshaw, J. Klopfenstein.

Varsity Softball

| East | Vs. | Opponent |
|------|-----------------|----------|
| 1 | North | 0 |
| 13 | Marshalltown | 3 |
| 0 | Muscatine | 1 |
| 10 | Pt. Dodge | 2 |
| 8 | Pella Christian | 4 |
| 5 | Dowling | 2 |
| 1 | Lincoln | 2 |
| 1 | Muscatine | 0 |
| 5 | Durant | 1 |
| 7 | Lisbon | 3 |
| 3 | Indianola | 2 |
| 7 | Indianola | 1 |
| 3 | S. Winneshik | 1 |
| 17 | Clear Creek | 1 |
| 2 | Adel | 5 |
| 7 | C. Davidian | 0 |
| 7 | S.E. Polk | 2 |
| 4 | S.E. Polk | 2 |
| 1 | Lincoln | 0 |
| 3 | Lincoln | 0 |
| 4 | Ottumwa | 5 |
| 0 | Ottumwa | 2 |
| 2 | Roosevelt | 1 |
| 4 | Roosevelt | 2 |
| 8 | Hoover | 9 |
| 5 | Hoover | 1 |
| 8 | Pella Christian | 3 |
| 7 | Indianola | 3 |
| 8 | Columbus Jct. | 0 |
| 3 | Clear Creek | 0 |
| 2 | North Scott | 0 |
| 7 | Oskaloosa | 1 |
| 0 | Dowling | 4 |
| 1 | Dowling | 0 |
| 5 | S.E. Polk | 0 |
| 6 | Lewis Central | 5 |
| 6 | C.B. Lincoln | 0 |
| 7 | Creston | 3 |
| 0 | Adel | 1 |
| 9 | Keokuk | 0 |
| 2 | Bettendorf | 0 |
| 8 | North | 0 |
| 0 | Ankeny | 1 |
| 2 | Roosevelt | 0 |
| 10 | North | 1 |
| 5 | North | 3 |
| 0 | Ankeny | 1 |

Season Record 38-9-0

Girls Golf

| East | Vs. | Opponent |
|------------|---------------------|----------|
| 248 | Pella Christian | 237 |
| 9th Place | Valley Classic | |
| 228 | Hoover | 274 |
| 244 | Dowling | 201 |
| 245 | Indianola | 245 |
| 10th Place | Ames Invitational | |
| 237 | Roosevelt | 180 |
| 8th Place | North Invitational | |
| 8th Place | Newton Invitational | |
| 234 | S.E. Polk | 209 |
| 222 | North | 305 |
| 222 | Lincoln | 206 |
| 5th Place | Conference | |
| 3rd Place | Sectional | |

Boys Golf

| East | Vs. | Opponent |
|------------|---------------------|----------|
| 5th Place | Conference 1st Half | |
| 15th Place | Newton Invitational | |
| 182 | Hoover | 163 |
| 200 | Roosevelt | 158 |
| 2nd Place | City Meet | |
| 170 | North | 183 |
| 176 | Dowling | 159 |
| 165 | S.E. Polk | 167 |
| 161 | Indianola | 163 |
| 11th Place | Valley Classic | |
| 163 | Lincoln | 154 |
| 6th Place | Conference 2nd Half | |
| 12th Place | Districts | |



Sophomore Baseball

| East | Vs. | Opponent |
|------|-----------|----------|
| 3 | Urbandale | 4 |
| 9 | Ft. Dodge | 8 |
| 5 | Ft. Dodge | 3 |
| 1 | Lincoln | 7 |
| 4 | Lincoln | 8 |
| 2 | Roosevelt | 3 |
| 4 | Roosevelt | 3 |
| 10 | Hoover | 1 |
| 10 | North | 7 |
| 10 | North | 2 |
| 7 | Dowling | 0 |
| 9 | S.E. Polk | 0 |
| 2 | Indianola | 11 |
| 9 | Indianola | 2 |
| 2 | Lincoln | 4 |
| 4 | Hoover | 10 |
| 0 | Hoover | 11 |
| 6 | Roosevelt | 7 |
| 8 | Dowling | 9 |
| 5 | Dowling | 4 |
| 10 | North | 0 |
| 4 | Johnston | 3 |
| 5 | Johnston | 2 |
| 3 | S.E. Polk | 0 |
| 3 | S.E. Polk | 0 |
| 11 | Indianola | 8 |

Season Record 16-10-0



SOPHOMORE BASEBALL FRONT ROW: G. Warren, A. Crum, J. Krstufek, B. Hutson, R. Lehman, F. Muller, R. Moyle. ROW 2: G. Henderson, J. Shelburg, J. Lamb, R. Peterson, M. Grant, J. Christenson, S. Rourke, B. Mead. BACK ROW: Coach Rob Luther, R. Childs, R. Anderson, B. Rice, B. Archer, D. Enos, P. Lowe, T. Brown, Coach Brian Carico



JUNIOR VARSITY SOFTBALL FRONT ROW: C. Burr, W. McCuen, S. Banks, A. Nemmers, A. Gilbert. ROW 2: J. Piper, S. Pruitt, C. Snell, S. Young, T. Wood, H. Bailiff. BACK ROW: M. Gray, N. Luscombe, S. Waltz. Coach Lizz Beckman, N. Mooers, R. Shutt, J. Reidburn

Freshman Softball

| East | Vs. | Opponent |
|------|--------------|----------|
| 1 | Dowling | 3 |
| 5 | Hoover | 2 |
| 3 | S.E. Polk | 9 |
| 2 | S.E. Polk | 4 |
| 0 | Lincoln | 5 |
| 5 | Roosevelt | 3 |
| 6 | Roosevelt | 2 |
| 4 | Hoover | 2 |
| 3 | Hoover | 7 |
| 7 | North | 1 |
| 5 | Indianola | 2 |
| 2 | Dowling | 3 |
| 4 | Dowling | 1 |
| 2 | Lincoln | 10 |
| 1 | Lincoln | 11 |
| 12 | Roosevelt | 1 |
| 7 | Hoover | 6 |
| 4 | Hoover | 11 |
| 2 | S.E. Polk | 12 |
| 3 | North | 2 |
| 8 | North | 3 |
| 1 | Ankeny | 6 |
| 1 | Ankeny | 11 |
| 9 | Newton | 1 |
| 7 | Newton | 0 |
| 3 | Ames | 8 |
| 4 | Ames | 3 |
| 8 | Marshalltown | 1 |
| 1 | Marshalltown | 5 |
| 2 | S.E. Polk | 7 |

Season Record 15-15-0



FRESHMAN SOFTBALL FRONT ROW: S. Pruitt, M. Williams, K. Thornton, A. Beason, L. McCuen, H. McCarl, W. McCuen. ROW 2: G. Coleman, S. Carlson, J. Elliot, A. Grant, B. Abbas, S. Worth. BACK ROW: S. Young, C. Blakeman, H. Reese, Coach Shelly Eshelman, A. Banks, M. Landon, J. Piper



FRESHMAN BASEBALL FRONT ROW: M. Mullin, J. Hills, C. Stewart, B. Wadsworth, T. Sams, B. Johnson, A. McFadden. ROW 2: B. Corbin, J. Cathercole, C. Lortscher, M. Kephart, R. Apt, C. Standley, J. Thomas, A. Gobin. BACK ROW: Coach Ken Burgess, D. Anderson, J. McCaughey, M. Peterson, M. Helmers, G. Olson, J. Young, J. Stewart, Coach Doug Stone

Junior Varsity Softball

| East | Vs. | Opponent |
|------|-----------------|----------|
| 5 | Lincoln | 3 |
| 4 | Dowling | 5 |
| 10 | Indianola | 2 |
| 3 | Hoover | 0 |
| 8 | Urbandale | 7 |
| 2 | Urbandale | 0 |
| 1 | Ankeny | 3 |
| 5 | S.E. Polk | 7 |
| 2 | Norwalk | 1 |
| 2 | Roosevelt | 3 |
| 5 | Hoover | 0 |
| 2 | Pella Christian | 0 |
| 11 | Indianola | 2 |
| 1 | Dowling | 2 |
| 11 | Lewis Central | 0 |
| 4 | Urbandale | 2 |
| 1 | S.E. Polk | 0 |
| 3 | Roosevelt | 2 |
| 2 | North | 1 |
| 4 | North | 1 |

Season Record 15-5-0

Freshman Baseball

| East | Vs. | Opponent |
|------|-----------|----------|
| 12 | Lincoln | 2 |
| 13 | Lincoln | 4 |
| 6 | Lincoln | 3 |
| 9 | Hoover | 0 |
| 8 | Hoover | 1 |
| 8 | Roosevelt | 2 |
| 9 | Roosevelt | 0 |
| 10 | Hoover | 0 |
| 3 | Hoover | 0 |
| 11 | Dowling | 3 |
| 6 | Dowling | 2 |
| 9 | Roosevelt | 4 |
| 9 | Roosevelt | 1 |
| 5 | S.E. Polk | 7 |
| 16 | S.E. Polk | 0 |
| 3 | Indianola | 1 |
| 22 | Indianola | 2 |
| 15 | Ft. Dodge | 3 |
| 12 | Ft. Dodge | 13 |
| 3 | Dowling | 5 |
| 5 | Dowling | 0 |
| 3 | North | 0 |
| 15 | North | 7 |
| 1 | S.E. Polk | 4 |
| 8 | S.E. Polk | 2 |

Season Record 23-4-0





VARSITY FOOTBALL FRONT ROW: R. Lydic, T. Mixon, R. Baker, N. Dellaca, T. Dudley, B. Hutson, T. Reavis, E. Klippenstein, J. Harleis, B. Edwards, N. Ryan, ROW 2: N. Medina, R. Armittrout, M. Cupp, T. Brown, M. Clark, C. Edwards, S. Rourke, A. Bennett, T. Taylor, D. Dudley, ROW 3: Coaches B. Canice, J. Hall, K. Burgess, R. Luther, P. Starcevic, N. Rasmussen, B. Carmichael, J. Walling, D. Bahe, T. England, D. Schreck, ROW 4: T. Elder, P. Lowe, C. Knight, B. Zelenovich, B. Shogren, J. Ivanovich, R. Anderson, R. Pauscher, P. Mullin, ROW 5: D. Enos, L. Graves, J. Green, S. Brommel, T. Voll, J. Metheny, J. Voll, J. Bayninger, ROW 6: B. Jones, J. Bolko, J. Metheny, B. Archer, G. Childs, B. Rice, J. Robinson, A. Hall, B. Duncan, BACK ROW: N. Abbas, K. Loving, J. Spargo, T. Clark, A. Stinson, W. Brewton, R. Larossee, NOT PICTURED: D. Dixon



VARSITY VOLLEYBALL FRONT ROW: N. Mooers, N. Hanson, A. Flynn, J. Piper, ROW 2: N. Brown, H. Bailiff, J. Young, K. Brown, M. Hill, BACK ROW: J. Reidburn, M. Bourne, Coach D. Frost, J. Schnoor, NOT PICTURED: M. Thongsoum, Coach L. Steward



FRESHMAN VOLLEYBALL FRONT ROW: M. Folsom, K. Truman, M. Carr, A. Sharp, A. Sager, D. Worthington, K. Vahey, ROW 2: B. Shanahan, S. Matzke, J. Flagg, M. Kimball, A. Gilbert, R. Stamper, BACK ROW: K. Wiecek, A. Banks, Coach L. Steward, T. Hill, Coach W. Parker, H. Reese, D. Bailey, NOT PICTURED: J. Huffman, C. McCann, S. Thomas



SOPHOMORE FOOTBALL FRONT ROW: S. Webb, T. Dudley, L. Lockman, B. Wadsworth, D. Carter, J. Hills, B. Corbin, ROW 2: D. Clark, J. Dougherty, C. Standley, N. Scott, D. Cline, A. Uborn, T. Sams, B. McAninch, ROW 3: B. Shanahan, A. McFadden, Coach J. Hall, Coach D. Schreck, Coach N. Rasmussen, C. McWilliams, T. Leabo, ROW 4: L. Bundy, T. Bennett, G. Casper, J. Allison, K. Randolph, D. Penake, ROW 5: S. Duncan, M. Medina, M. Kephart, A. Kilgore, T. Good, BACK ROW: J. Metheny, G. Olson, J. Butler, Z. Stammer, R. Apt, NOT PICTURED: F. Gomez, T. Sims

Varsity Volleyball

| East | Vs. | Opponent |
|------|----------------|----------|
| 2 | Newton | 0 |
| 2 | Knoxville | 0 |
| 2 | Nevada | 0 |
| 2 | Hubbard | 0 |
| 2 | Ames | 0 |
| 2 | Nevada | 0 |
| 3 | North | 0 |
| 1 | Knoxville | 1 |
| 2 | Lincoln | 0 |
| 2 | Jefferson | 0 |
| 2 | Valley | 1 |
| 1 | C.B. Lincoln | 2 |
| 3 | S.E. Polk | 0 |
| 2 | Dowling | 0 |
| 1 | Norwalk | 1 |
| 2 | Woodward | 0 |
| 2 | Iowa City High | 1 |
| 2 | Urbandale | 0 |
| 1 | Oskaloosa | 2 |
| 3 | Indianola | 2 |
| 1 | Waterloo West | 1 |
| 0 | North Scott | 2 |
| 1 | Gladbrook | 1 |
| 3 | Hoover | 0 |
| 3 | Valley | 0 |
| 2 | Johnston | 0 |
| 2 | Valley | 0 |
| 1 | Marshalltown | 1 |
| 2 | Indianola | 0 |
| 2 | Urbandale | 1 |
| 3 | Roosevelt | 1 |
| 1 | Dubuque | 1 |
| 1 | Davenport C. | 1 |
| 2 | Dowling | 0 |
| 1 | Iowa City West | 1 |
| 3 | Dowling | 0 |
| 3 | Lincoln | 0 |
| 3 | Marshalltown | 1 |
| 3 | Lincoln | 0 |
| 0 | Indianola | 3 |

Season Record 26-7-6

Sophomore Football

| East | Vs. | Opponent |
|------|-----------|----------|
| 12 | Ankeny | 33 |
| 23 | Ames | 34 |
| 34 | Hoover | 16 |
| 30 | Roosevelt | 28 |
| 14 | North | 28 |
| 8 | Dowling | 34 |
| 20 | S.E. Polk | 34 |
| 16 | Indianola | 33 |
| 22 | Lincoln | 30 |

Season Record 2-7

Varsity Football

| East | Vs. | Opponent |
|------|-----------|----------|
| 22 | Ankeny | 30 |
| 6 | Ames | 24 |
| 0 | Hoover | 17 |
| 21 | Roosevelt | 13 |
| 26 | North | 21 |
| 2 | Dowling | 30 |
| 7 | S.E. Polk | 0 |
| 28 | Indianola | 13 |
| 6 | Lincoln | 26 |

Season Record 4-5

Freshman Volleyball

| East | Vs. | Opponent |
|------|--------------|----------|
| 2 | North | 0 |
| 2 | Roosevelt | 3 |
| 0 | S.E. Polk | 2 |
| 0 | Hoover | 4 |
| 1 | Indianola | 2 |
| 0 | Ames | 2 |
| 0 | Boone | 2 |
| 0 | Adel | 2 |
| 0 | Prairie City | 2 |
| 0 | Hoover | 2 |
| 0 | Dowling | 2 |
| 0 | Hoover | 2 |
| 1 | Lincoln | 1 |
| 0 | Grandview | 2 |
| 0 | Indianola | 2 |
| 0 | Roosevelt | 3 |
| 0 | North | 2 |
| 0 | Roosevelt | 2 |
| 0 | Dowling | 3 |
| 0 | Lincoln | 3 |

Season Record 1-19-1





JUNIOR VARSITY VOLLEYBALL. FRONT ROW: L. Sou, S. Baccam, B. Abbas, D. Wirtjes, S. Panvaree, N. Littell. ROW 2: T. Wood, J. Fallis, A. McFadden, K. Anderson, J. Piper, A. Leeper. BACK ROW: J. Ackelson, A. Swayne, M. Plummer, Coach D. Frost, M. Hill, J. Swayne, S. Oltman.

Junior Varsity Volleyball

| East | Vs. | Opponent |
|------|---------------|----------|
| 2 | North | 0 |
| 1 | Roosevelt | 2 |
| 2 | S.E. Polk | 0 |
| 2 | Hoover | 0 |
| 0 | Indianola | 2 |
| 1 | Dowling | 1 |
| 1 | DSM Christian | 1 |
| 2 | Hoover | 1 |
| 0 | Indianola | 2 |
| 0 | Dowling | 2 |
| 0 | Urbandale | 2 |
| 1 | North | 1 |
| 1 | Dowling | 2 |
| 0 | Hoover | 2 |
| 0 | Valley | 2 |
| 0 | Roosevelt | 2 |
| 2 | Winterset | 0 |
| 1 | S.E. Polk | 1 |
| 0 | Ankeny | 2 |
| 0 | Urbandale | 2 |
| 1 | Dowling | 2 |
| 2 | Lincoln | 1 |

Season Record 5-14-4

Boys Tennis

| East | Vs. | Opponent |
|------|------------------------|----------|
| 2 | Ames | 9 |
| 4th | East Dbls Invitational | |
| 0 | Ankeny | 11 |
| 6th | Ankeny Invitational | |
| 1 | Urbandale | 7 |
| 3 | Lincoln | 8 |
| 7 | Hoover | 4 |
| 0 | Roosevelt | 11 |
| 2 | Dowling | 9 |
| 1 | S.E. Polk | 8 |
| 1 | Indianola | 10 |
| 8 | North | 3 |

Season Record 2-8



FRESHMAN FOOTBALL. FRONT ROW: M. Ward, B. Howard, R. Gist, C. Robbins, N. Kligopoulos, C. Clark, T. Ly, S. Hutchinson, T. Farley, R. Bennett. ROW 2: E. Lawrence, T. Herrera, D. Suggett, L. Lethcoe, T. Strong, B. Formaro, L. Vang, T. Pephiron, S. Thomas, T. Vang, N. Sharp. ROW 3: D. Brockman, D. Donaldson, K. Phaydavong, K. Lovan, Coach T. England, Coach B. Canico, Coach N. Rasmussen, Coach K. Burgess, A. Padgett, J. Sims, D. Bucklin, M. Housman. ROW 4: R. Shutt, J. Furby, A. Johnston, K. Lightner, M. Currie, P. Gilbert, M. Ross, D. White, B. Johnson, T. Head. ROW 5: J. Irvin, R. Patton, R. Patton, F. Ewurs, S. Michael, M. Cross, A. Richardson, N. Menough, M. Briant. ROW 6: J. Costa, T. Page, M. Hagins, T. Iverson, M. Gollish, R. Goddard, J. Hanson, L. Smith. BACK ROW: T. Mentzer, M. Mitchell, C. Flagg, D. Davis, J. Denhart.



BOYS TENNIS. FRONT ROW: B. Roeder, F. Muller, E. Nizzi, R. Carlstedt. BACK ROW: J. Mrogenski, M. Leonard, Coach S. Card, S. Fisher, J. Hull, J. Emerson. NOT PICTURED: D. Keo.



GIRLS TENNIS. FRONT ROW: J. Boatwright, C. Brown, L. Lethcoe, L. Kern, T. Larson, S. Lee. ROW 2: N. Martin, H. Wormer, E. Brown, A. Muller, H. Armstrong, C. Kidd, N. Brown. BACK ROW: L. Sou, N. Ahrens, G. Frank, Coach J. Smith, V. Philavanh, C. Chounlamountry, H. Collins.

Freshman Football

| East | Vs. | Opponent |
|------|-----------|----------|
| 12 | Indianola | 39 |
| 8 | Lincoln | 12 |
| 28 | Hoover | 28 |
| 20 | Roosevelt | 28 |
| 21 | North | 8 |
| 0 | Dowling | 44 |
| 14 | S.E. Polk | 34 |
| 28 | Ankeny | 44 |
| 16 | Ames | 28 |

Season Record 1-7-1

Girls Tennis

| East | Vs. | Opponent |
|------|-----------|----------|
| 0 | Ames | 11 |
| 2 | Johnston | 9 |
| 4 | Ankeny | 7 |
| 1 | Lincoln | 10 |
| 8 | Hoover | 3 |
| 3 | Dowling | 9 |
| 3 | S.E. Polk | 8 |
| 4 | Urbandale | 7 |
| 4 | Indianola | 7 |
| 6 | North | 5 |
| 9 | Saydel | 0 |
| 2 | Roosevelt | 9 |

Season Record 3-9





BOYS TRACK. FRONT ROW: Larry Shelton, James Lee, Tywon Dudley, Geoff Gandy, Sabas Ramirez, Chad Donahue, Jeff Gathercole, Tom Olsen. ROW 2: Chad Stephenson, John Heldenbrand, Shane Lovell, Jay Wedman, Troy Vance, Deangelow Dudley, Kaiphat Phaydavong. ROW 3: Mike Cupp, Cory Dawson, Coach Ned Rasmussen, Coach Don Graves, Coach Mark Hurley, Coach Bob Baldus, Brian Bickel, Rodney Washington. ROW 4: Ryan Vestal, Lance Larsen, Matt Heldenbrand, Gene Baloun, Andy Dobbins, Sam Woods, Tony Davis. BACK ROW: PAT Lowe, Kurt Loving, Will Brewton, Billy Rice, Kevin Lightner. NOT PICTURED: Jeremy Baysinger, Robert Apt, Zach Stammer, David Enos, Celestino Ramirez, Nick Shoop, Chad Stocker.

Boys Track

| Place | Meet |
|-------|-----------------------------|
| NA | Little Scarlet Relays |
| NA | Scarlet Spring Classic |
| 5th | Hi Covey Relays |
| NA | Little Scarlet Invitational |
| 1st | Roosevelt Invitational |
| 4th | Norwest Boys Classic |
| NA | East Invitational |
| NA | Drake Relays |
| 8th | Little Abe Relays |
| 2nd | City Series |
| 4th | 9th Conference |
| 5th | Dragon Invitational |
| NA | Indianola Invitational |
| 4th | American Conference |
| NA | State Meet |

State Qualifier-Matt Heldenbrand

Soccer

| East | Vs. | Opponent |
|------|-----------|----------|
| 0 | Bondurant | 2 |
| 0 | Urbandale | 9 |
| 1 | Lincoln | 9 |
| 0 | Hoover | 8 |
| 0 | Ankeny | 11 |
| 0 | Roosevelt | 11 |
| 3 | North | 8 |
| 0 | S.E. Polk | 7 |
| 0 | Dowling | 3 |
| 0 | Indianola | 3 |

Season Record 0-10



GIRLS TRACK. FRONT ROW: Heather Bailiff, Kara Culp, Jennifer Carpenter, Melody Mendenhall, Emily Lewis, Valora James, Tricia Yencer, Christina Taha, Cori Rice, Trish Wood, Carmela Ramirez, Amy Flynn. ROW 2: Jessica Haug, Darvette Smith, Erica Hemesath, Kay LeClere, Valerie James, Natasha Long, Anne Cady, Charisse Moore, Jenny Young, Roz Lehman, Kate Anderson. ROW 3: Coach Carole Larson, Jodi Scott, Kati Jividen, Jaimee Swayne, Laura Wiseman, Julie Williams, Yolande Pierson, Diana Sheets, Cher Creeks, Rachelle Shutt, Jessica Allen, Coach Gayle Burgett. BACK ROW: Coach Dave Frost, Tara Carey, Ruby Denton, Kish Harris, Carey Losenicky, Lashonda Smith, Jamie Reidburn, Chris Foley, Nicole Crook, Amber Swayne, Coach George Davis. NOT PICTURED: Shelly Arlaud.

Girls Track

| Place | Meet |
|-------|--------------------------|
| 4th | Roosevelt Invitational |
| 5th | S.E. Polk Invitational |
| 3rd | Urbandale Invitational |
| 3rd | Lincoln Invitational |
| 1st | City Series Invitational |
| NA | Drake Relays |
| 4th | Ankeny Relays |
| 3rd | Lee Town Relays |
| 7th | District Meet |
| 4th | Conference |
| NA | State Meet |

1st and 2nd in conference (shot put)-Valerie James and Jamie Reidburn

Drake and State Qualifier-Kish Harris



SOCCEER. FRONT ROW: Herbie Underwood, Adam Fuller, Jeff Voll, Brian Jones, David Penake, Josh Emerson, Mike Penake, Tim Voll, Shane Fisher. BACK ROW: Angela Allison, Kenneth Manirath, Travis Farley, Kal Lovan, Tanner Guy, Steve Heathcote, Coach Robert Boley, Coach Tim Leonard, Eric Dority, Brendan Shanahan, Kris Lightner, Boune Vongphasouk, Brandon Thompson, Jenie Fuller. NOT PICTURED: Ami Allison.





BOYS CROSS COUNTRY. FRONT ROW: Ryan McIntosh, John Barach, Jason Doncouse, Sabas Ramirez, Chad Donahue, Troy Vance. BACK ROW: Kevin Lightner, Lance Larsen, Coach Don Graves, Tom Hall, Nick Shoop, Josh Hibben. NOT PICTURED: Donnie Brookes.

Boys Cross Country

| Place | Meet |
|-------|------------------------|
| 6th | Urbandale Classic |
| 7th | Hoover Invitational |
| 8th | Karpan Invitational |
| 5th | Cardinal Invitational |
| 3rd | City Series |
| 8th | Ankeny Invitational |
| 4th | Augustine Invitational |
| 6th | American Conference |
| 9th | District |



GIRLS CROSS COUNTRY. FRONT ROW: Tricia Yencer, Melody Mendenhall, Angie Carey, Nicole Jacobs, Sarah Ingersoll, Nicole Slater, Christina Taha, Jennifer Hall. BACK ROW: Tara Carey, Chris Foley, Erica Hemesath, Coach Carole Larson, Darvette Smith, Shelly Arlaud, Amy Lillard.

Girls Cross Country

| Place | Meet |
|-------|-----------------------|
| 8th | Urbandale Inv. |
| 8th | Hoover Invitational |
| 5th | Johnston Invitational |
| 6th | Karpan Invitational |
| 9th | Cardinal Invitational |
| 3rd | City Series |
| 11th | Ankeny Invitational |
| 7th | Conference |
| 12th | District |



WRESTLING. FRONT ROW: Jodi Garner, Stephanie Beardsley, Tracy Berry. ROW 2: Michelle Vail, Ranae Charron, Sue Lee, Craig Clark, Billy Formaro, Ryan Hale, Robert Rivas, Brian Corbin, Steve Shriner, Nick Kligopoulos, Christy Grasso, Ali Burkhead, Amanda Nalevanko. ROW 3: Cory Dawson, Neil Schuldt, Jason Shootman, Kevin Hamm, Ryan Shutt, Brian Johnson, Tim Stroope, John Barach, Evagelos Kligopoulos, Nick Ryan, Joe Furby, Steve Webb, Tywon Dudley, Aaron Pruitt, Toby Herrera. ROW 4: Trainer Jim Lonning, Jason Hanson, Mike Hagins, Terry Iverson, Monty Ross, Coach Chris Hatchitt, Coach Darin Schreck, Head Coach Gary Rourke, Coach Jeff Hall, Coach Augie Gutierrez, Scott Michael, Kevin Tallman, Tim Page, Frank Ewurs, David Thompson. BACK ROW: Scott Knouf, Joe Blackford, Joe Huffman, Scott Rourke, Jeremy Dicks, Steve Brommel, Jack Metheny, Tim Leabo, Ryan Childs, Jesse Williams, Jason Spargo.

Wrestling

| East | Vs. | Opponent |
|------|--------------|----------|
| 50 | Carlisle | 22 |
| 14 | Indianola | 53 |
| 17 | Webster C. | 56 |
| 21 | Oskaloosa | 45 |
| 42 | Newton | 34 |
| 16 | Marshalltown | 53 |
| 43 | Lincoln | 27 |
| 35 | North | 25 |
| 21 | S.E. Polk | 44 |
| NA | Boone | NA |
| 21 | Indianola | 41 |
| 48 | Norwalk | 12 |
| 3 | Urbandale | 59 |
| 43 | Hoover | 12 |
| 48 | Lincoln | 21 |
| 23 | Ft. Dodge | 42 |
| 43 | Knoxville | 24 |
| 14 | Urbandale | 49 |
| 26 | Valley | 31 |
| 52 | Roosevelt | 12 |
| NA | Urbandale | NA |
| 16 | Dowling | 43 |
| 24 | Boone | 36 |
| 31 | Centerville | 37 |
| 24 | B. VanHorn | 42 |
| 36 | Roosevelt | 24 |
| 24 | North | 36 |

Season Record 10-15

State Qualifiers-John Barach, Jack Metheny, Evagelos Kligopoulos and Robert Rivas

2nd in State Class 3A #112-Robert Rivas



Boys Varsity Basketball

| East | Vs. | Opponent |
|------|-----------|----------|
| 48 | Urbandale | 74 |
| 61 | S.E. Polk | 72 |
| 52 | Lincoln | 84 |
| 61 | Ankeny | 87 |
| 42 | Indianola | 63 |
| 58 | Dowling | 70 |
| 56 | Hoover | 88 |
| 54 | North | 70 |
| 58 | Roosevelt | 75 |
| 46 | S.E. Polk | 71 |
| 40 | Lincoln | 48 |
| 47 | Indianola | 56 |
| 47 | Dowling | 55 |
| 46 | Hoover | 98 |
| 38 | Ames | 49 |
| 60 | North | 84 |
| 52 | Roosevelt | 97 |
| 54 | S.E. Polk | 59 |
| 40 | Johnston | 65 |
| 76 | S.E. Polk | 64 |

Season Record 1-19



BOYS VARSITY BASKETBALL. FRONT ROW: R. Baker, C. Standley, K. Schreckengast, J. Hull, J. Shelburg, A. Bennett, B. Hutson. BACK ROW: M. Grund, M. Bailey, W. Brewton, G. Childs, Coach C. Sutherland, J. Bauman, Assistant Coach J. Collins, K. Lightner, J. Tolan, B. Zelenovich, P. Lowe. NOT PICTURED: Q. Green.



BOYS TEAM A FRESHMAN BASKETBALL. FRONT ROW: David Suggett, Sialong Southammovong, Ray Gist, Lance Lethcoe, Jason Irvin. BACK ROW: Jeremy Toland, Mark Mullin, Coach Jay Fisher, Clarence Foy, Chris Flagg.

Boys Sophomore Basketball

| East | Vs. | Opponent |
|------|-----------|----------|
| 40 | Urbandale | 65 |
| 54 | North | 68 |
| 79 | Lincoln | 77 |
| 57 | Ankeny | 98 |
| 46 | Indianola | 80 |
| 45 | Dowling | 72 |
| 26 | Hoover | 73 |
| 38 | North | 59 |
| 35 | Roosevelt | 75 |
| 33 | Indianola | 57 |
| 38 | Lincoln | 74 |
| 33 | S.E. Polk | 63 |
| 57 | Hiatt | 81 |
| 41 | Hoover | 63 |
| 52 | Ames | 89 |
| 61 | North | 63 |

Season Record 1-15



BOYS SOPHOMORE BASKETBALL. FRONT ROW: Chad Lortscher, Lance Larson, Cortez Miller, Jeff Gathercole. BACK ROW: Larry Bundy, Coach Joe Grandanette, Matt Leonard.



BOYS SWIMMING. FRONT ROW: B. Faux, J. Isaacs, J. Wedman, B. Doncouse, J. Doncouse, J. Grother. ROW 2: E. Davis, T. Nemmers, N. Poliakov, M. Briant, J. Hayes, C. White, C. West. BACK ROW: S. Phelps, P. Gilbert, M. Wright, T. Hall, M. Clark, D. Faux, G. Moyle. NOT PICTURED: J. Trotter.

Boys Freshman Basketball

| East | Vs. | Opponent |
|------|-----------|----------|
| 42 | North | 71 |
| 35 | Roosevelt | 77 |
| 58 | S.E. Polk | 60 |
| 56 | S.E. Polk | 77 |
| 45 | Urbandale | 81 |
| 31 | Lincoln | 47 |
| 38 | Indianola | 69 |
| 45 | Dowling | 52 |
| 53 | Hoover | 66 |
| 47 | North | 40 |
| 50 | Roosevelt | 62 |
| 56 | S.E. Polk | 70 |
| 65 | Lincoln | 67 |
| 40 | Indianola | 64 |
| 58 | Dowling | 75 |
| 49 | Hoover | 59 |

Season Record 1-15

Boys Swimming

| East | Vs. | Opponent |
|------------------------|------------|----------|
| 68 | Lincoln | 102 |
| 78 | North | 86 |
| 3rd North Invitational | | |
| 45 | S. E. Polk | 114 |
| 1st Triangular Meet | | |
| 69.5 | Indianola | 98.5 |
| 5th Ram Relays | | |
| 43 | Hoover | 127 |
| 60 | Perry | 33 |
| 26 | Roosevelt | 69 |
| 66 | Dowling | 102 |

State Qualifier-Greg Moyle

Season Record 1-7



Girls Varsity Basketball

| East | Vs. | Opponent |
|------|--------------------|----------|
| 61 | Ottumwa | 30 |
| 46 | Roosevelt | 55 |
| 48 | Lincoln | 60 |
| 23 | Jefferson Scranton | 39 |
| 55 | Ankeny | 67 |
| 42 | Indianola | 54 |
| 62 | Davis County | 53 |
| 40 | Dowling | 57 |
| 58 | Hoover | 50 |
| 40 | S.E. Polk | 27 |
| 61 | North | 44 |
| 44 | Roosevelt | 55 |
| 57 | S.E. Polk | 42 |
| 46 | Lincoln | 63 |
| 40 | Dowling | 55 |
| 53 | Hoover | 55 |
| 32 | Ames | 39 |
| 64 | North | 39 |
| 43 | Indianola | 46 |
| 50 | Valley | 70 |

Season Record 7-13



GIRLS VARSITY BASKETBALL. FRONT ROW: N. Hanson, A. Flynn, R. Lehman, C. Creeks, R. Denton, J. Jones, J. Young, T. Yencer. BACK ROW: H. Bailiff, C. Foley, K. Green, J. Schnoor, Coach B. Beverly, Coach G. Davis, J. Reidburn, L. Smith, R. Shutt, D. Smith.



FRESHMAN GIRLS BASKETBALL. FRONT ROW: P. Kamvanh, J. Booth, H. McCarl, K. Sawhill, M. Coleman, H. Reese, K. Sawhill, K. Scarlett, L. Childs, A. Grant. ROW 2: R. Hesselstine, B. Thompson, D. Mathias, A. Franklin, R. Carlson, T. Judon, K. Vahey, J. Lamb, K. Thornton, A. Regan, L. McCoy. BACK ROW: J. Campbell, S. Ingersoll, M. Hill, Coach Caylor, Coach Burgett, Coach Steward, N. Barnes, S. Kitthikoune, S. Halston, A. Bolio.

Girls Freshman Basketball

| East | Vs. | Opponent |
|------|-----------|----------|
| 16 | Johnston | 46 |
| 27 | Winterset | 47 |
| 38 | North | 23 |
| 28 | Roosevelt | 33 |
| 13 | S.E. Polk | 53 |
| 34 | Lincoln | 54 |
| 32 | Norwalk | 34 |
| 18 | Indianola | 61 |
| 32 | Winterset | 34 |
| 16 | Dowling | 79 |
| 18 | Hoover | 43 |
| 50 | North | 40 |
| 38 | Roosevelt | 33 |
| 19 | S.E. Polk | 60 |
| 18 | Lincoln | 31 |
| 20 | Indianola | 55 |
| 24 | Dowling | 60 |
| 26 | Hoover | 53 |

Season Record 3-15

Girls Sophomore Basketball

| East | Vs. | Opponent |
|------|-----------|----------|
| 45 | Hoover | 49 |
| 44 | Hoover | 45 |
| 28 | North | 52 |
| 44 | North | 46 |
| 47 | North | 49 |
| 32 | North | 47 |
| 35 | Lincoln | 60 |
| 38 | Lincoln | 60 |
| 39 | Dowling | 50 |
| 32 | Dowling | 43 |
| 25 | Roosevelt | 43 |
| 43 | Roosevelt | 35 |
| 31 | Indianola | 46 |
| 36 | Indianola | 44 |
| 25 | S.E. Polk | 45 |
| 32 | S.E. Polk | 40 |
| 28 | Ankeny | 62 |
| 33 | Ames | 27 |
| 46 | Norwalk | 44 |

Season Record 3-16



SOPHOMORE GIRLS BASKETBALL. FRONT ROW: V. James, E. Lewis, C. Taha, N. Littell, S. Vahey, C. Patterson. SECOND ROW: A. Nemmers, T. Butts, K. Anderson, A. Hollingsworth, J. Piper, M. Coleman, S. Gering-Brown. BACK ROW: B. West, J. Swayne, Coach G. Davis, R. Luther, A. Swayne, N. Mooers.



GIRLS SWIMMING. FRONT ROW: L. Pastore, J. Thompson, L. Roeterdink, M. Suggett, A. Lozano. ROW 2: H. Payne, A. Nemmers, J. Swacker, M. Wood, C. Patterson, L. King, E. Brown, R. Hesselstine. BACK ROW: A. Cady, J. Nemmers, L. Jones, K. Harrington, Assistant Coach S. Thompson, Coach K. Gaeth, D. Woodard, C. McClelland, H. Robinson.

Girls Swimming

| East | Vs. | Opponent |
|-----------------------|-----------|----------|
| 115 | North | 48 |
| 118 | Perry | 39 |
| 61 | S.E. Polk | 109 |
| 62 | Indianola | 110 |
| 92 | Hoover | 72 |
| 69 | Roosevelt | 101 |
| 79 | Boone | 15 |
| 48 | Grinnell | 46 |
| 68 | Dowling | 102 |
| 3rd Place Rams Relays | | |
| 91 | Lincoln | 88 |

6th Place District
20th Place State

Season Record 6-4



rganizations

Be all that you can be!

A lot of people have said that East High is one big family. One reason for this is the fact that students spend time together inside and outside the classroom in organizations and clubs.

At East there was an organization or club for anyone who was interested in being all they could be. For students with voices, Scarlet and Prep Choir offered opportunities to sharpen those talents. Drama offered entertainment to the student body, as well as parents and relatives, through the acting abilities of the amateur thespians. Pep 'E' Club, the Steppers and the Colorguard entertained and energized the crowd at assemblies and games.

These were only a few of the organizations and clubs at East, but they all had something in common. They all contained committed, involved students and sponsors. Committed to preserving the belief that East High is a family, and insuring that everyone had the chance to become all they could be.

The East High Band members entertain the crowd at a football game. The band along with the Colorguard often performed during half-time at home football games.







Before performing in the Iowa State Fair Parade, senior **Amy Schatz** and juniors **Amanda Nalevanko**, **Ali Burkhead**, and **Missy Garrett** relax with some ice cold water. They sat in one of the few convertibles that were used for cheerleaders who got a little overheated during the long walk through downtown Des Moines.

Getting together at night, the varsity cheerleaders work hard to make signs and show spirit for upcoming games. They spent at least five hours a week just to decorate the gym and hallways.



FALL CHEERLEADERS. FRONT ROW: Cindi Irvin, Christy Grasso, Sue Lee, Tammy Halbur. ROW 2: Ali Burkhead, Emily Henry, Amanda Nalevanko, Justin Davis, Amy Schatz, Michelle Vail, Stacie Carlson. ROW 3: Ranae Charron, Lindsay Elliott. BACK ROW. Lindsay Cochran.





The Homecoming assembly brought new sparks to the varsity squad. Seniors **Brian Jones** and **Nate Abbas** put senior **Lindsay Elliott** up in a basket toss.

Working on their reputation

Where is the spirit? Most students don't realize how much effort the varsity cheerleaders put forth to keep excitement in the air.

"We always show school spirit and cheer on our teams whether we're winning or losing," said junior **Missy Garrett**.

Getting the parents and student body pepped up for a big game was hard at times, but the cheerleaders managed to do it.

"It's hard when we're losing a game, but we still show enthusiasm and before long the fans are yelling too," said junior **Tammy Halbur**.

Getting the stands fired up wasn't the only job for the cheerleaders. They also helped to improve the school's reputation with the public.

"During Christmas time, Cindy Brady (the sponsor) brought us together, and we stuffed stockings for the needy children, then handed them out. We asked companies to donate items that children wanted and needed," explained senior and captain **Lindsay Cochran**.

Fundraising was also a part of their job for the year.

"We had a car wash this summer to raise money for our new warm-up outfits," said **Halbur**.

"We also helped out during a basketball tournament at Hiatt Middle school by working in a concession stand," said junior **Michelle Vail**.

In spite of all the effort the varsity cheerleaders have shown, they did have a weekend to relax and enjoy watching others cheer.

"Cindy Brady took all of us on a free trip to Iowa City for an Iowa game and a chance to meet the Hawkeye cheerleaders," said **Cochran**.

It seems the cheerleaders had a lot of tasks to accomplish, but they managed to finish everything with smiles on their faces.

"We are known as cheerleaders for a reason, and we wouldn't do it if we couldn't handle the position," said **Vail**.



WINTER CHEERLEADERS. FRONT ROW: Cindi Irvin, Amy Schatz, Lindsay Cochran, Lindsay Elliott. ROW 2: Stacie Carlson, La Vongphasouk, Justin Davis, Missy Garrett, Emily Henry. BACK ROW: Christy Grasso, Ranae Charron, Amanda Nalevanko, Joe Robinson, Michelle Vail, Ali Burkhead, Tammy Halbur. NOT PICTURED: Christy Snell, Sue Lee.



Learning to show their spirit

As eighth graders in junior high, nervous girls waited impatiently for the phone call congratulating them on making the cheerleading squad. Freshmen also awaited to hear if they were selected to go on to the next step as sophomore cheerleaders.

After a big sigh of relief, these girls put all their time, energy and parents' money into becoming an EHS cheerleader. It seems like all fun and games to the average spectator, but only the girls themselves know how much hard work goes into supporting their school.

Why, then, would someone want to try out for such an exhausting organization their

first or second year in high school?

"I knew I wanted to get involved in school activities. I thought being a cheerleader would be a good way," said freshman **Jayne Corbin**.

"I tried only because I like meeting new people and I thought it would be fun to show my school spirit and root for my team," said sophomore **Melissa Bannick**.

Besides the early summer practices that everyone groaned about, both squads went to the UCA camp held at East during the summer. This was the first year freshman were allowed to go.

While the majority liked the cheers, chants and stunts

taught, many also felt camp would've been a more meaningful experience if it were away from East like it had been the years before.

"Since camp wasn't at a place like ISU, not many other schools attended, so we didn't get to meet other cheerleaders from different schools. It always felt like we were competing against each other," said freshman **Kate Olson**. "But it was great being outside and the instructors had a lot of neat stuff to teach us."

At last it was time for school and whether a cheerleader was active during fall or winter made no difference when it came to embarrassing moments.

"Throughout the football season, we always did a chant that had the words 'it's *tricky*, catch the wave' in it. I always said 'it's *turkey*, catch the wave' and no one ever caught it when we would cheer," said freshman **Tricia Forest**. "It was pretty funny when we finally figured it out!"

Through all the embarrassing times, hard work, long practices and games, the freshman and sophomore squads got the chance to become friends. Those friendships gave the girls lasting memories as first and second year cheerleaders and will hopefully last long after the pom poms are put away.



FRESHMAN FALL CHEERLEADERS. FRONT ROW: Tricia Forest, Jennifer Weeks, Jayne Corbin, Kate Olson. BACK ROW: Susie Phimphangsy, Khamnoy Sipaseuth, Josie Owens, Rickie Carlson.



FRESHMAN WINTER CHEERLEADERS. FRONT ROW: Jennifer Weeks, Josie Owens, Leslie Evans, Julie Johnson, Jodi Hills, Kate Olson, Tricia Forest. BACK ROW: Ashley Inthalangsy, Susie Phimphangsy, Mindy Murray, DeEnda Lopez, Jayne Corbin, Khamnoy Sipaseuth. NOT PICTURED: Raychelle Puchta.





It may be hot out, but freshmen **Jennifer Weeks, Jodi Hills, Jayne Corbin** and **Kate Olson** don't seem to mind. The parade in Indianola was the first real debut for the freshmen and everyone did their best to show their spirit.

Christmas is a special time for children at the Good Samaritan Home for Women as sophomore **Stephanie Carlson** gives a sack full of goodies to a little girl. All squads chipped in by receiving donations of items from companies or buying little gifts themselves.



Eager faces look on as UCA instructors get ready to teach new cheerleading skills. The long hours of learning and practicing paid off as sophomore **Stephanie Carlson** competed and won the Jump-Off and All-Star competitions.



SOPHOMORE FALL CHEERLEADERS. FRONT ROW: Laura Lewis, Autum Davis. BACK ROW: Stephanie Carlson, Sabrina Overton, Melissa Bannick, Stephanie Breese, Nicole Kock, Joy Elliott.



SOPHOMORE WINTER CHEERLEADERS. FRONT ROW: Nicole Kock, Stephanie Breese, Autum Davis, Melissa Lamb, Sabrina Overton, Joy Elliott. BACK ROW: Angie Jennings, Melissa Bannick, Laura Lewis, Leann Sou, Stephanie Carlson.





After a hard day of camp practice, seniors **Angie Bailiff** and **Rachelle Pollard** stop to show everyone their Stepper spirit. Three spirit sticks were awarded to the squad, at summer camp, for their spirited performances.

Smiling, knowing all their hard work paid off, seniors **Megan Wagner** and **Elishia Gray** show off their plaque from State. The Steppers got a number one rating at the Drill Team and Dance Competition, held on Friday December 2.



STEPPERS. FRONT ROW: Kristie Kimbley, Tascha Torgenson, Jenny Grund, Amanda Smith, Mandy Bennett, Sarah Banks. Row 2: Jaime Griffin (co-captain), Angie Goddard, Meghan Mulvehill, Stacy Finch, Jenny Speck, Misty Gilleland, Angie Bailiff. BACK ROW: Rachelle Pollard, Erika Gervais, Sarah Christenson, Megan Wagner (co-captain), Tobie Steele, Diana Bushong, Leah Wardak, Elishia Gray (captain).

Screams of excitement and tears of joy were shed by the Steppers after being ranked first place at UDA (Universal Dance Association) Camp. Besides getting first place at the end of camp, the spirited girls received first place out of eight squads for their camp dance, choreographed by seniors **Jaime Griffin** and **Leah Wardak**.



Posing not only as Steppers but as friends, juniors **Mandy Bennett**, **Sarah Banks** and **Amanda Smith** show how easy it is to smile and bear it through camp. Camp was held at Drake University from July 19-22 with practices held from 8 a.m. to 9 p.m.

Dance Fever



A sudden explosion of dance fever hit the 94-95 school year with a bang. The 21-member Stepper squad strutted their stuff from performing at the Carver Hawkeye Arena in Iowa City to teaching 'Little Stepper' clinics at surrounding elementary schools.

"Performing with the Iowa Pom girls was something to remember. We practiced so hard, but looking out into the crowd while we were performing was definitely worth it," said junior **Sarah Banks**.

While dancing is what it seems like Steppers is all about, there's a lot more to it.

"Being a Stepper means being a good role-model for our school. Many people look up to us and we have to set good examples," said senior **Stacy Finch**.

"Sister Steppers says it all: being a Stepper is like being part of a big family. It also means being completely dedicated to dancing," said senior **Tobie Steele**.

Steppers have accomplished a great deal of things including placing first at camp with many superior and excellent ribbons plus getting a number-one rating for their pom dance at state.

But for seniors **Jaime Griffin** and **Leah Wardak** it was much more; at camp **Griffin** and **Wardak** both were named All-Star Dancers and **Wardak** was also crowned Drill Down Queen for the second year.

"I was so excited to be Queen again, and named All-Star dancer this

year," said **Wardak**.

"As a squad our biggest accomplishment was at state when we got a number one rating. It was a very exciting time for all of us. As an individual I would say my biggest accomplishment was when I competed at the Individual State Competi-

tion and got a number-one rating. I had a lot of support from the squad. It was a great experience for me," said senior **Angie Goddard**.

From being the center of attention at performances to getting to practice at 6:30 in the morning, it all shows how dedicated Steppers really are.

"Right after tryouts last spring, the promise of dedication and commitment to Steppers was extremely high and the majority of the girls continue to give it their "ALL" day after day, week after week, which is evident in their wonderful performances this year," said sponsor **Jane Christenson**.

"When I tried out for Stepper captain I knew that someone was going to get chosen who had the responsibility and dedication. I had both, plus experience. It's always been something I've wanted to do since I was little," said senior **Elishia Gray**.

From performing at elementary schools to universities it's practice, practice, practice. But as the saying goes 'practice makes perfect'!



JV Steppers dance to a new beat

There's a new Steppers squad!

"A group of twenty girls perform their routines at freshman, sophomore and JV athletic events," said **Jane Christenson**, Stepper sponsor.

"Several adults and teachers had mentioned the idea as a way to involve more girls in a performance group at East," she said.

JV Steppers is group that formed to involve more girls in school activities.

The JV squad works hard in practice but also has fun in performance.

"We go practice twice a week, and it gives us time to socialize with the rest of the squad and learn new dances," said sophomore **Ashley Aldini**.

"We dance at freshman and sophomore games, and we have so much fun when we do," said sophomore **Diane Lovan**.

Even though the JV squad is new, not all of the action has been in state.

"Jill Nowadzky and I went to Florida to dance at half time in the Florida Citrus Bowl. We got to do a lot of fun things and had a great time," said freshman **Sarah Halsten**.

"When Sarah and I got picked to go on the trip, we had a blast! We made a lot of new friends and I got to be on TV," said freshman **Jill Nowadzky**.

There are goals the sponsor would like them to achieve.

JV Steppers sponsor **Tracy Biondi** said that she wants "to go to a state competition and see the different ideas from other schools."

Biondi said, "They should still have the JV squad throughout the coming years and continue it, if the school is willing."



JV STEPPERS. FRONT ROW: Carrie Whalen, Kristie Feters, Bethany Roof, Melissa Wiseman, Jenifer Cosner, Elizabeth Govoni, Diane Lovan. ROW 2: Stephanie Bernard, Angie Bacon, Jenny Booth, Sara Halsten, Jill Nowadzky, Kasondra Zeh. BACK ROW: Katie Knight, Laura Madeline Wiseman, Danielle Bell, Alicia Lore, Katie Pagel, Kathy Waldron, Ashley Aldini.





After performing at the homecoming assembly, the JV steppers take their seats. This assembly was their first performance in front of the entire student body.



While taking time out to bond with a new friend, freshmen **Sarah Halsten** and **Jill Nowadsky**, smile for a memorable moment. They were the two chosen to go to Florida from the JV Squad.

JV Steppers, freshmen **Sarah Halsten** and **Jill Nowadsky**, with their new friends show off their medals. They received their medals at a banquet in recognition for their talent the night before the Citrus Bowl.



Wet-haired and wild, seniors **Tammy Caylor** and **Mindy Egenberger** stop for a quick picture during the early hours of their Colorguard camp. This was the first year that the group had attended the camp in Pella, Iowa.

Flat-out-tired sophomore **Kati Jividen** lies on the bottom bunk, with her flag still in hand, after a hard day's work at Colorguard camp at Central College. Yet, she still finds the strength to smile for the camera.



With a whirl, sophomore **Angie Moyle** circles her flag in front of her. The Colorguard performed a number of different routines, such as *Montero*, one of the easier routines, at all of the assemblies throughout the first semester.

In a perfect triangular formation with their flags high in the air, these Colorguard members stand at attention as they perform their State routine during the winter assembly in December.



COLORGUARD

Makes it all the way around

Around and around they go, where they stop no one knows. The Colorguard spent hour after hour practicing in the little gym to achieve perfection. And indeed, they received a number-one division ranking at the State competition at S.E. Polk in December.

"I think getting the number one rating was really important because that was our goal and we made it happen!" said freshman **Krystal Tharp**.

"We also got new uniforms and flags this year, maybe that helped us achieve our goals and look better doing it, too," said

sophomore **Kati Jividen**.

What most people don't know is that Colorguard was not an organization outside of school hours like most groups. It is an official during-the-day class and is graded. The class meets along with the band and is sponsored by band director **Chris Paulson** and guided by **Cassie Russell**.

"Our grade is determined on how many performances we attend, if we miss one our grade is lowered because of it," said sophomore **Jenny Leete**.



COLORGUARD. FRONT ROW: Krystal Tharp, Jodie Griffin, Angie Kirstein, Tammy Caylor. ROW 2: Stephanie Wimber, Christy Booth, Presha Matticks, Jenny Leete, Kati Jividen. ROW 3: Angela Parsons, Angie Moyle, Letisha Taycher, Debbie Swanson, Sarah Elder, Maaret Hall. BACK ROW: Stacy Griffith, Shelby Miller, Mindy Egenberger.



During Homecoming, many Pep club members dressed in red and black to show their spirit. Seniors **Nate Abbas** and **Brian Jones** decided to go a little further and become "real" Scarlets.

Senior **Lindsay Elliott** finishes another Thanksgiving basket for the retired teachers. All the fruit was donated by the members and everyone chipped in after school to help put them together.



Spirited Scarlets

All through the year, there's a special club that helps bring more spirit and pride into our classes.

"Pep 'E' Club promotes spirit and service projects for our community," said sponsor of 23 years, **Shirley Blenderman**.

During Thanksgiving, a time of sharing, 25 members left school and delivered fruit baskets to retired teachers.

"We don't want our teachers to think we've forgotten them. Anyway, it's fun to listen to them talk about their years at East,"

said senior president **Lindsay Elliott**.

They didn't stop with Thanksgiving, though. They had much more planned.

"Pep Club decorates the library every year before winter break using different ideas and themes. When we finish, we always sing holiday songs and eat cookies," said co-sponsor **Linda Nemmers**.

The club has done a lot in the past and they keep on going, like the Energizer rabbit.

"One of our biggest duties

is organizing and decorating for Spree. It takes a lot of work, but we always manage leaving a job well done," said **Elliott**.

You can always point out the pep section at assemblies and school functions. They are dressed in red and black, shaking their pon-poms.

"We try to show as much enthusiasm as we can to get everyone else excited," said junior **Missy Garrett**.

Pep Club has taken a lot of effort, but as they all say... "We have spirit and pride to share with everyone!"





PEP "E" BOARD. FRONT ROW: Tobie Steele, Cindi Irvin, Lindsay Cochran, Lindsay Elliott, Tricia Yencer, Jennifer Nemmers, Kim Murphy, Tanya Thomason, Kaycee Colbert. ROW 2: Melissa McFadden, Sheliah Johnson, Nikki Hanson, Nick Kligopoulos, Elishia Gray, Amy Wolf, Lonnie White, Sara Waltz, Christina Foley, Lou Hayes, Laurenske Roeterdink. ROW 3: Melissa Anderson, Michelle Thomas, Dawn Lewis, Christy Grasso, Michelle Vail, Andrea Prast. ROW 4: Christy Booth, Chindaly Chounlamountry, Leang Sou, Amy Flynn, Missy Garrett, Amanda Smith, Emily Henry, Melody Mendenhall, Amy Hollingsworth, Lisa Johnston. ROW 5: Laura Puckett, Kate Wilson, Rachelle Pollard, Angie Allison, Jennifer Fallis, Jenie Fuller, Amy Nemmers. BACK ROW: Gus Childs, Aaron Bennett, Valerie McNeeley.



Perfection is possible as junior **Kirk Glass** is building the scenery for the dance. Much time and effort went into decorating, and Spree had a great turn-out.

Cheering on the Scarlets isn't hard for the Pep Club. Always vivid and full of spirit, our pep section tried to become the best screaming audience during the Homecoming assembly.



Students make progress to make East better!

Imagine: Streamers everywhere, balloons being blown up, props being set up, as the finishing touches are being done for the big night.

Student Government's efforts for Homecoming took a lot of preparation and a lot of hours and hard work among the students involved.

"We decorated for the dance, organized the assembly and organized all of the activities related to Homecoming. It was a lot of fun," said junior **Christy Grasso**.

"We design the Homecoming dance, car rally and other activities that are a part of Homecoming," said junior **Michelle Vail**.

Student Government also helps with canned food drives, blood drives, student exchanges and fund-raisers.

"It's fun when we get a lot accomplished and it shows," said senior **Jennifer Nemmers**.

People have pulled together to accomplish a lot to make East the best.

"We meet every Thursday morning. We discuss things we can help with around the school and community," said **Grasso**.

"It's cool! I just wish we had more guys in Student Government," said junior **Darvette Smith**.

Student Government keeps very busy and is mainly concerned about the school and the community. Many say that it is a worthwhile activity and they are always looking for young, eager minds to help out East and its students.

These seniors pose for a shot together for the last time. Some were involved in Student Government for all 4 years and others joined for only their last year.





Discussing plans for an upcoming fund-raiser, senior **Chindaly Chounlamountry**, asks ideas from other people. Many activities were planned to help East and its students.

Listening to everyone's input gave many people new ideas. Everyone had to work together to get things accomplished.



STUDENT GOVERNMENT. FRONT ROW: Sue Lee, Chrsty Grasso, Leann Sou, Melissa Anderson, Leang Sou, Chindaly Chounlamountry, Enn Brown, Tricia Yencer, Shellah Johnson, Tobie Steele. ROW 2: Jennifer Young, Missy Garrett, Autum Davis, Khamnoy Sipaseuth, Manivanh Kitthikoune, Lindsay Elliott, Nikki Hanson, Jennifer Nemmers, Kristie Keener, Rachelle Pollard. ROW 3: Amy Schatz, Michelle Vail, Lori Hayes, Sadanan Panvaree, Jenny Luong, Tanya Thomason, Amy Lillard, Cindi Irvin, April Richardson, Monanessa Harris. ROW 4: Donella Haygood, Aisha White, Darvette Smith, Nick Winterberg, Lonnie White, Kristina Hughes, Tracy Airhart. BACK ROW: Joe Green, Jamie Reidburn, Amy Hollingsworth, Manilay Thongsoum, Lawrence Graves, Amy Nemmers, Amy Wolfe, Douaveng Lee, Angela Williams.

STUDENT GOVERNMENT. FRONT ROW: Chindaly Chounlamountry (president), Leang Sou (historian). BACK ROW: Tanya Thomason (treasurer), Erin Brown (secretary), Tricia Yencer (vice-president).



CONCERT

BAND



CONCERT BAND: Anne Cady, Cory Clater, Heather Martineau, David Thornton, Dawn Porter, Ulrike Cox, Angie Curtis, Rachel Deierling, Stephanie Atkinson, Clint West, Maya Coleman, Deana Cruchelow, Andrea Curl, Ken Thompson, Melissa Crowley, Jason Embrey, Abby Lozano, Anesha Franklin, Melissa Woodard, Kelly Potter, Steve Phelps, Andrew Davis, Johnny Kurtz, Kelly Mrogenski, Joe Bosley, Missy Weaver, Missy Gilbert, Tasha Welch, Madeline Wiseman, Mike Newton, Jeremy Isaac, Joshua Jorgensen, Matt Hunt, Carol Blair, Jessica Oldham, Jodi Williams, Sean Saddoris, Marty Cross, Jeremie Embrey, Katie Anderson, Andy Anderson, Bryon Doncouse, Sarah Ingersoll, Dennis White, Lyndsay Taycher, Chuck Tonsi, Keni Thornton, Paula Roush, Amanda Johnson, Stacey Long, Deb Wirjes, Stephanie Conn, Sarah Jackson, Scott Knouf and Letisha Taycher.

ORCHESTRA



ORCHESTRA. FRONT ROW: Coleen Parcel, Laura Shelton, Cassey Bauer. ROW 2: Chris Overton, Angela Archer, Ben Davis, Jessica Haug, Kim Hamilton. BACK ROW: Christina Hughes, Jason Doncouse, Kay LeClere, Carey Losenicky, Herb Underwood. Advisor James Brauning. NOT PICTURED: Nicole Crook.

JAZZ BAND



JAZZ BAND. FRONT ROW: David Thornton, Cory Clater, Amanda Johnson, Mike Newton, Steve Phelps. ROW 2: Melissa Crowley, Jeremy Isaac, Sarah Ingersoll, Sean Saddoris, Jeremie Embrey, Ken Thompson. BACK ROW: Johnny Kurtz, Stacey Long, Clint West, Anne Cady, Andy Anderson. NOT PICTURED: Jason Embrey, Dave Harban, Scott Knouf, Kelly Potter.





"Concert band players not only learn music, but they also learn life skills," said advisor **Chris Paulson**, "such as team work, responsibility, accountability and hard work." That is obvious to anyone who has heard them play.



Shooting for the stars

Hard work is no strange thing to them. And improving themselves is what they do best. Who are they? The bands, of course! The concert band, the jazz band and orchestra.

Band instructor **Chris Paulson** started a new program to improve the concert and jazz bands.

"I want the students to play better and make them feel good about themselves," said **Paulson**. "I want them to build their self-esteem and to feel success while they're playing. I also don't allow their playing to be just mediocre."

They were grouped into four sectionals. Each sectional group worked together one morning per

week before school.

"We practice what's hard and work until we do better," said sophomore **Melissa Woodard**. "We work on skill, sound and balance."

The orchestra, on the other hand, had their own unique way of practicing. The Pioneer String Quartet from the Des Moines Symphony came to work with East High's own string quartet.

The string quartet met periodically at one of the player's homes and went over music material.

"We get coaching from professionals, and it's a good influence and stimulator for us," said quartet member junior **Cassey Bauer**. "But we also get criticism and that is just as important."

Jazz musicians junior **Jeremy Isaac**, freshman **Sarah Ingersoll** and sophomore **Ken Thompson** not only play at school pep assemblies but at competitions. The jazz band competed at the S.C.I.B.A. Jazz Contest and the State Jazz Band Competition where they got a Division II rating.



Continuing a long line of excellence, cello player freshman **Ben Davis** plays with the string quartet at museums and competitions.

Orchestra hoped to repeat last year's Division I Rating. Considering that there's only 13 student, this shows great artistic strength.





LIGHTS AND SOUND. FRONT ROW: Jamie Griffin, Eric Dority. BACK ROW: Mariela Huber, Nicole Crook, Carey Losenicky, Anndrea VanHorn. NOT PICTURED: Justine Krieger, Theresa Golish, Cortnei Davenport, Ben Watson.



THEATERARTS. FRONT ROW: Stephanie Wimber, Justine Krieger, Jaime Griffin. ROW 2: Anndrea VanHorn, Heather Wormer, Mariela Huber, Eric Nevins, Theresa Golish. ROW 3: Vanhnida Baccam, David Enos, Ian Folsom, Nicole Crook, Kevin Thomson, Cortnei Davenport. ROW 4: Deana Cruikshank, Leah Wardak, Rita Gogerty, Melissa Duerkes, Kay LeClere, Kristi Cox. BACK ROW: Jenell Clay, Eric Dority, Calvin Edwards, Carey Losenicky, Larry Davis, Somphack Inthalangsy.



Professor Van Helsing, played by sophomore **Kevin Thomson**, and Dr. Seward, played by senior **Somphack Inthalangsy**, are struck dumb by the news they received from a servant, junior **Eric Dority**. The actors of *Pajama Party* and *Dracula* were exhausted by the time the shows were over.

Oh no! She's dead! Seniors **Somphack Inthalangsy**, **Kay LeClere** and **Jaime Griffin** and junior **Eric Dority** perform Mina's death scene in the play *Dracula*. Both it and *Pajama Party* were postponed for a week because of the ice and snow.





"Come with me Mina dear," says junior **David Enos** to senior **Jaime Griffin**. *Dracula* and *Pajama Party* took a lot of hard work and long hours. The closer the actors got to the performance the more edgy they became.

Lights! Camera! Action!

When walking about during the school day, you don't really think that the day is going to be weird. Then you run into several people dressed in animal clothes or clothes you didn't even know existed, while others are looking spooked and are practically pulling out their hair by the roots.

Has everyone gone insane? No, the simple solution is that Theater Arts is putting on a play.

There were many different reasons for students to get into theater arts.

"I got in because my many other personalities wanted to express themselves," said sophomore **Cortnei Davenport**.

"I got into it because I was tired of doing one-act plays in Drama II," said senior **Melissa Duerkes**.

Many great memories were established over the year in Theater Arts.

"I think that the best memories I have are the cast parties. Mariela Huber and I invested our money in the entertainment," said **Duerkes**.

"The thing I remember is the fact that I was an old lady

in every play except one. I did have one of the three big female parts in *Dracula*, though I was someone's mother," said senior **Justine Krieger**.

"I remember wandering around school in a daze because we were at school rehearsing until 11:30 the previous night," said junior **Carey Losenicky**.

The thought of continuing theater in college appeals to some of the actors.

"I would love to continue in college. In 20 years I will be seen on TV accepting an Oscar for 'Best Leading Actress' thanking all the little people," said senior **Jaime Griffin**.

"I would continue in college, but I have to be realistic. I would always be cast as an old woman," said **Krieger**.

Others weren't as keen on the idea of a future in theater.

"I would but there's no security. I would have to minor in waitressing to have a stable career," said **Davenport**.



Shhh!!!! Lights are down, curtain's up!

Actors excel on the stage

Remember those silent movies years ago, where people only acted and didn't talk? Well, the Scarlet Vibrations are just like that. Only they're a lot cooler.

They went to nearby elementary schools and did short skits for the children.

Sophomore **Dawn Porter** said, "I like the response we get from the kids. It's a positive effect for them and for us."

For many, the plus is getting to work with other people.

"Drama is like a big family," said senior **Justine Kreiger**,

a Drama Club member.

The Drama Club met every two weeks, and did a variety of things.

"We do fundraisings to raise money to build stage sets," said drama teacher **Ruth Ann Gaines**.

They also went on trips to the Des Moines Playhouse and the Ingersoll Dinner Theater to critique plays that were being performed.

Drama was also very fun.

"It gives me a chance to be myself and someone else at the same time," said Drama club president sophomore **Nicole Crook**.



SCARLET VIBRATIONS. FRONT ROW: Angie Ball, Crystal Monaco. ROW 2: Amanda Strahl, Angela McCann, Julie Johnston, Dawn Porter. ROW 3: Kim Poole, Larry Bundy, Deangelow Dudley, Calvin Edwards, Sally Downing, Dennis McMahon. BACK ROW: Ian Folsom. NOT PICTURED: Chasity Convery, DeEric Dixon, Jodie Griffin, Steatra Griffin, Mike Hafenback, Amy Kroeger, Michelle Stutes.



Now sit back, relax and enjoy the show!

Performing a skit for Martin Luther King Jr.'s birthday, juniors **DeAngelo Dudley**, **DeEric Dixon**, and **Darvette Smith** perform with all the finesse of professionals. This particular skit, written and directed by senior **Jenell Clay**, was also performed in Ames at the King forum.



DRAMA CLUB. FRONT ROW: Nicole Crook (president), Jaime Griffin (vice-president), Cortnei Davenport (secretary/treasurer). ROW 2: Darvette Smith, Leah Wardak, Justine Krieger, Stephanie Wimber, Theresa Golish, Mariela Huber, Coleen Parcel. ROW 3: Melissa Duerkes, Heather Wormer, Carey Losenicky, Eric Nevins. BACK ROW: Rita Gogerty, Kevin Thomson, Eric Dority, Kay LeClere. NOT PICTURED: Glenna Frank, Lisa Johnston, Ian Folsom.



THESPIANS. FRONT ROW: Eric Nevins, Andrea VanHorn, Darvette Smith, Jaime Griffin, Justine Krieger. ROW 2: Mariela Huber, Theresa Golish, Stephanie Wimber, Kevin Thompson. BACK ROW: Cortnei Davenport, Nicole Crook. NOT PICTURED: Carey Losenicky, Deana Cruikshank, Melissa Duerkes.



Drama Club members, juniors **Darvette Smith** and **Ian Folsom** and seniors **Anthony Clark** and **Jenell Clay** perform a skit for a faculty meeting. The club performed for many events such as assemblies and competitions.





KIWANIANS. FRONT ROW: Lindsay Cochran, Lindsay Elliott, Chindaly Chounlamountry. BACK ROW: Jennifer Boatwright, Rachelle Pollard, Jennifer Nemmers, Kim Murphy. NOT PICTURED: Aaron Bennett, Kaycee Colbert.



NATIONAL HONOR SOCIETY. FRONT ROW: Sarah McFadden, Amanda Johnson, Shelia Johnson, Cindi Irvin, Kathie Manirath, Leang Sou, Manivanh Kittikhoun, Angela Reihsen, Michelle Potter, Allison Payne. ROW 2: Amelia Pearson, Elaine Utterback, Jodi Browne, Kara Brown, Allison Bair, Eric Neubauer, Leah Wardak, Kari Cox, Denita Sims. BACK ROW: Justin Davis, Nick Shoop, Mike Saddoris, Dounang Lee, Wade Pfau, Heather Wormer, Amy Lillard, Johnanna Schnoor, Jennifer Boatwright, Melissa Gervais. NOT PICTURED: Shinobu Tsuruta



ACADEMIC LETTERWINNERS. FRONT ROW: Noi Vongchanh, Eili Kittikhoun, Jodi Fenton, Shelia Johnson, Christy Grasso, Kathie Manirath, Sarah McFadden, Cindi Irvin. ROW 2: Tracy Berry, Shopa Matthew, Dounang Lee, Tim Stroope, Kittu Soulinthavong, Darvette Smith, Nichole Garringer. ROW 3: Jennifer Farris, Ashley Aldine, Krystal Young, Kao Feng Lee, Amelia Pearson, Amanda Johnson, Andrea Curl. ROW 4: Jennie Fuller, Adriana Shilling, Jami Swacker, Amy Lillard, Michelle Potter, Heather Wormer, Jodi Brown, Katie Anderson. ROW 5: Laura Fuller, Scott Long, Mick Wright, Matt Ramsey, Allison Bair, Kara Brown, Sarah Hartman. ROW 6: Justin Davis, Amanda Arpy, Heather Jensen, Amanda McFadden, Letisha Taycher, Brian Archer. BACK ROW: Brad Hasington, Rhonda Swisher, Missy McFadden, Jennifer Boatwright, Mike Peterson, Kat Jividen, Choula Saykhang. NOT PICTURED: Bethany Abbitt, Soukham Baccam, Laura Fetter, Glenna Frank, Nichole Garringer, Scott Haworth, Matthew Humphrey, Adam McFadden, Abby Medans, Michelle Oliver, David Penake, Christopher Standley, Matthew VanGundy, Wivel Waterhouse, Jennifer Watkins, Ulrike Cox, Jill Hollister, Valerie James, Jason Lay, Sue Jin Lee, Matthew Ramsey, Matthew Redshaw, Phillip Richards, Vangpheng Vongphasouk, Paul Hansen, Wade Pfau, Angela Reihsen, Michael Saddoris, Nicholas Shoop, Danielle Taha.





NHS sponsor Larry Hutzell and alumna **Lori Lethcoe** prepare the ceremony table. The NHS honors students who achieve in academics and serve as leaders of the school community.

"Ah, the classics!" Seniors **Allison Bair** and **Kara Brown** relax in the library after the awards ceremony. Many students' work paid off when they received their letters.



Academic achievers honored in exclusive clubs

In life there are many ways to stand out among your peers, other than in sports. The National Honor Society, Kiwanians, and Academic Letterwinners are three organizations at East that recognize outstanding academic achievers.

The Kiwanians are students that are involved in the school, as well as being academic achievers.

"(A Kiwanian is) someone who is involved in the school and is a good student. Basically, a well-rounded person," said senior **Kaycee Colbert**.

Being named to one of these exclusive clubs is considered a great honor by many people.

"I was very honored to be named January Kiwanian with Kim Murphy. I learned a lot about how a distinguished club works," said **Colbert**.

"I felt great, knowing all my hard work and studying had

paid off," said senior **Heather Wormer**, an Academic Letterwinner.

Academic Letterwinners are students who managed a 3.6 grade point average for two consecutive semesters while carrying five academic classes.

"National Honor Society is an organization that recognized and encouraged academic achievement, character, service, and leadership," said sponsor **Larry Hutzell**.

The National Honor Society also held many projects for the school and the community.

"A major activity is the sponsorship of the Scarlet Standout recognition," said **Hutzell**. "This year members have assisted in the preparation of food baskets for the needy and some early risers have volunteered as breakfast workers in the program to feed Des Moines' needy and homeless."



The treasurer of Key Club, junior **Darvette Smith**, and senior **Cher Creeks** plan what they should do with the money they raised from selling suckers. With the money, they ended up sending people to a conference and funding community clean-ups.



Working hard for the future

"It is up to each individual person if the changes that need to be made happen or not," said freshman **Craig Clark**.

Contrary to common belief one person can make a difference and you're never too young to start. This was what Diversity Council and Key Club were trying to illustrate through their new programs.

The Key Club did community projects throughout the city to help out others.

"We read to children and helped them with their reading and we also worked with disadvantaged children. We also tried to do community cleanups," said junior **Trisha Wood**.

Not many people take time out of their schedules for others, but those who do get something back.

Senior **Mike Saddoris** said, "Probably the best thing about Key Club was the awards we got for relatively little effort. Acting as a group we got a lot of things done for a lot of people."

"I like working with the kids because they appreciate when we take the time out to be with them," said junior **Teresa Rayman**.

Another group of kids who tried to make a difference was the Diversity Council, organized by drama teacher **Ruth Ann Gaines**. The group was made up of students recommended by teachers.

The Diversity Council had a mission statement that the students wrote themselves.

They were to "...promote understanding, respect, and unity among cultures in our school and community."

"It's different from other clubs because it tries to promote many different cultures together through education," said sophomore **Soukham Baccam**.

Each person also had their own personal goals to accomplish through the Diversity Council.

Sophomore **Jennifer Grund** said, "I hope to get rid of some of the racial problems and cliques are also a problem that and need to be worked on."



Listening intently to other ideas, freshman **Maya Coleman** helps to plan for Diversity Week. The week of March 13-17 the council arranged to present speakers, skits and much more during school to help teach students about different cultures.

Taking notes at a Diversity Council meeting, junior **Darvette Smith** listens to teacher **Ruth Ann Gaines**. Everyone on the council was encouraged to give their opinions and then everyone compromised to come up with the best solution.



KEY CLUB. FRONT ROW: Jill Hollister, Mike Saddoris, Darvette Smith. ROW 2: Joella Spaine, Mol Hom, Douaneng Lee, Robyn Zohbon. BACK ROW: Jen Watkins, Glenna Frank, Matt Redshaw. NOT PICTURED: Teresa Rayman, Nick Shoop, Trisha Wood.

A lot of foreign exchange students who attended East added cultural input. Teachers **Ed Kelly** and **Patty Hoffman** discuss the differences in life styles and how the exchange students were getting along with other students.



This is not **WEAK** for the

Ad sales is an on the job class. Students have to drive around and get people to buy ads. They have to deal with all sorts of people undobstacles. In this class you have to be outgoing and confident.

It can be difficult to persuade people to buy an ad, but Sponser **Nancy Hansen** taught them to "sweet talk" the buyers.

"For whatever reason they didn't want to buy an ad, we always had a response to persuade them," said senior **Ronnette Poulson**.

"I try to show them that buying an ad in the yearbook will help them broaden the exposure they will receive in the east side community," said senior **Larry Shelton**.

Although it could be hard to persuade people to buy ads, it was also difficult just trying to get to the businesses.

"Chris Foley and I went to two junkyards in a yucky neighborhood to sell ads to them. Neither one of them did. As I was pulling out of the parking lot, a big truck went by and a rock flew off of it and cracked my windshield," said **Poulson**.

Business Professionals of America is not for the weak, shy, or slow. You have to be a bright, fast learners, and a great leader than you should be in BPA.

The group gets tested on three different competitions: occupational, specialized, and general. They compete at local, and state regional competitions.

At the competitions the students got a chance to show off their skills and their leadership quilities Also at competitions they got a chance to make new friendships and newly found skills.



FALL AD SALES. FRONT ROW: Michelle Earles, Shontell Stanton, Heidi Hutchinson, Angie Goddard, Jenny Speck, Ternille Steeper, Melissa Gilbert. ROW 2: Naney Hansen, Ronnette Poulson, Kathy Thompson, Elishia Gray, Mark Allen, Angie Bailiff, Christina Foley, Holly Robinson, Erin Brown. ROW 3: Todd Elder, Mike Worden, Richard Armintrout, Nate Abbas, Shelly Knight, Lawrence Shelton. BACK ROW: Joe Green, Gus Childs, Ron Pauscher, Chad Barnes, Allen Couch.





With a questionable look, sophomore **Stacie Hall** wonders where she is going. The students in Ad Sales drove around looking for businesses that might be willing to buy an ad.



Surrounded by papers, senior Richard Armintrout, tries to finish his paperwork. Paperwork was one of the things the Ad Sale students had to do.



BPA. FRONT ROW: Shontell Slanton, Stacie Carlson, Lindsay Cochran, Laura Puckett, Dawn Lewis, Bobbi Jo Belger, Christy Snell, Kim Murphy, Kathie Manirath, Sponser Mary Jane Kaldenberg. ROW 2: Danyel Weatherly, Rachelle Pollard, Erin Thompson, Kara Culp, Angie Goddard, Shelly Knight, Tanya Thomason, Megan Wagner, BACK ROW: Michelle Nelson, Andi Gerstenberger, Sara Hartman, Kevin Kenney, Kathy Thompson, Rob Canco, Brian Pierce, Melissa McFadden, Sarah Zeliadt.



S

etting new sights

"Being in New Horizons is a rewarding experience because it looks good on résumés and helps prepare you for the future," said sophomore **Job Yamen**.

By helping students learn about careers, New Horizons has given many students jobs, and helped to set their sights for the future.

"New Horizons helps to get a job," said sophomore **Jermaine Patton**, "and keeps you out of trouble."

"You go in and learn about the career of your choice," said junior **Shantell Lloyd**, "and it is easier to find out what career you want to go into, instead of doing a lot of library research."

New Horizons does a lot of things besides just in-school activities.

Patton said, "We go on field trips and have a lot of fun doing them."

"Once we went to 'Student Voices' and Godfather's Pizza," said **Lloyd**. "It was fun talking about our dreams of what we wanted to do in the future."



NEW HORIZONS. FRONT ROW: Advisor Cynthia Heck, Charity DeHaven, Tyanikka Robinson, Keisha Walker, LaDondra Moon, advisor Fannie Wilson. ROW 2: Advisor Kathy Stuart, Jean Caldwell, Sara Jones, Kamilia Lee, Barbara Mallet, Chrissy Duplanter, Terra Scott, Elizabeth Lloyd. ROW 3: Natalie Brown, Amber Probasco, Joe Boylan, Michelle Slaughter, Angela Williams, Amanda Fox, Shantell Lloyd, Stacy Stewart. ROW 4: Trond King, Eric Auguste, Pamela Patton, Shantell Johnson, Tammy West, Melissa Bos, Angie Ball. ROW 5: Jon Sibley, Shane Callahan, Maysa Sayavongchanh, Melvin Haygood, Chris Beach, Destiny Collett, Job Yamen. BACK ROW: Bryan Moore, Larry Bundy, Gary Butts, James Sams, Jermaine Patton, Richard Carroll.

Junior Angela Williams, a New Horizons student, views the job board with a friend for up-to-date job listings, which provided many students with insights on jobs they were interested in.



H

elping out

Take this pass down the hall! Put these books away! Alphabetize these files! These are just some of the things that office and library aides hear as they do their work (or tasks) in the class for 1/2 credit. However, working in the office or library as an aide turned out to be more than just a class.

"It's fun working with other people," said sophomore **Elizabeth Lloyd**.

"The funniest thing about being a library aide," said junior **Paul Swanson**, "was when I

got to model where things were like Vanna White as the librarians gave speeches to the students."

Even in the most serious of times, funny things can happen in the office or library.

"Someone called up to the office once and I couldn't hear her," said senior **Beth Shanahan**. "Finally she yelled out that there was a problem in one of the bathrooms, and the whole office laughed."



OFFICE AIDES. FRONT ROW: N. Littell, A. Bacon, S. Banks, A. Smith, D. Lewis, A. Goddard, M. Thomas, B. Shanahan, S. Johnson, K. Byerly. ROW 2: M. Bannick, E. Thompson, S. Beardsley, M. Bennett, M. Gilleland, J. Garner, C. Hollingshead, K. Thompson, L. Storey. ROW 3: S. Halsten, N. Mooers, S. Campbell, J. Randolph, A. Kroeger, N. Luscombe, C. Irvin, L. Cochran. ROW 4: K. Lee, J. Hills, J. Nowadzky, P. Wilson, B. Dalrymple, E. Gervais, T. Yencer. ROW 5: S. Matzke, D. Lopez, A. Sharp, M. Reasby, M. Bos, R. Dozal, K. Wilson, S. Stewart, C. Michael, A. Fox, A. Hicks. ROW 6: A. Hollingsworth, M. Ross, A. Burkhead, E. Henry, J. Lee, D. Carter, J. Jones, J. Young. ROW 7: E. Edsill, B. Johnson, S. Rourke, T. Risius, R. Apt, R. Armintrout. BACK ROW: L. Sou, L. Lewis, N. Kock, C. Rice, A. Flynn, S. Lee, N. Dellaca, L. McCoy, K. Mefford. NOT PICTURED: L. Borne, K. Byers, G. Mata, S. Overton.



*P*reparing for the future

“With Office Education, you get a touch of the real world,” said senior **Tanya Thomason**.

Learning the skills and getting the experience needed in the realm of today’s careers was part of the Office Education class.

Senior **Elishia Gray** said, “Since I took the course, it will not be as hard to get a job in the future.”

The students work on units that will help them become more employable. Also, Office Education involves a lot of activities outside of school and in the classroom.

“At Christmas,” said instructor

Mary Jane Kaldenburg, “we adopted a family and took them toys and food bought from the fund-raiser money.”

At out-of-school activities, however, sometimes the funniest of things happened.

“We were at a regional competition at ALB, and nobody knew how to use the computers,” said **Thomason**. “Nevertheless, several of us placed in the events.”

In the end, Office Education proved to be a valuable class.

Senior **Rachelle Pollard** said, “We get a chance to interact with business and learn different techniques.”



Senior **Tanya Thomason** is pointing out to senior **Erin Thompson** an important feature of the new Power Macs in room 654N, which were added to the classroom second semester.

Typing away at the computer, senior **Jenny Luong** learns one of many business skills taught in the Office Education class.



LIBRARY AIDES. FRONT ROW: Ginger Van Gundy, Elizabeth Lloyd, Tracy Airhart, Heidi Hutchinson. BACK ROW: Paul Swanson, Tonette Haygood, Lori Doornenbal, Sara Hartman, Jeff Howe. NOT PICTURED: Josh Jefferson, David Kephart.



Dancing to a new groove! There's a new group in town.

A new style of dancing is now an option at East. Now you can try out for the Scarlet Dance Squad.

The dance squad was a new program this year. It used the latest dance steps and music.

"I helped start (the squad) because my friends and I wanted our own dance program that was different and fun," said senior and squad president **Kala Goldsmith**.

"I helped put it together because I wanted to dance," said junior and co-captain **Valerie James**.

The dance squad practiced on Mondays, Wednesdays, and Fridays after school in the cafeteria and at 8 p.m. when the big gym was open.

The dance squad did contemporary dances to contemporary music.

"Anyone who can dance can join," said **Goldsmith**. "It's for everyone who wants to dance."

"The dance squad is a new and exciting group for East," said senior and co-captain **Shawnda Rogers**. "You get to use your energy in a creative and positive way."

"It took a lot of effort to develop the dance squad because it's hard to start up something new like that," said senior and co-captain **Aisha White**. "The people who started the dance squad should be commended for their effort because of all the different opinions around."

"Give your support, try out, help it be successful," said **James**.

"I hope this program continues for years to come because it gives students a chance to be involved in something," said **White**.

"Get involved in as many activities as possible. High school is the best time of your life," said sophomore **Gena Coleman**.



While the others talk, junior **Valerie James** practices her dance moves. She wanted to be her best for the performance on Jan. 27.



Sophomore Mikisha Williams shows freshman Angie Pebbles, and sophomores Lonnie White and Jacki Jacobus how to get a kick out of dancing.

The dance squad members try out new moves while practicing in the big gym. They did a lot of the newest dance steps.



SCARLET DANCE SQUAD, FRONT ROW: Rosa Dozal, Valora James, Natasha Long, Shawnda Rogers, Aisha White, Valerie James. ROW 2: Shantell Johnson, Nicole Edmonds, Barbara Mallet, Shawtay Murray, Donnella Haygood, Angela James. BACK ROW: Fani Wilson (sponsor), Lula Ditu (helper), Angie Pebbles, Jacki Jacobus, Christine Mallett (helper), Kala Goldsmith, Gena Coleman, Mikisha Williams. NOT PICTURED: Lonnie White.



During practice, sophomore Mikisha Williams, freshman Lula Ditu and junior Natasha Long take a breather in between dance steps.

Looking great! Senior Aisha White, junior Valerie James and senior Shawnda Rogers kick back after a hard day of practice.



Foreign Horseplay

"Students should take a foreign language," said senior **Kevin Barton**, member of the French Club.

The French Club was a great opportunity for students to learn more about the French culture and to have some fun.

"I joined mainly so I could go out and have fun," said sophomore **Kelly Potter**.

And she did, creating fun memories to cherish.

"During our Christmas dinner at the Embassy Club (on the top floor of the Principal Building) it was snowing. It looked really pretty, like a snow dome," said **Potter**.

Others that night were not so happy.

"It was disgusting," said junior **Sabrina Smiljanic**. "I ate Escargot!"

The French Club's activities included a hay rack ride and a bonfire and their annual donation of money to a charity of the club's choosing.

"We had wanted to give to something this year that would benefit the teenagers," said French teacher and club adviser, **Susan Lorence**.

This year the club donated \$250 to the

Coalition of Churches' new shelter for the homeless.

Another foreign language club was the Spanish Club, also a great opportunity for interested students.

"I joined to develop a better understanding of the Spanish culture," said senior **Jennifer Gass**.

Some of the Spanish Club's activities involved decorating, and a lot of imagination! The Spanish Club decorated a door for Christmas and made a float for Homecoming. They learned about the Spanish culture through "fiestas" celebrating Spanish holidays and featuring Spanish food. They also went bowling, ice skating and horseback riding.

Once again, memories were made.

"We had all been riding single file for the longest time," said senior **Jennifer Boatwright**. "When we rounded this curve, my horse took off and cut in front of a couple of other horses before me. Then two other horses followed me!"

So you see, a great time was found by all. Even the horses got to laugh!

Showing her incredible excitement for the French language, sophomore **Kelly Potter** makes a face. This was only one of many faces she was seen making through the year.





Hoping to quench their thirst with Dr. Pepper and Mountain Dew, juniors **Heather** and **Bridie Roberts**, along with senior **Jenny Nemmers**, pour huge glass fulls. Pop was a very common drink at all the Spanish functions.



SPANISH CLUB FRONT ROW: Sarah Banks, Keli Guile, Teresa Corbin, Heather Roberts, Jenny Luong, Tricia Yencer, Nikki Hanson, Cindi Irvin, Christy Grasso, Sue Lee, ROW 2: Kathryn Hanson, Melody Mendenhall, Jenni Myer, Bridie Roberts, Noi Vangchanh, Debbie Anderson, Christine Mallet, Cher Creeks, Amy Flynn, ROW 3: Kamilia Lee, Christina Taha, Jennifer Fallis, Nick Winterberg, Laura Shelton, Laura Fetter, Jennifer Nemmers, Adam Neubauer, Shopha Matthew, BACK ROW: Manilay Thongsoum, Adam Fisher, Heather Wormer, Jennifer Boatwright, Jennifer Gass, Rachelle Pollard, Randy Stevens, Brad Zelenovich, Scott Rouke. NOT PICTURED: Marie Blackford, Carol Blair, Darvette Smith, Kafi Dixon, John Wing.



French teacher Susan Lorence serves sophomore **Vanhnida Baccam** a piece of French cuisine. Parties were an easy way to get in touch with the French culture.

Pigging out at a Spanish fiesta, sophomore **Nick Winterberg**, junior **Darvette Smith**, and seniors **Nikki Hanson**, and **Tricia Yencer** are framed in time. This was just one of the many food fetishes they had through the year.



FRENCH CLUB FRONT ROW: Kevin Barton, Khamnoy Sipaseuth, Kelly Potter, Sabrina Smiljanic, Gretchen Proksa, Sara Waltz, Andrea Prast, Lottye Childs, Stephanie Breese, Leann Sou, ROW 2: Euie Kitthikoune, Phone Philavanh, Vahnida Baccam, Jennifer Prudencio, Leah Wardak, Sherry Kitthikoune, Jennifer Lamb, Ken Sinclair, ROW 3: Kari Teske, Julie Johnson, Mindy Anderson, Sarah Halsten, Kate Wieck, Cassie DeYoung, Jodie Hanson, ROW 4: Krista Truman, Nichole Garringer, Stacey Vahey, K.P. Phaydavong, Laura Lewis, ROW 5: Matt Humphrey, Kate Olson, Kristie Vahey, Raychall Schmig, Steve Porter, Tshiteya Kabuika, Jeremy Vansice, BACK ROW: Steve Phelps, Ted Nemmers, Jason Miller, Kaiphat Phaydavong, Peter Trost, Katy Knight, Amy Schatz, NOT PICTURED: Chindaly Chounlamountry, Leang Sou, Douaneng Lee, Amy Braaksma, Raychelle Pucta, Melissa Wiseman, Shannon Hamblet, Jill Hollister, Jo Schnoor, Kati Jividen, Mike Stanley, Nicole Jacobs, Love Drew, Jennifer Leete, Sarah Elder, Julie Johnson, Josh Hayes, Amber DeVan.



Do re mi! Music, music, everywhere!

The curtains close. The audience is applauding as the choirs walk off the stage with a sigh of relief.

"I feel kind of relieved (after the show) because I'm usually nervous before the concert," said sophomore **Glenna Frank**.

During the school year the A Cappella Choir and Treble Choir members performed many different places and had four scheduled performances at East.

"My favorite performance is large group because you get to sing for judges and you learn your weaknesses and your strong points. It also gives the group an overall rating of their performances," said sophomore **Amy Hollingsworth**.

The A Cappella choir was made up of thirty-five males and females. They performed many different places other than East. They had state and area competitions, many community and organization performances, and state competition in Chicago.

"I liked it when we went to public schools all over Des Moines and performed for groups of elementary and junior high students," said junior **Laura McCoy**.

The Treble Choir was made up of thirty-four females.

"I really liked the Christmas program. It was interesting to hear all of the music departments perform in the same concert," said senior **Amanda Johnson**.

"It's cool having an all girls choir because they didn't offer it in junior high," said freshman **Rebecca Stamper**.

The A Cappella Choir went to All-State tryouts held in Indianola, but nobody from East made it.

Next year **Linda Baker** would like to add a bass clef choir or an all boys choir. Also the prep choir will be prep show choir.

"I really love working with the East students. They're talented and are enthusiastic about their music," said **Baker**.

The A Cappella Choir spends time in the auditorium practicing their choreography. This is a major part of their performances.



TREBLE CHOIR. FRONT ROW: Tanya Cleghorn, Amanda McFarland, Lori Hayes, Amanda Johnson, Jenni Myer, Emily Lewis. ROW 2: Jennifer Watkins, Cortnei Davenport, Kamilia Lee, Heather Purcell, Lonnie White, Elizabeth LeClere, Keri Thornton, Martina Carr, DeAnda Lopez, Julie Yang. ROW 3: Christine Thimmerman, Anna LeFleur, Amy Wolff, Talisa Butts, Patty Wilson, Shawna Gering-Brown, Heather Roberts, Kim Evans, Kate Pagel. BACK ROW: Danielle Bell, Holly Reese, Rebecca Stamper, Keri Sawhill, Katie Sawhill, Amy Hollingsworth, Rachel Byars. NOT PICTURED: Beth Shanahan, Christina McCann, Jennifer Bayles.





Slowing down a bit. The A Cappella Choir sings a variety of songs. This is one of the slower songs they sing.

Do re me! This is a typical sound you would hear coming from the Treble Choir. They practiced during fifth hour to master their songs.



A CAPPELLA CHOIR. FRONT ROW: Barbara Mallett, Shinobu Tsuruta, Christy Grasso, Katie Nevins, Kari Teske, Laura McCoy, Andrea Shrum, Renee Hesseltine, Sarah McFadden, Glenna Frank. ROW 2: Mong Zong Lee, Scott Hunt, Sherida Oltman, Amber Swayne, Justin Davis, Estevan Ramirez, Jaimee Swayne, Linsao Ly, Laura Fetter. ROW 3: Scott Haworth, Kelly Morgenski, Shelby Miller, Amy Schatz, Tobie Steele, Katie Harrington, Bryon Doncouse. BACK ROW: Clarence Foy, Erick Vanhorn, Justin Bauman, Richard Harrington, Adam Erickson. NOT PICTURED: Christy Case, Salina Hopkins, Angie Kirstein, Beth Shanahan.



Same old song and dance

The lights rise from dim to a massive burst of bright light in an instant. All eyes are on the stage. A group of people come out and they begin to sing. As audience eyes adjust to the light, familiar faces appear.

The thought of performing on stage drives some people to the point of insanity and some people couldn't hold a tone if their life depended on it, but these performers for Prep Ensemble and Scarlet Choir could do both.

"I don't think it's a really big deal being on stage. I'm used to it," said junior **Patti Wilson**. Stage fright was a common cause for why people couldn't go through with singing on stage. The attitude of the other perform-

ers, however, matched Wilson's.

As for carrying a tone, some got into singing at an early age.

"I took choir in sixth grade as an elective, and enjoyed it ever since," said **Wilson**.



SCARLET CHOIR. FRONT ROW: Starlet Monaco, Anourine Baccam, Amy Goddard, Landna Baccam, Angie Davis, Kaitee Mauk, Laura Pastore, Tonette Haygood, Candi Graham, Chree Johnson, Natasha Rideeoutte, Michelle Slaughter, Felicia Lee. ROW 2: Yakonda Dudley, Jenny Johnson, Heather Wright, Shawna Gering, Jody Landers, Marlin DeVan, Bill Sevenbergen, Ron Billingsly, Jeff Dougherty, T.J. Prine, Kendra Sawhill, Holly Payne. LAST ROW: Cheryl Welker, Andrea Hill, Heather Collins, Destiny Collett, Michelle Schamerhorn, Amanda Foster, Angel Pilmer, Amanda Strahl, Diane Woodard, Laurenske Roeterdink, Kimberly Evans, Amanda Ortega, Angie Pebbles, Cindy Taber, McKenzie Daggett.





Sing it baby! These students are contemplating the music that's before them. Many hours were spent studying the music before it was sung.



PREP ENSEMBLE. FRONT ROW: Leslie Evans, Cory Sorter, Melissa Peek, Diane Lovan, Jodie Schlotterbeck, Autum Davis, Christi Feters, Krystal Tharp, Stephanie Conn. ROW 2: Nicole Gist, Beth Lamb, Melissa Medearis, Sally Downing, Presha Matticks, Vanessa Coverdale, Allison Sharp, Krista Truman. ROW 3: Elizabeth Govoni, Sarah Ingersoll, Cindy Michael, Michelle Case, Jodi Williams, Scott Hunt, Angela Hicks. ROW 4: Enka Olson, Jessica Davis, Courtney McClelland, Diane Bailey, Leah Browne, Cassie DeYoung, Pam Bradford. BACK ROW: Brandy Porter, Melissa Wheeler, April Steen, Angela Parsons, Frank Ewurs, Patti Wilson, Amanda Strahl.

"A-one and a-two!" The Scarlet choir practices for a performance. Most of the Scarlet choir members spent a lot of time practicing.



A friend for a lifetime

Sitting in the auditorium, awaiting the big tour of the school, freshmen fret each year about having to learn where all of their classes are and how they will survive.

A group of students, the Scarleteers, helps calm those fears by leading them around showing them where everything is.

Diane Fleming, the sponsor of Scarleteers, said, "Scarleteers are the hosts at East. They do ninth grade orientation and the Alumni Dinner."

Senior **Tobie Steele** said, "Scarleteers is very important. We help create the first image of East High for the incoming freshmen. It's a job you don't take lightly."

Peopel P.E. is another class that is designed to help others. The class itself is for Special Education students, but as an added advantage it has helpers, who assist the Special Ed. students.

"Peopel P.E. is a physical education opportunity program for exceptional learners," said **Joyce Vickroy**, sponsor of Peopel P.E.

"I love Peopel P.E, it's one of the activities that I really enjoy the most," said junior **Missy Garrett**.

Peopel P.E. participated in a lot of different activities during the year.

Senior **Lacey Storey** said, "The biggest event we do is Special Olympics. It takes place in the spring and we are already preparing for it (by November)."

No matter which program a student chooses, both play a helpful and important role in the school.

"Oh please don't let it hit me!"

During the year Peopel P.E. students play a variety of activities to keep busy. One of their favorites was the sport of volleyball.



SCARLETEERS. FRONT ROW: Tobie Steele, Shelia Johnson, Laura Puckett, Rachelle Pollard, Angie Bacon, Jason Kristufek. ROW 2: Jennifer Nemmers, Nicki Littell, Natalie Brown, Kaycee Colbert. BACK ROW: Amy Lillard, Joe Green, Erin Thompson, Diane Fleming. NOT PICTURED: Christy Booth, Tracee Collins, Larry Graves, Leang Sou, Shopha Matthew, Jodie Schlotterbeck, Darvette Smith, Laura Lewis, Leann Sou, Jo Schnoor.





We always have a little time left over for some fun! Scarleteers, seniors **Rachelle Pollard, Larry Graves, Johanna Schnoor** and **Joe Green** enjoyed being able to help show new kids around the school throughout the school year.



While playing volleyball, a real danger can be getting hit by the ball. Volleyball was played often in Peopel P.E. throughout the year.

Trying to stay serious is very difficult for junior **Jodie Schlotterbeck** and seniors **Joe Green, Johanna Schnoor** and **Larry Graves**. Many in Scarleteers had to keep a positive attitude to show newcomers that everything would be o.k.



PEOPEL P.E. FRONT ROW: Knsti White, Crystal Hahn, Marcy Lehman, Bobbie Jo Peek, Tammie Seiberling, Nicholas Folk. ROW 2: Luke Storey, Missy Garrett, Amanda Foster, Kelly Stapleford, Amber Swayne, Lacey Storey. ROW 3: Shane Barnes, Brian Moore, Greg Fry, Hohn Schatz, Jack Whitlow. BACK ROW: Chad Airhart, David Danielson, Jerry Schaffer, James Sams. NOT PICTURED: Michelle Vail, Tanya Thomason, Rachelle Pollard, Marty Osborn, Melinda Rattray, Traci Williams, Rosemary Deery.



We're friends forever! Staying together for six weeks in the summer, Upward Bound members made friends from all over. Here junior **David Kephart** and a friend give each other a hug before they leave for home.

"Are you lookin' at me?" thinks junior **David Kephart**. While on their trip to Central College, students stayed in the dorms and took some informal classes. However, there was some time to relax and have fun.



CAREER BEGINNINGS. FRONT ROW: Barbara Mallett, Chrissy Duplanter, Shontell Stanton, Keisha White, Aisha White, Shantelle Hull. BACK ROW: Don Graves, Jamaal Clarkson, Natalie Brown, Erica Hemesath, Jenell Clay, Darvette Smith, Kafi Dixon, Lashonda Smith. NOT PICTURED: Lovetta Armstead, Kaycee Colbert, Anthony Clark, Tony Gomez, Lawrence Graves, Esteban Mata, Michelle McCarrell, William Taylor, Anganika Browder, Rodney Brown, Danny Carter, Markisha Carr, Alisha Clark, Christopher Downey, Tywon Dudley, Jason Duke, Kala Goldsmith, Joe Green, Donella Haygood, Monanessa Harris, Davenita Isaac, Shantell Johnson, Dianna Lambix, Lydel Lockman, Natasha Long, Cortez Miller, Charisse Moore, Travis Risius, Shawanda Rogers, Tyrell Taylor, Mikisha William, Gina Woods.



Preparing students for college

From head shavings and "hairy butt" contests to attending seminars, Upward Bound students found things to keep themselves busy.

Junior **David Kephart** said, "We had a 'hairy butt' contest in the guys dorm. I was declared the champion. Great, now I have a reputation."

"When our basketball team advanced to the finals at the

Upward Bound Olympics, we decided to give each other hair cuts. Well, mine went a little farther than the other guys when they shaved my head," said senior **Brad Hoisington**.

Upward Bound isn't all fun and games though.

"It's sponsored by the federal government to prepare capable students for the college experience," said

sponsor **Patty Hoffman**.

Kephart said, "We took some fun, generally informal classes, but we did have a lot of fun things like trips and every week in the summer we got \$15 spending money and \$25 a month during the school year."

Besides Upward Bound, there is a program designed to help students prepare for college, Career Beginnings.

Career Beginnings is a program for students determined to achieve their potential through a meaningful education and early career experience.

Senior **Aisha White** said, "The program is kind of a stepping stone for students in high school to make a smooth transition to college. We have meetings every month."





DMACC UPWARD BOUND. FRONT ROW: Rosa Dozal, Natasha Long, Barbara Mallett, Markisha Carp. BACK ROW: Siaolong Southammavong, Terrill Winfield, Genaro Mata, Aaron Winn, LaDondra Moon. NOT PICTURED: Amber Devan, Kheuang Vongchanh, Clarence Foy.



CENTRAL UPWARD BOUND. FRONT ROW: Sam Abusharkh, Douaneng Lee, Mariela Huber, Jason Cochran, Jamaal Clarkson. BACK ROW: David Kephart, Brad Hoisington, Joe Blackford, Peter Trost, Josh Jefferson, Tyrell Taylor. NOT PICTURED: Hai Pham, Cameron Wenzel.



What a nice day. Seniors **Lashonda Smith, Erica Hemesath** and **Aisha White** seem to be enjoying their afternoon. In Career Beginnings, each member was told to live everyday to the fullest and these girls didn't let a nice day fly by.



Working hard for the future

It all started many years ago when the east side community raised enough money to build Williams Stadium. Alumni, students, teachers and people in the vicinity fought hard for this special project. They were very concerned with keeping up East Side Pride.

We are not the only school who played sports at the stadium. The PTSA (Parent Teacher Student Association) generously opened the concession stands which they operated along with volunteers. One problem is that other schools want part of the proceeds.

President **Valerie Spargo** said, "It's a major dilemma on our hands. These other schools who use the concession stand during these events seem to think they should get all the profits from the concessions sold during their games."

The PTSA purchases the merchandise sold in the concession stands. The other schools don't seem to understand exactly what the big issue is, but the PTSA is firm on its policy.

Once again, the PTSA had a membership of one hundred and fifty and they worked hard to make things happen at school.

Another club at East that is also concerned with the well-being of the school is the Triple "E" Club.

Students who wished to make our school a better and brighter place for the future were bound to be associated with the Triple "E" Club, a project-oriented club sponsored by teacher **Donna Christensen**. For the most part the club was made up of students from her classes.

Christensen said, "Each year the group of students decide on at least one service job that they can do in order to benefit others at school."

These service projects achieved during the years have raised money to purchase various classroom furniture, television sets, VCRs and computers. The club has also been involved with a senior luncheon and an all-club picnic.



Learning to better their futures, is what important to students. Teacher **Donna Christensen** helped juniors **Markisha Carr**, **Scott Knouf** and **David Enos** learn what they need to know to build a brighter life for themselves and others.

Loud and clear, junior **Markisha Carr** tells junior **David Enos** exactly what she has on her mind. These students care about what happens at school and they aren't afraid to say it. What they say was heard throughout the school.



Listening to what others have to say, PTSA secretary **Diane Mrogenski** and president **Valerie Spargo** work hard to relate what needs to be done for the school.

Deep in thought and conversation, vice-principal **Fae Ramsey** and EHS parent **Jan Rouse** discuss the matters of the PTSA. A lot was accomplished at monthly meetings, in the school library.

Hard at work, junior **Scott Knouf** wastes no time in getting his thoughts down on paper. Junior **David Enos** patiently looked on, perusing the cover of the books.





tudent Life

The times of your life

As we get older, things change. There's no way around it, it just happens. Some would say the changes are normal, others would consider them unusual.

Some of the unusual changes are getting your first car, going to your first "real" dance, and finding that first boyfriend or girlfriend that stole your heart. For some of us, graduating for the first and maybe even last time biggest change.

Most of us enjoy change, others despise it, but it is all growth.

When you first walked through the halls of East you may have thought it was just a school. Maybe to some it is, but to others it's a home. It is a place where you grow and on top of that you better yourself.

There are many friendships made here, some will last a lifetime. As the memories of the dances, mixers, football games, parties and, yes, even classrooms linger, no one will be able to forget this time of their life.

Student life presents many excellent opportunities for growth. You would be amazed at what you could see and learn if you explored and experienced new things as often as possible. Yet you would be positive you were having the time of your life.

Seniors Jon Ivanovich, Brian Jones, Aaron Bennett and Joe Sawhill pose for their picture before Prom. Many students met at a friend's house before dinner to get a few photos.





Homecoming 1994

King & Queen



James Lee and Tricia Yencer



Junior Attendants
Chad Donahue
and
Jenny Young



Freshman Attendants
Nick Kligopoulos
and
Bethanie Roof

Sophomore Attendants
Cortez Miller
and
Talisa Butts

After being crowned queen, senior **Tricia Yencer** gives a big smile. Alumni **Sam Woods** and **Deth Philavanh** congratulated her, as did a countless number of others through the duration of the assembly.



Phil "Steam Engine" Miller is awarded a standing ovation while being escorted by seniors **Lindsay Cochran** and **Lindsay Elliott**. He played football from 1932-1933 and was the oldest returning player at the assembly.

Freshmen **Bethanie Roof**, **Rickie Carlson**, **Nick Kligopoulos** and **Jayne Corbin** show their spirit on Western/Farmer day. Others kicked up their heels, as well, to have fun during the short week.



HOMECOMING COURT. Angie Bailiff, Stacy Finch, Rachelle Pollard, Tara Carey, Tricia Yencer.



Showing spirit the Scarlet way



Walking through the halls during passing time, people often needed to look twice to make sure they weren't seeing things. That was especially true during Homecoming week. There was a wide array of farmers/cowboys, hippies, and spirited people to be seen during the dress-up festivities.

"The best part of the week was seeing all the people dressed up. It was fun looking at all the outrageous clothes they wore," said junior **Josh Christenson**.

"I loved to see the people on Spirit Day because everyone was supporting the school with their faces painted and school colors on. It's neat to see that people still have pride in our school," said junior **Christy Grasso**.

Besides dressing up, students could also participate in the annual street painting, mixer, powder puff game, bonfire and car rally held throughout the week.

Everyone was caught by surprise when a full week of classes was cut short to just three days due to parent-teacher conferences.

"We were short-changed due to conferences which was beyond our control. The district calendar wasn't made public until after we'd chosen the Homecoming dates," said student government advisor **Susan Stroepe**.

"I was disappointed that we only had three days of school because it didn't give us enough time to show our spirit. Homecoming is the best and it deserved to have a full week," said senior **Angie Goddard**.

The short week discouraged many, but everyone's spirit seemed to rise when it came time for the assembly on Wednesday.

"The best part of the assembly was when the Steppers and cheerleaders did their dances. Their routines looked awesome and well-rehearsed," said senior **Kevin Schreckengast**.

A very special part of the assembly was the introduction of past football coaches and players in celebration of the 100 years of Scarlet football tradition.

"I was very proud of all the students when they stood and cheered for our special guests. I've always felt our assembly behavior was great," said **George Davis**.

Finally, it was time for the announcement of the attendants, the court and the crowning of the new King and Queen.

"Being on the court alone was exciting so it was overwhelming to be named as queen. I was very honored to get the chance to represent my school in that way," said senior **Tricia Yencer**.

The exhausting week was finally over for another year and already students were gearing up for next year's Homecoming.

Freshman **Jenny Booth** said, "I think that Homecoming week was exciting and the assembly looked very neat. I had a lot of fun and am looking forward to next year."



HOMECOMING COURT: Gus Childs, James Lee, Rich Armintrout, Nick Medina, Aaron Bennett.



Homecoming!

Sparkling Spirit

As the band came out, a wave of silence came over the crowd as the "National Anthem" was being played. When they added their finishing touches, the crowd roared. "It was fun for them to play during the day. They also enjoyed having people there to watch," said Coach **Ned Rasmussen**.

Not many schools can celebrate 100 years of football. On Saturday, October 15, a century of football was celebrated as the East High Scarlets defeated S.E. Polk, 7-0. The stands were full of students, parents, and alumni cheering and having fun.

"The game was a lot of fun! It was the most exciting game of all. When we made a touchdown, I threw confetti. It is sad to know it'll be my last Homecoming game I'll attend as a student," said senior **Heidi Hutchinson**.

Even though S.E. Polk has been tough to beat in the past, it didn't knock the spirit of the Scarlets.

"I think there is so much deep rich tradition at East," said **Rasmussen**.

The mud and rain didn't affect the Scarlets either. In the third quarter, junior **Tyson Mixon** passed to junior **Pat Lowe** to go on and score the only touchdown of the game.

"It was more of a defensive than offensive game. It took one good play to win the game," said **Lowe**.

"We did pretty good with the weather conditions and we had some people hurt," said **Mixon**. "It was really slick out and we couldn't run very well."

At 8:00 that night the dance floor was rockin' with students.

"I thought (the dance) went really well. There was a lot of participation and more kids than in the past three years," said sponsor **Susan Stroope**.

Homecoming was sponsored by the student government. The colors were red, black and silver. The song was, "Lady in Red" and the D.J. was from the company called Tiny Tunes. The pictures were taken by Mullica Portrait Studio.

A new feature this year was to recognize the senior student government members.

Many students had a positive attitude towards the dance.

"As a freshman I didn't know what to expect, but it turned out to be a pretty good night," said freshman **Tricia Forest**.

"Homecoming was a great success, and student government had a great time decorating the gym," said senior **Lori Hayes**.

"It turned out to be a good night. I thought this Homecoming was a lot better than last year, maybe just because I knew people," said sophomore **Sherida Oltman**.



Party time! Just hanging out at the dance was a popular way to spend the night. Many students enjoyed themselves with a group of friends.

The rain doesn't dampen the spirit of seniors **Tricia Yencer**, **Meghan Mulvehill**, **Nikki Hanson**, and **Kellee Byerly**. Many students turned out with smiles to cheer the Scarlets to a victory.



Say Cheese! Junior **Ted Nemmers** and senior **Chris Foley** took time out of the busy night to pose for the camera.



Homecoming games would have put a damper on most schools. Seniors **Gus Childs** plans his next action play. The mud and rain affected both teams in different ways.



Looking good guys! Senior **Pete Zohbon**, **Troy Lawson**, and **Steve Brommel** take a break for a picture. Many students took time out for a picture or two at the Homecoming dance.



Midnight Memories

Laughter, music, dancing and, of course, romance filled the rec hall at Camp Dodge on Saturday December 17.

"Midnight Memories," the theme of this year's 12-B dance, held special memories of its own.

"It was a very memorable dance because it was our turn to be in charge and make it what we wanted," said senior **Tobie Steele**.

"This being the last 12-B dance I'll be going to made it memorable for me," said senior **Jeremy Storm**.

Reserved only for juniors and seniors (unless some lucky underclassmen get asked), 12-B seemed more special from Homecoming and Spree.

"Being with your own grade and knowing you're the oldest makes everything seem special," said junior **Amanda Smith**.

"I like it better because you don't have

freshmen asking you which gym the dance is in," said **Storm**.

Unlike Homecoming and Spree, 12-B is made up of 32 hostesses who do more than just attend the dance.

"It was a very memorable dance because it was our turn to be in charge and make it what we wanted," said senior Tobie Steele.

"Being a 12-B Hostess consists of selling two tickets, helping decorate for the dance and just helping out in general," said **Steele**.

For some students it was their first time attending this formal occasion.

"Attending 12-B for the first time was an experience to remember. I had a blast," said junior **Christy Grasso**.

"Finally being able to go to 12-B was very exciting. It was different not having all the underclassmen there," said **Smith**.

From dancing to the beat of Bon Jovi to staring into the eyes of your special someone, it was a night full of "Midnight Memories."

Gathering together for one last picture, junior **Emily Henry**, and seniors **Lindsay Cochran**, **Lindsay Elliott**, **Elishia Gray**, **Tricia Yencer** and **Nikki Hanson** share a moment before the magical night ends. 12-B was organized and planned by many senior girls.

Surrounded by the moon and stars, seniors **Chindaly Chounlamountry**, **Leang Sou** and **Jenny Luong** enjoy their last 12-B formal. 12-B is also known as a prom for the early graduates.





12-B HOSTESSES. FRONT ROW: Christy Booth, Tammy Caylor, Misty Hayes, Chindaly Chounlamountry, Leang Sou, Jenny Luong, Angie Goddard. ROW 2: Michelle Thomas, Kara Culp, Jennifer Gass, Tara Carey, Meghan Mulvehill, Stacy Carlson, Tricia Yencer, Lindsay Cochran, Lindsay Elliott, Sara Brown, Angie Bailiff, Sara Waltz, Megan Wagner. BACK ROW: Tobie Steele, Amy Seaman, Rachelle Pollard, Tanya Thomason, Sheliah Johnson, Nikki Hanson, Elishia Gray, Christy Foley, Amy Nemmers, Kim Murphy, Erin Thompson.

Lookin' cool as ice, seniors **Cory Gymer, Steve Brommel** and **Kevin Schreckengast** show everyone how bad they really are. 12-B was not only a dance but a chance to say good-bye to those graduating early.



Dancing the night away, juniors **Mandy Suggett** and **Jason Shelburg** filled their night full of "Midnight Memories." 12-B was a new experience for many students of the junior class.



Just a Touch of Love

When the traditional girl-ask-guy Spree dance came around, most students were experiencing similar symptoms. Butterflies in the stomach, clammy hands, cold sweat. Some just plain got hot. Could it have been the flu? Nope, it was love.

But some were unlucky enough to actually *be* sick. Actions spoke louder than words for sophomore **Leslie Foreman**, who dragged herself to the dance although she had bronchitis.

Even though it was a season for sickness most were able to enjoy themselves.

"My date and I had a lot of fun. There was more to do there like getting married and having your fortune read," said junior **Michelle Earles**.

Dancing wasn't the only option at the annual Valentines dance. Many booths were set up for the students' entertainment.

For only two tickets a person could send their date to

jail where photo teacher **Nancy Holmes** played bailiff.

"My date's brother put us in jail and she had to bail us out because I didn't have any money," said junior **John Kurtz**.

Fun and games were only part of the evening. **Steve Brommel** and **Sara Brown** were crowned king and queen.

"Ever since I was a freshman I wanted to become queen of a dance. I never thought I'd see that day, but this year my wish came true! The best part of it, was the king," said senior queen **Sara Brown**.

Juniors **Heather Bailiff** and **Rob Nowadzky**, sophomores **Sabrina Overton** and **T.J. Nicoletto**, and freshmen **Khamnoy Sipaseuth** and **Joe Furby** also won.

Love was in the air as Cupid shot his arrow into many hearts. People left the dance at the stroke of eleven, heading for post-party fun and taking with them memories they will treasure forever.

Take my picture! These people are obviously not camera shy. The dance proved to be a great success and fun for all classes. Many long hours were slaved over to create the perfect decorations.

A mother's dream, don't they look sweet?! Seniors **Gus Childs**, **Aaron Bennett**, and **Rich Armintrout** look adorable for the camera while seniors **Steve Brommel** and **Jon Ivanovich** look on.

QUEEN

Sara Brown

KING

Steve Brommel

Juniors

Heather Bailiff
Rob Nowadzky

Sophomores

Sabrina Overton
T.J. Nicoletto

Freshmen

Khamnoy Sipaseuth
Joe Furby



Wedding bells rang for senior **Jeremy Dicks** and **Ranae Charron** at the marriage booth. Many "married couples" danced to "Your Love Amazes Me" which was the dance's song and theme.



Behind bars. Sophomores **Jessica Johnson**, **Sabrina Overton**, and **Ashley Aldini** wait to get out. Many people found themselves stuck in jail when their dates failed to bail them out.



Holding up a Pep 'E' Club sweatshirt, **Shinobu Tsuruta** shows EHS spirit. Foreign exchange students were warmly embraced by the East High community and they, in return, warmly embraced the East High community.



Hard at work, **Inga Schulte** is still trying her best to learn all she can. After **Schulte** returns to Germany, she still has three more years of schooling to go.

East High was proud to have its exchange students. (From left to right is **Ms. Hansen**, **Mr. Stilwell**, **Andrea Prast**, **Nikita Poliakov**, **Shinobu Tsuruta**, **Laurenske Roeterdink**, and **Ms. Selden**.)



From Sea to Sea

EHS students, exchange students learn from each other

Conflict, wars and battles are everywhere. The Arab-Israeli conflict...the Bosnian War...the Rwanda ethnic purge...the conflict in Somalia...the Catholic/Protestant battles in Northern Ireland. Sound familiar? Even in the United States, churches are desecrated, homes are vandalized, and schools are spray-painted. The reason: petty differences. Over the course of history, humans have persecuted other fellow humans due to their different cultures, religions or colors.

However, for many years, East students and students from other countries have learned and shared from each other and learned to overcome each other's differences.

In fact, counselor **Jean Pillers** said, "Our students and the foreign exchange

students set up friendships that last a long, long time."

For example, **Inga Schulte**, a student visiting from Germany has traveled to many countries other than the U.S. Now she corresponds with friends she's made when she visited their countries.

Andrea Prast, another student from Germany, has been to many countries such as Austria, Italy, Spain, and Tunisia. "I like seeing different cultures and people," she said.

Junior **Laura McCoy** said, "I'm learning a lot about other cultures, and [the foreign exchange students] aren't different from us at all."

"All countries are different," **Shinobu Tsuruta**, an exchange student from Japan, said. "Going to other countries gives me new opportunities."

For instance, **Tsuruta** is planning to stay in the U.S. and finish college. After that, she is planning to become a chemist and whether she will stay in the U.S. or Japan or another country is still in question.

Another exchange student is **Laurenke Roeterdink**. She is a senior from the southeastern part of the Netherlands.

Roeterdink has already finished high school in the Netherlands. She is here on the exchange program to get the experience as an exchange student.

Roeterdink is staying with sociology teacher **Fred Vanderley**, who likes and appreciates the

students exchange program. "People would have an easier time understanding other people's cultures [if they spent more time with other people]."

"International relations starts at a very small level—one to one," **Vanderley** said. Sending students to other countries might help build better future international relationships between countries.

"[Exchanging students would] generate friendship [between countries] rather than animosity," said **Pillers**.

"I was really surprised to find that they were foreign exchange students. They don't act any different from us, which is really neat," said senior **Heidi Hutchinson**.

That just goes to say we aren't really different, but when we are, we do appreciate the differences.



Shinobu Tsuruta



Inga Schulte



Andrea Prast



Nikita Poliakov



Laurenke Roeterdink



At Prast's birthday party, **Laurenke Roeterdink** and **Shinobu Tsuruta** laugh over a birthday card.

A handshake shows cordiality and friendship as Principal **Jerry Stilwell** shakes hands with **Laurenke Roeterdink**. Learning and sharing with each other is the backbone to true friendship.



Finished

With the school year gone,
it's time to move on



"I got ya!" Varsity cheerleaders, juniors **Tammy Halbur** and **Sue Lee**, wrestle jokingly while cheering at a home football game. Cheerleaders, especially those on the varsity squad, knew what it was like to have all eyes on them both on the field and off, but now that these two are three-year veterans they love getting the crowd's attention.

This is what friends are for. On the way home from the senior English trip senior **Kay Anderson** slept on the shoulder of senior **Theresa Golish**. After the excitement of the trip was over the only thing left to do was sleep.



Hey, look around. It's time to move on.

Teachers, administrators and fellow seniors will watch you one last time as you cross the stage in your cap and gown, and finally will release you to the wide world of college, careers and families.

And that's when it hits you. You thought you were through

with being closely observed and observing others, but you're once again under the watchful eye of the world. They will look at you and wonder what impact you will have on their lives.

Will you become an employee, a husband or wife, maybe even a future boss to younger generations?

Whether you become a political leader with the eyes of an entire nation on you all the time, or a stay-at-home parent with children and a spouse looking on with admiration, you will know you have carved your notch in the world.

You may also look back one day and remember the people who helped you along the

way. Maybe Erma Grabill (Home Economics, Child Development), or Mr. Thompson and Mr. Wilson (Law and Issues) helped you in ways you won't really understand until then.

Underneath everything you may do, remember, East High will always be a part of you. So here's looking at you!



"Now that's how it's done," says junior **Josh Christenson** as he watches a game with two friends, juniors **Somphack Inthalangsy** and **Andy Von Ahnen**. Football games were not only an East High ritual, they were a place to hang out with friends, make new ones or just relax and go crazy.

"Ah mom," thinks senior **Gus Childs** right after he rates his mother with a five. At the homecoming assembly blind-folded, varsity football players were told they were going to be kissed by cheerleaders, but they were actually kissed by their mothers and asked to rate the kisses.



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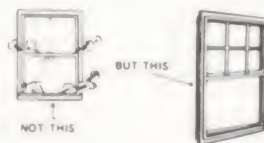
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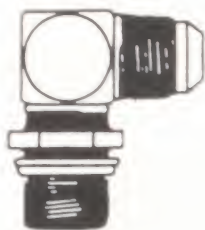
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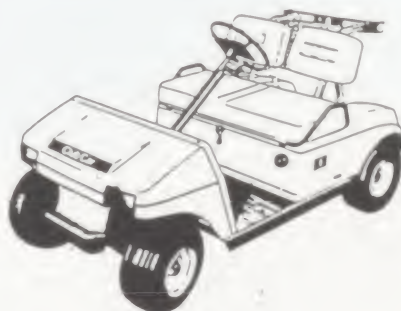
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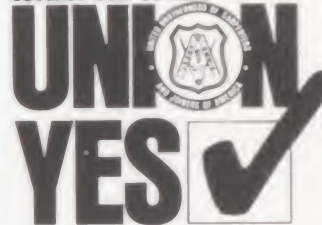
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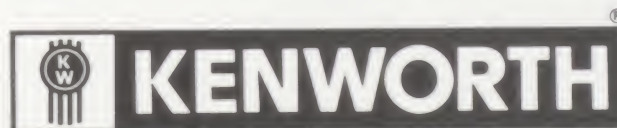
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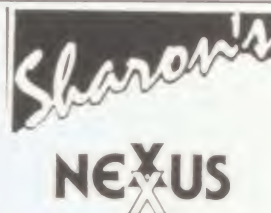


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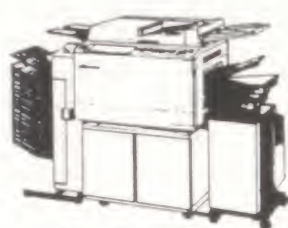
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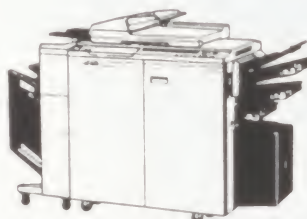
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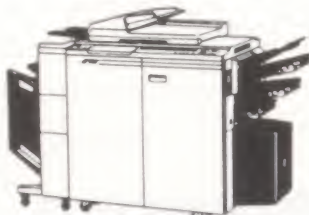
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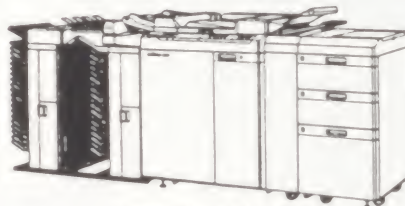
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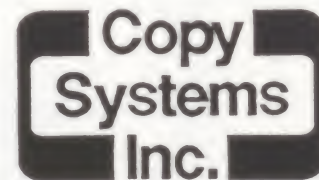
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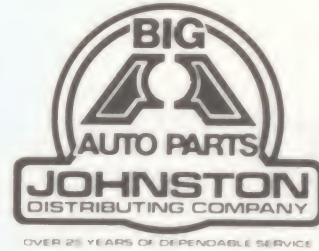
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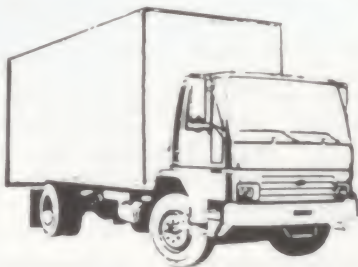
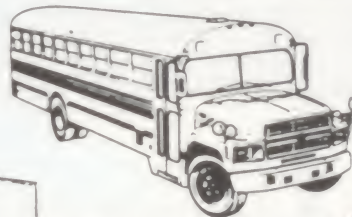
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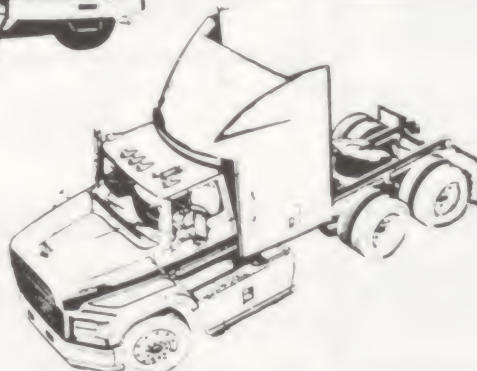
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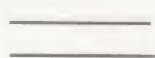


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Seated: Chindaly Chounlamouontry, Kim Murphy, Erin Brown, Tobie Steele.
Row 2: Lesley Palmer, Tonya Tomason, Nicole Hanson, Shelia Johnson, Tricia Yencer, Cindi Irvin, Leang Sou. Back Row: Rachelle Pollard, Jenny Luong, Lori Hayes, Jennifer Nemmers, Amy Lillard.

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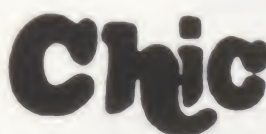
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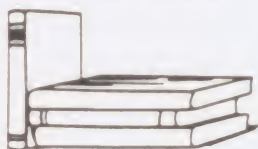
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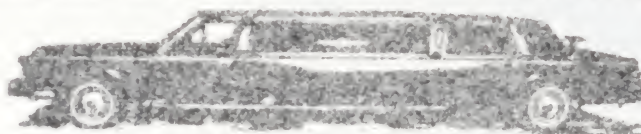


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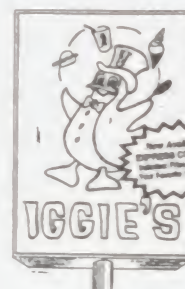
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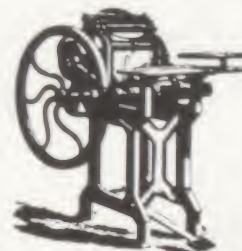
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Kay LeClere
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Theresa Golish
Jaime Griffin
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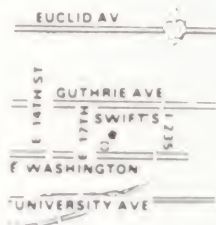


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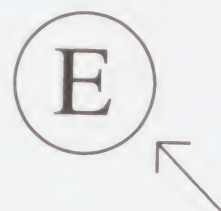
To Erinesa Marie Brown from the Swacker Family





The unknown debater collapsed!

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(The politically correct logo!)

Top 5 reasons to debate for Mr. Miller:

5. Learn Greenspan's middle name.
4. Cable TV, telephone, CD player, orange juice (couch, velveeta, and microwave are gone!).
3. Learn new words like piquedapawn.
2. Free photocopies.
1. Learn to rollerblade.



Wade and the T.O.C. trophy pose for the camera.



Congrats to:

- Wade and Jen on beating Greenhill.
- Keith and Matt on winning West and UNI.
- Wade and Nicole breaking to Quarterfinals at Concordia.



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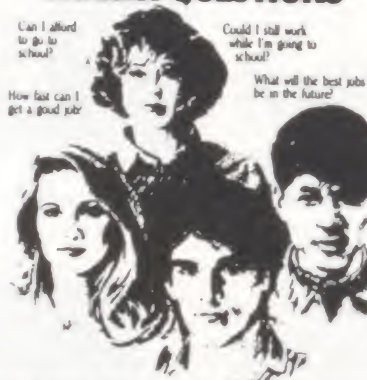
Front: Lindsay Elliott, President.

Back Row: Tobie Steele, Historian; Cindy Irvin, Treasurer;
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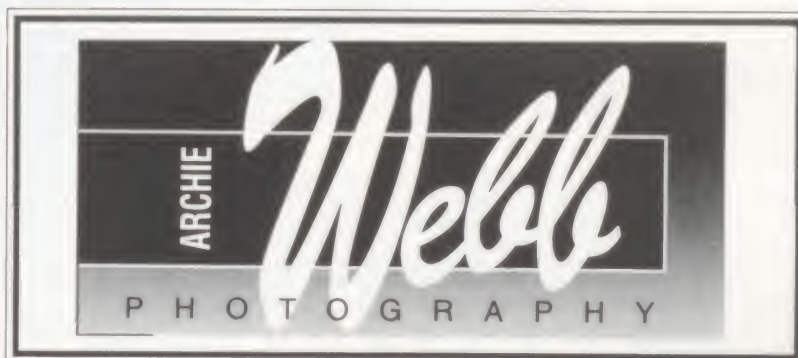


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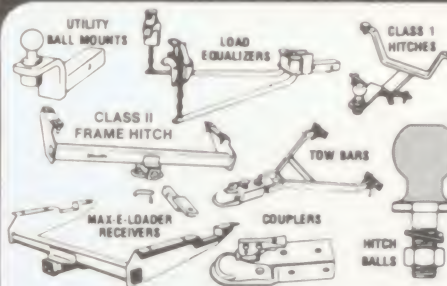
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— Danielle Taha

Danielle,

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We Love You!

Congratulations



1995

***Christina
Marie
Booth***

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1982

We hope you achieve all your goals in life and that all your dreams come true.

We love you very much!

Mom, Dad, Jenny, Grandpa and Grandma Turner and Grandma Booth

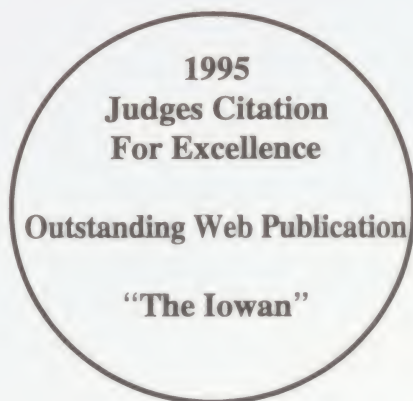


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Love,
Mom, Dad, & Jen

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|-----------------------------------|------------|
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| Morning Worship | 10:30 a.m. |
| Orchestra Rehearsal | 4:30 p.m. |
| Prayer | 5:00 p.m. |
| Evening Service | 5:30 a.m. |
| WEDNESDAY | |
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| Light Force Youth | 7:00 p.m. |
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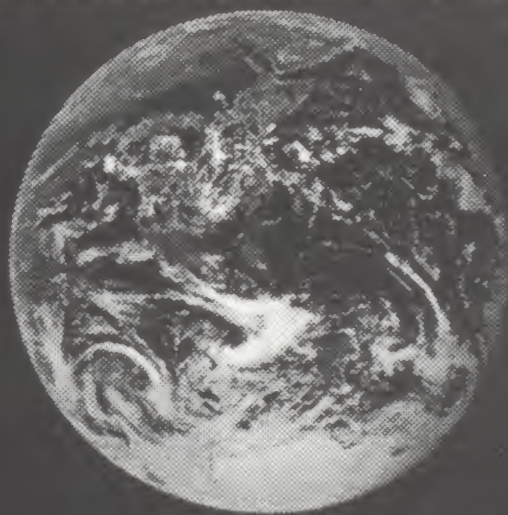


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1978



1995

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We admire you for your determination and sacrifice to be the very best in school and in your jobs. You have set high goals for yourself. And we're sure all of your dreams will come true because of your willingness to give your all in everything you do. We are so proud of you. Thanks for sharing these special years with us. Reach for the stars, Missy. You deserve it all.

Good luck at DRAKE.

We Love you
Mom, Dad, & Amanda

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Manivanh Kitthikoune

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before it's too late, we must
make our dreams come true.

Friends we've lost,
Friends we've found

They're all so important
just look around.

As days go on, we'll all part.

It's a kind of thing that
breaks one's heart.

So take a moment to think
of each other

because of the memories
we have made together.



Jenny Luong



Leang Sou



Chindaly Chounlamountry

Congratulations!



Congratulations!

GREG MOYLE



We are Very Proud of You!

Love,

Dad, Mom, Mike & Blaine



Jenny Luong

Congratulations! "Nini"

*We've always hoped the best for you,
from the start.*

*Now, we wish you success and happiness,
with love,*

from all our hearts.

We Are So Proud of You!

Mom & Dad, Atid - '94, Sheriwa - '99, and James - '01

Congratulations, Jenny Lynn!



You are the light of my life and
one that makes me very proud.
God bless you,
my little girl.

Love,

Mom

*Even though she has spent
her whole life waiting,
it's never easy letting go.*

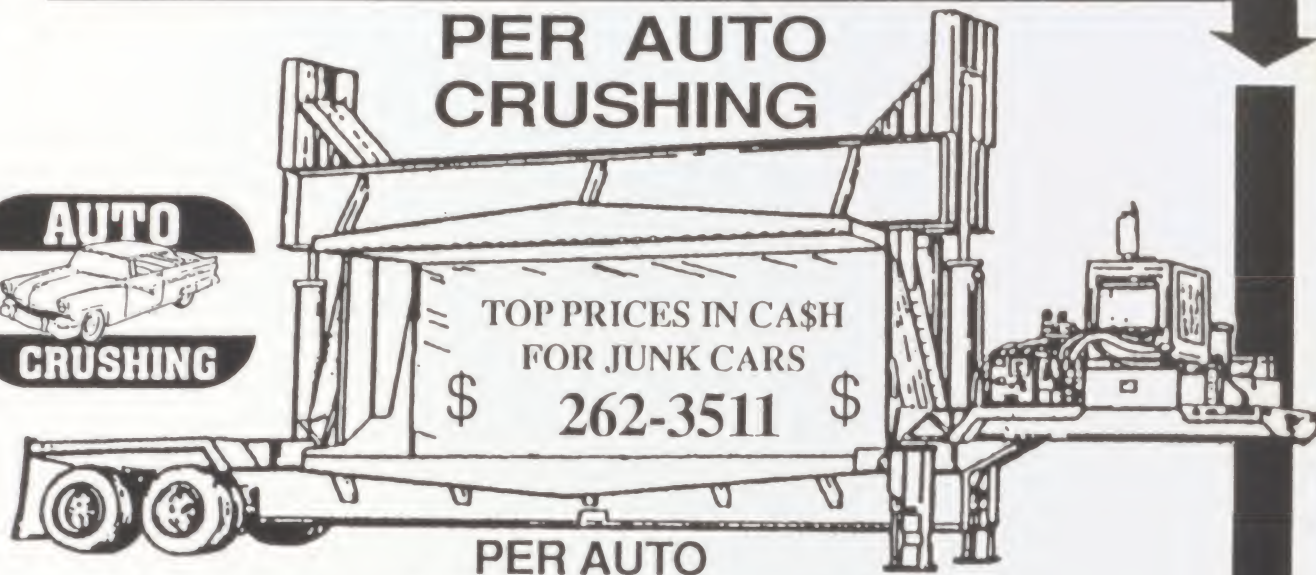
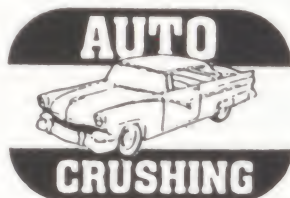


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E. Brenneman

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All our *Love*,

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(1980)



"Graduation"
(1982)



"The Lone Ranger"
(1979)



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Cindy Irvin



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Happiness.

Love,

Dad, Mom, and Jas



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Mom, Dad, and Erik



1995



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Grandma & Grandpa



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May the sun shine warm upon your face,
May the rain fall softly upon your fields; and
May the Lord hold you in the hollow of His hand.

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The Herff Jones Yearbook Company of Shawnee Mission, Kansas produced 1160 copies of the 1995 *Quill*. Twenty-five staff members put together the 332 page spring-delivery book on 80 lb. Bordeaux paper.

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The majority of the copy throughout the book uses Garamond, Gil Sans and Tiepolo type.

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